



PRODUCT CATALOGUE

2025

therapure



ENZYMEDICA®
— The Enzyme Experts —



MTHFRSUPPORT
Pioneers in Health. Science. Genetics.



Australian distributor of world-class health supplements

Tera Health is the proud distributor of high quality healthcare brands from around the globe.

We distribute Therapure, Nordic Naturals, Enzymedica, Enterogel, Ayurda, Nuzest and MTHFR Support brands in Australia. We offer our guarantee that the product ranges we distribute are produced using the highest quality ingredients and manufacturing standards, and are based on current clinical research.

Tera Health are an education-focused company and are passionate about sharing our knowledge on living a healthy and vibrant life through nutrition.

CONNECT WITH US



[TeraHealthPty](#)



[TeraHealth](#)



[Tera_Health](#)

TABLE OF CONTENTS

4	About Us
5	Online Resources
6	therapure
14	Nordic Naturals
27	Enzymedica
31	Ayurda
34	Enterosgel
37	MTHFR Support
40	Terms & Conditions
41	Product Order Form

ABOUT US



OUR PURPOSE

We pride ourselves in offering premium brands that share our passion for product quality, research, and transparency in labelling.

Our customer service, sales, and technical support teams are dedicated to assisting your unique requirements.

We are passionate about providing you the tools and education to support your business, and above all - the wellness of your customers!



GLOBAL PARTNERS

We are the proud distributor of high quality health brands from around the globe.

We keep in close contact with suppliers to ensure that we represent only companies that have owners with solid integrity and are driven by delivering the highest quality products.

These companies will not take shortcuts to meet profit targets.



EDUCATION FOCUSED

Training and support are our specialty.

Our qualified and experienced Area Managers can assist your team to recognise the key differences between the products we carry and other products on the market.

We support our brands through marketing and PR, and would love to partner with you, using co-operative promotions to help your business flourish.



WHAT WE STAND FOR

We stand for trust. We gain this trust through uncompromising truth and transparency, always.

We stand for ethics and integrity with everything we do, supporting the natural health industry as a whole.

We are dedicated to improving people's lives and believe that we can set the bar higher than 'being well'.

WE STAND FOR VIBRANT LIVING.

AUTHORISED DISTRIBUTOR FOR PREMIUM GLOBAL BRANDS



WHY BUYING FROM THE AUTHORISED DISTRIBUTOR IS IMPORTANT

Thera Health has an agreement with the international brands that we carry to be the Exclusive Authorised Distributor within Australia. Retailers who purchase direct from Thera Health are therefore Authorised Retailers.

By buying products through the appropriate channel, you can be 100% certain that you are buying a genuine product, that has come direct from the source in a quality controlled environment, and is labelled according to Australia's TGA laws and guidelines. It also means you will be supported by Thera Health's excellent customer service, sales, and technical support teams, as well as gain access to personalised education, free samples, and sales & marketing materials/support.

ONLINE RESOURCES



HEALTH BLOGS



A wide range of wellness and lifestyle blogs, health news, and research updates to help further your knowledge and inspire a balanced way of living.

Plus, you can use the content to help educate and inspire your customers - our blogs are open to be copied on to your own websites and social media channels.

ONLINE CATALOGUE



Quick and easy access to complete, up-to-date product information and downloadable resources in a few clicks.

Plus, extensive FAQs on the products we carry can be quickly looked up on the brand pages from the main menu.

FREE WEBINARS & INTERACTIVE TRAININGS



Get a **FREE PRODUCT** for completing our fun Nordic Naturals, Enzymedica and Enterosgel online training!

Plus recorded webinars and seminars on Nordic Naturals, Enzymedica, Enterosgel, Ayurda, Nuzest.

Simply click the Brand pages from the main menu to locate these resources.

FIND A STOCKIST



We support retailers by listing all stockists on our Store Locator tool for consumers looking to find where they can purchase the brands we carry.

This list is updated with our new accounts every 3 months. Please let us know if you do not want to be listed.

therapure®

M Y B E S T S E L F .



Our mission is to provide truly pure and transparent products that you can trust.

We believe that caring for ourselves and those around us is one of the most important things we can do to reach our full potential.

We take pride in offering the cleanest, highest quality health formulas, using effective ingredients that will make a real difference to health.

Formulations that work.

Ingredients in quantities that make a difference.

Ingredients your body knows.

Highly absorbable forms that your body can recognise.

Always transparent.

Every ingredient listed (including excipients) on our labels.

Clean formulas.

No unnecessary ingredients that may compromise the formula or your health such as artificial flavours, artificial colours, dairy, gluten, sugar, or soy.

No compromise.

Only the most ethical, honest, and unadulterated raw ingredients.

Making a difference.

We believe in leading the way through honesty and reliability. Simply, we believe in great health for everyone.

CONNECT WITH THERAPURE!



therapuresupplements



therapureaus



therapure Product Guide



my skin

my skin by **therapure** is a highly bio-active blend of antioxidant and skin-nourishing ingredients to support skin health and healing, soothe and relieve skin inflammation, and reduce the occurrence of pimples and minor skin eruptions, leaving you feeling confident in your own skin.



One vegetarian capsule contains:

Calcium Pantothenate (Vitamin B5)	273 mg
Quercetin Dihydrate	17 mg
from Phyto-Phospholipid Complex	50 mg
Curcumin	10 mg
from Phyto-Phospholipid Complex	55.5 mg
equiv. <i>Curcuma longa</i> dry rhizome	1.67 g
Nicotinamide	50 mg
Ascorbic Acid (Vitamin C)	25 mg
Zinc (as Zinc Citrate Dihydrate)	6 mg
Pyridoxal 5-Phosphate Monohydrate	7.8 mg
equiv. Pyridoxine (Vitamin B6)	5 mg
Betacarotene (Natural)	540 micrograms
equiv. Vitamin A Retinol Equivalents	90 micrograms RE
Biotin	250 micrograms
Folinic Acid (as Calcium Folate)	125 micrograms

Excipients: Hypromellose (Capsule), Lecithin (Sunflower), Silicified Microcrystalline Cellulose, Leucine, Microcrystalline Cellulose, Maltodextrin (Potato), Colloidal Anhydrous Silica, Sodium Alginate, Pea Starch, Acacia, Water.



pure collagen peptides + C

pure collagen peptides + C promotes healthy skin by supporting collagen formation and skin elasticity. It is produced from pure bovine collagen using a proprietary process to enhance absorption.

The combination of pure collagen peptides and pure vitamin C helps support healthy connective tissue production in the body. Healthy connective tissue is key to strong joints, healthy gastrointestinal membranes, skin healing and regeneration, and hydration. Overall, it supports a natural healthy glow and healthy ageing.

With a pleasant, natural vanilla flavour, the taste is light and not overly-sweet or overpowering, so you can enjoy it however and whenever you like!



Each 16g Serve (Approx. 2 Scoops) Contains:

Hydrolysed Collagen (Bovine)	15 g
Ascorbic Acid (Vitamin C)	150 mg

Excipients: Glycine, Natural Vanilla Flavour, Colloidal Anhydrous Silica, *Siraitia grosvenorii* (Monk Fruit) extract, *Stevia rebaudiana* leaf extract (Stevia).



my hair

Just what your hair needs.

my hair by **therapure** has been specially formulated to provide nourishment to hair follicles to encourage hair strength, thickness and growth. This luscious blend of highly bio-active ingredients provides key nutrients and antioxidants required for healthy hair, skin and nails from the inside, out.

Each capsule contains:

Lysine Hydrochloride	375 mg
Ascorbic Acid (Vitamin C)	100 mg
<i>Bambusa breviflora</i> leaf extract dry concentrate from 2.14 g dry leaf (Bamboo) equiv. Silica	71 mg 50 mg
Cysteine	50 mg
<i>Ginkgo biloba</i> dry leaf extract from 500 mg dry leaf	10 mg
Pantothenic Acid (Vitamin B5 from Calcium Pantothenate)	10 mg
Zinc (from Zinc Citrate Dihydrate)	7 mg
Nicotinamide (Vitamin B3)	7 mg
Pyridoxal 5-Phosphate Monohydrate equiv. Pyridoxine (Vitamin B6)	4.7 mg 3 mg
Biotin	750 micrograms
Iodine (from Potassium Iodide)	25 micrograms
Selenium (from Selenomethionine)	5 micrograms

Excipients: Leucine, Hypromellose (Capsule), Microcrystalline Cellulose, Medium Chain Triglycerides (MCT from Coconut), Acacia, Colloidal Anhydrous Silica.

Directions for use:

Adults take up to 3 capsules daily, with or without food.

Warnings: If symptoms persist, talk to your health professional.

This product contains Selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

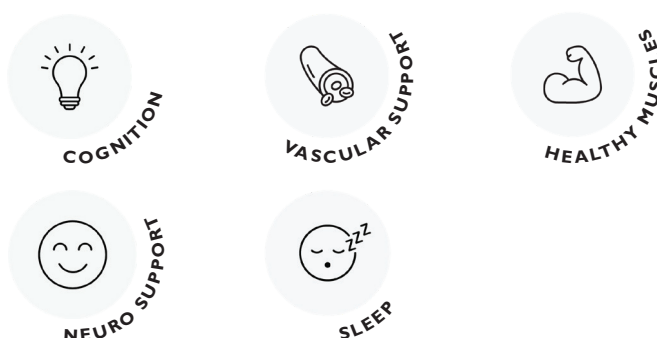


my pure magnesium

For mind + body support

At **therapure** we only use materials of the highest calibre, and we have the science to prove it! We chose magnesium glycinate for my pure magnesium because of this. Magnesium promotes a number of bodily functions, including cardiovascular health, brain health, reduces muscle cramping, and supports the nervous system.

my pure magnesium will support overall health and is the ideal Magnesium to recommend to people who require extra support for muscle cramping, those who exercise on a regular basis, for brain support, and to maintain Magnesium levels in the body.



Each capsule contains:

Magnesium (from Magnesium Glycinate)	150 mg
--------------------------------------	--------

Excipients: Hypromellose (Capsule), Leucine, Colloidal Anhydrous Silica.

Directions for use: Adults take 1-2 capsules once or twice per day as required, with or without food.

Warnings: Mineral supplements should not replace a balanced diet. If symptoms persist, talk to your health professional.

therapure Product Guide



my liposomal D + K

Sunshine in a bottle!

my liposomal D + K by **therapure** is a synergistic blend of highly absorbed Vitamins D and K.

It is the ideal solution for anyone needing to increase their Vitamin D and Vitamin K levels, to support healthy immunity, support healthy blood clotting, and for those who require Calcium supplementation.

The liposomal form is best used when you have impaired digestion, or you are just looking for superior nutrient absorption.

With a delicious lemon taste from natural lemon oil, two pumps on the tongue is a delightful way to start your day.



1 mL (approx. 2 pumps) contains:

Colecalciferol	25 micrograms
equiv. Vitamin D3	1000 I.U.
Menaquinone 7 (Vitamin K2 MK7)	40 micrograms

Excipients: Purified Water, Glycerol, Lecithin (Sunflower), Ethanol, Lemon Oil (Organic), Olive Oil, Tocofersolan, dl-Alpha-Tocopherol, Vegetable Oil, Medium Chain Triglycerides.

Directions for use: Adults take 1 ml (2 pumps) by mouth per day as required.

Warnings: Contains ethanol. Do not use during pregnancy or breastfeeding. Vitamin supplements should not replace a balanced diet. If symptoms persist, talk to your health professional.



my liposomal glutathione

Glutathione: the master antioxidant

Glutathione is a key antioxidant that can be found in every cell of the body. It also helps to regenerate other antioxidants, such as Vitamins C & E.

Often, Glutathione is broken down in the body very quickly, resulting in not being able to reach the cells where it is needed. However, Glutathione in liposomal form is better able to withstand these digestive processes, resulting in optimal absorption.

With a delicious peppermint taste from natural organic peppermint oil, two pumps on the tongue is a delightful way to start your day.



1 mL (approx. 2 pumps) contains:

Glutathione	100 mg
-------------	--------

Excipients: Purified Water, Glycerol, Ethanol, Lecithin (Sunflower), Potassium Hydroxide, Tocofersolan, Lemon Oil (Organic), Peppermint Oil (Organic).

Directions for use: Adults take 1 ml (2 pumps) by mouth per day as required.

Warnings: Contains ethanol. Adults only. Not recommended for use by pregnant and lactating women. If symptoms persist, talk to your health professional.



my immune cold + flu

Bounce back to your best self.

Presenting **my immune cold + flu**, the ultimate herbal supplement designed to support your body's natural defence system and provide relief from cold and flu symptoms.



Each capsule contains:

<i>Andrographis paniculata</i> leaf extract dry conc. from 8 g dry leaf	160 mg
<i>Echinacea purpurea</i> root extract dry conc. from 900 mg dry root (Purple Coneflower)	150 mg
<i>Sambucus nigra</i> fruit extract dry conc. from 2.8 g dry fruit (Black Elderberry)	80 mg
<i>Platycodon grandiflorus</i> root extract dry conc. from 500 mg dry root (Balloon Flower)	50 mg
<i>Lonicera japonica</i> flower extract dry conc. from 500 mg dry flower (Japanese Honeysuckle)	50 mg
<i>Magnolia officinalis</i> stem bark extract dry conc. from 300 mg dry stem bark (Magnolia Bark)	30 mg
Ascorbic Acid (Vitamin C)	100 mg
Zinc (from Zinc Citrate Dihydrate)	5 mg

Excipients: Hypromellose (Capsule), Leucine, Microcrystalline Cellulose, Maltodextrin (Corn), Colloidal Anhydrous Silica.

Directions for use: Adults take 1-5 capsules, with or without food, divided throughout the day, as needed.

Warnings: Andrographis may cause allergic reactions in some people. If you have a severe reaction (such as anaphylaxis) stop use and seek immediate medical attention.

Andrographis may cause taste disturbance including loss of taste. If you develop any adverse symptoms, stop use and seek medical advice.

Not to be used in children under two years of age without medical advice.



my immune support

Unleash inner vitality and strengthen the immune system!

Experience the power of nature with **my immune support**, a carefully crafted herbal and nutritional supplement designed to support overall immunity and resilience. Our expertly formulated blend contains a synergistic combination of potent ingredients to revitalise your body and support its natural defence mechanisms.



Each capsule contains:

<i>Astragalus membranaceus</i> root extract dry conc. from 1.5 g dry root	100 mg
<i>Withania somnifera</i> root extract dry conc. from 600 mg dry root (Ashwagandha)	50 mg
<i>Schisandra chinensis</i> fruit extract dry conc. from 250 mg dry fruit	50 mg
<i>Lentinula edodes</i> fruiting body extract dry conc. from 500 mg dry fruiting body (Shiitake)	50 mg
<i>Trametes versicolor</i> whole plant extract dry conc. from 250mg dry whole plant (Turkey-Tail)	25 mg
<i>Ganoderma lucidum</i> fruiting body extract dry conc. from 500 mg dry fruiting body (Reishi)	14.3 mg
Ascorbic Acid (Vitamin C)	125 mg
Zinc (from Zinc Citrate Dihydrate)	7.5 mg
Selenium (from Selenomethionine)	12.5 micrograms

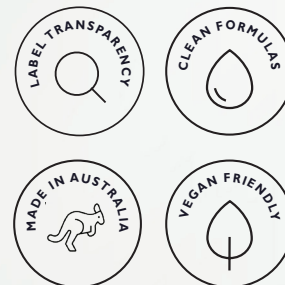
Excipients: Hypromellose (Capsule), Leucine, Microcrystalline Cellulose, Maltodextrin (Corn), Colloidal Anhydrous Silica.

Directions for use: Adults take 1-2 capsules up to three times a day, with or without food.

Warnings: This medicine contains Selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of Selenium from dietary supplements should not be exceeded.

Contains zinc which may be dangerous if taken in large amounts or for a long period. Not to be used in children under 2 years of age without medical advice.

therapure Product Guide



my menopause

Empower your best self

Menopause is a natural phase of life and most women around the ages of 45-55 will experience it, but it can come with a variety of physical and emotional challenges.

That's why we've created **my menopause**—a carefully crafted blend of natural herbs designed to support women through this transition with grace and balance. Our formula harnesses nature's wisdom, offering relief from common symptoms like hot flushes, mood swings, and night sweats, while promoting overall hormonal health.

With pure, transparent ingredients and a holistic approach, **my menopause** empowers women to feel their best through every stage of menopause.



Each capsule contains:

Actaea racemosa (Black Cohosh) rhizome extract 100 mg
from 400 mg dry *Actaea racemosa* rhizome

Asparagus racemosus root extract 100 mg
from 600 mg dry *Asparagus racemosus* (Shatavari) root

Trifolium pratense flowering herb top extract 50 mg
from 200 mg dry *Trifolium pratense* (Red Clover) herb top

Pinus radiata (Pine) bark extract 15 mg
from 1.5 g *Pinus radiata* stem bark

Excipients: Leucine, Hypromellose (Capsule), Microcrystalline cellulose, Maltodextrin (Corn), Colloidal Anhydrous Silica.

Directions for use: Adults take 1-2 capsules daily, with or without food.

Warnings:

Theoretically, taking large amounts of black cohosh with hepatotoxic medications and/or during compromised liver function, may increase the risk of liver damage.

In very rare cases, black cohosh has been associated with liver failure. If you are experiencing yellowing of the skin or whites of the eyes, dark urine, nausea, vomiting, unusual tiredness, weakness, stomach or abdominal pain, and/or loss of appetite, you should stop using this product and see your doctor.

Phytoestrogens have demonstrated numerous long term protective health benefits. However those with a history of oestrogen-sensitive cancers should consult with a medical professional before using this medicine, to confirm the suitability of any doses.

Avoid use during pregnancy and lactation.



my berberine plus

Supporting your best self

In today's fast-paced world, managing healthy blood sugar levels can be a challenge. That's why we've crafted **my berberine plus**, a natural, effective formulation to support healthy glucose metabolism.

Our formula combines Berberine in a phospholipid form, allowing for superior absorption and long-term use without the gastrointestinal side effects that are commonly associated with traditional Berberine. It also contains Chromium Nicotinate, an essential mineral that plays a key role in supporting healthy blood sugar.

With pure, transparent ingredients, **my berberine plus** offers a safe and powerful solution for those who want to support their best self through healthy blood sugar and carbohydrate metabolism.

Each capsule contains:

Berberine Phyto-Phospholipid Complex	200 mg
containing <i>Berberis aristata</i> root extract	84 mg
stand. to contain Berberine	60 mg
equiv. to dry <i>Berberis aristata</i>	
(Indian Barberry) root	4.2 g

Chromium (from Chromium Nicotinate) 50 micrograms

Excipients: Lecithin (Sunflower), Hypromellose (Capsule), Pea powder, *Vitis vinifera* (Grape) seed extract, Leucine, Microcrystalline Cellulose, Calcium Hydrogen Phosphate, Hypromellose, Colloidal Anhydrous Silica.

Directions for use:

Adults take 1 capsule per day, with or without food.

Not recommended for use by pregnant and lactating women.



THERAPURE MARKETING ORDER FORM

Store Name: _____ Date: _____

Contact Name: _____ Phone: _____

SEND TO: Support@TheraHealth.com.au 

BOOKLET	QTY	CONSUMER CARDS	QTY
Brand Booklet		A6 - my liposomal glutathione consumer card	
BROCHURES	QTY	A6 - my menopause consumer card	
my skin brochure		A6 - my pure magnesium consumer card	
my hair brochure		A6 - my skin consumer card	
my immune support brochure		A5 - pure collagen peptides + c consumer card	
my immune cold + flu brochure		SPEC SHEETS	QTY
my liposomal d + k brochure		my hair spec sheet	
my liposomal glutathione brochure		my immune cold + flu spec sheet	
my pure magnesium brochure		my immune support spec sheet	
pure collagen peptides + c brochure		my liposomal d + k spec sheet	
CONSUMER CARDS	QTY	my liposomal glutathione spec sheet	
A6 - my hair consumer card		my menopause spec sheet	
A6 - my immune cold + flu consumer card		my pure magnesium spec sheet	
A6 - my immune support consumer card		my skin spec sheet	
A6 - my liposomal d + k consumer card		pure collagen peptides + c spec sheet	



**WHY THERAPURE
BRAND BOOKLET**



BROCHURES



**A6 CONSUMER
CARDS**



THE FRESHEST FISH OIL ON THE PLANET

Nordic Naturals has been making great-tasting fish oil since 1995, redefining industry standards for purity, freshness, taste, and potency.

THE NORDIC NATURALS ADVANTAGE

Since 1995, Nordic Naturals' commitment and dedication to making the highest-quality products has meant safer, more effective, and better-tasting fish oil for customers.

All of their products are, and always have been, non-GMO, sustainably sourced and manufactured, and tested for purity and potency. Nordic Naturals never use artificial flavours, colours, or preservatives, and all formulations are research supported and responsibly dosed.

A Certificate of Analysis is available for every product, to prove their exceptional freshness and purity (meaning great-tasting oils!)

Visit www.nordicnaturals.com/cofa and enter the product batch number to view the certificate of analysis instantly.

Product Guide



OPTIMAL HEALTH AND WELLNESS



HEART HEALTH



IMMUNE HEALTH



BONES, JOINTS, AND MUSCLES



BRAIN HEALTH



MOOD SUPPORT



SKIN, HAIR AND NAILS



WOMEN'S HEALTH



CHILDREN'S HEALTH

NORDIC NATURALS PRODUCT GUIDE



ARCTIC COD LIVER OIL™

liquid & soft gels

237 mL glass bottle - lemon (58785), orange (54785), strawberry (56783), unflavoured (53785),

473 mL glass bottle - orange (54787)

1000 mg soft gel 90 count - lemon (27785)

- Made from 100% wild Arctic cod (Skrei)-no other fish oils or synthetic additives are ever used.
- Supports overall well-being.

The fish oil that started it all, Arctic Cod Liver Oil has always been derived from sustainably sourced 100% wild Arctic cod, containing only naturally-occurring vitamins and essential fats and nutrients-no other fish oils or synthetic additives are ever used. We carefully manage every step of production from boat to bottle to ensure that our oils are of the highest quality-exceptionally fresh, stable, and effective.

Our patented, flavoured Arctic Cod Liver Oil liquids are easy and versatile to take, and they're so tasty it's hard to believe they're from fish.

Supplement Facts

Serving Size: 1 Teaspoon (5 mL)			
Amount Per Serving		% DV ¹	% DV ² *
Calories	45		
Calories from fat	45		
Total Fat	5.0 g	†	8%
Saturated Fat	1.0 g	†	5%
Trans Fat	0 g	†	†
Cholesterol	20 mg	†	7%
Vitamin A	230-920 I.U.	9-37%	5-18%
Vitamin D	0-20 I.U.	0-5%	0-5%
Total Omega-3s	1050 mg	†	†
EPA (Eicosapentaenoic Acid)	350 mg	†	†
DHA (Docosahexaenoic Acid)	485 mg	†	†
Other Omega-3s	215 mg	†	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

1 Daily Value (DV) for children under 4 years of age.

2 Daily Value (DV) for adults and children over 4 years of age.

Ingredients: purified arctic cod liver oil, natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).
No gluten, milk derivatives, or artificial colors or flavors.

Active Ingredients List

Each Soft Gel Capsule Contains:

Cod liver oil 1000 mg. Containing omega-3 marine triglycerides 252 mg including:

Eicosapentaenoic acid (EPA) 82 mg
Docosahexaenoic acid (DHA) 125 mg

Vitamin A..... 130-550 IU

Vitamin D..... 0.33-4 IU

d-alpha tocopherol..... 10 mg
(equiv. vitamin E 15 IU)

Classic Sustainable. Arctic Cod Liver Oil.



- A rich wholefood source of active Omega-3 essential fatty acids
- Provides 1000 I.U. of vitamin D3, which surpasses the minimum recommended daily value of vitamin D for adults and children over four years of age
- Achieves a vitamin A:D ratio closer to 1:1 to ensure adequate and balanced support for both of these mutually synergistic fat-soluble nutrients



Supplement Facts

Serving Size: 1 Teaspoon (5 mL)

Amount Per Serving	% DV ¹	% DV ^{2*}
Calories	45	
Calories from fat	45	
Total Fat	5.0 g †	8%
Saturated Fat	1.0 g †	5%
Trans Fat	0 g †	†
Cholesterol	20 mg †	7%
Vitamin A	230–920 I.U.	9–37% 5–18%
Vitamin D3 (cholecalciferol)	1000 I.U.	250% 250%
Total Omega-3s	1050 mg †	†
EPA (Eicosapentaenoic Acid)	350 mg †	†
DHA (Docosahexaenoic Acid)	485 mg †	†
Other Omega-3s	215 mg †	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

¹ Daily Value (DV) for children under 4 years of age.

² Daily Value (DV) for adults and children over 4 years of age.

Ingredients: purified arctic cod liver oil, natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative), vitamin D3 (cholecalciferol in olive oil).

No gluten, milk derivatives, or artificial colors or flavors.



237 mL glass bottle
- lemon (02763)

473 mL glass bottle
- orange (02764)

OMEGA-3

liquid & soft gels

- A great way to maintain healthy levels of EPA and DHA, it is the perfect nutritional complement to any healthy lifestyle.
- One serving provides the daily international recommendation of combined EPA+DHA (500 mg).
- Nordic Naturals Omega-3 is a non-concentrated, lemon flavoured fish oil, with all of its constituents present in a wholesome, natural balance.

Supplement Facts		
Serving Size: 1 Teaspoon (5 mL)		
Amount Per Serving	% Daily Value*	
Calories	45	
Calories from fat	45	
Total Fat	5.0 g	8%
Saturated Fat	1.5 g	8%
Trans Fat	0 g	†
Total Omega-3s	1600 mg	†
EPA (Eicosapentaenoic Acid)	750 mg	†
DHA (Docosahexaenoic Acid)	550 mg	†
Other Omega-3s	300 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.



1000 I.U.
VITAMIN D3

237 mL glass bottle
- lemon (02763)

OMEGA-3D™

liquid & soft gels

- The same tasty, natural ratio Omega formula as the Omega-3, Omega-3D is a pure, non-concentrated fish oil that provides the international recommendations of EPA+DHA in one serving.
- With added 1000IU of Vitamin D3 (or cholecalciferol), which is the natural form of vitamin D produced by the body.

Supplement Facts		
Serving Size: 1 Teaspoon (5 mL)		
Amount Per Serving	% Daily Value*	
Calories	45	
Calories from fat	45	
Total Fat	5.0 g	8%
Saturated Fat	1.5 g	8%
Trans Fat	0 g	†
Vitamin D3 (cholecalciferol)	1000 I.U.	250%
Total Omega-3s	1600 mg	†
EPA (Eicosapentaenoic Acid)	750 mg	†
DHA (Docosahexaenoic Acid)	550 mg	†
Other Omega-3s	300 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative), vitamin D3 (cholecalciferol in olive oil).

No gluten, milk derivatives, or artificial colors or flavors.



119 mL glass bottle
- lemon (01793)

237 mL glass bottle
- lemon (02793)

1000 mg soft

60 count
- lemon (21790)

120 count
- lemon (22790)

180 count
- lemon (23790)

Supplement Facts

Serving Size: 1 Teaspoon (5 mL)

Amount Per Serving		% Daily Value*
Calories	45	
Calories from fat	45	
Total Fat	5.0 g	8%
Saturated Fat	0.2 g	1%
Trans Fat	0 g	†
Cholesterol	10 mg	3%
Total Omega-3s	2960 mg	†
EPA (Eicosapentaenoic Acid)	1450 mg	†
DHA (Docosahexaenoic Acid)	1060 mg	†
Other Omega-3s	450 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Ingredients: purified deep sea fish oil (from anchovies and sardines), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.

ULTIMATE OMEGA™

liquid & soft gels

- Double-strength Omega-3s for increased support in fewer soft gels.
- Great for meeting the additional needs of conditions such as pregnancy.
- Supports general well-being.
- May help support healthy skin.

Active Ingredients List

Each Soft Gel Capsule Contains:

Concentrated fish oil—natural 1000 mg. Containing omega-3 marine triglycerides 640 mg including:

Eicosapentaenoic acid (EPA) 325 mg
Docosahexaenoic acid (DHA) 225 mg

d-alpha tocopherol 10 mg
(equiv. vitamin E 15 IU)

Nordic Naturals' most popular concentrate, Ultimate Omega offers concentrated support for the whole body. Doctors and researchers worldwide consistently choose this focussed formula. Concentrated Ultimate Omega delivers more Omega-3s per serving than most other Omega-3 products. This means you get more support in a smaller serving.





119 mL glass bottle - strawberry (56780)

237 mL glass bottle - strawberry (02723)



Supplement Facts

Serving Size: ½ Teaspoon (2.5 mL)

Amount Per Serving	% DV ¹	% DV ^{2*}
Calories	23	
Calories from fat	23	
Total Fat	2.5 g	↑ 4%
Saturated Fat	0.5 g	↑ 3%
Trans Fat	0 g	↑
Cholesterol	10 mg	↑ 3%
Vitamin A	115-460 I.U.	5-18% 2-9%
Vitamin D	0-10 I.U.	0-2.5% 0-2.5%
Total Omega-3s	525 mg	↑
EPA (Eicosapentaenoic Acid)	175 mg	↑
DHA (Docosahexaenoic Acid)	245 mg	↑
Other Omega-3s	105 mg	↑

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

¹ Daily Value (DV) for children under 4 years of age.

² Daily Value (DV) for adults and children over 4 years of age.

Ingredients: purified arctic cod liver oil, natural strawberry flavor, d-alpha tocopherol, rosemary extract (a natural preservative).

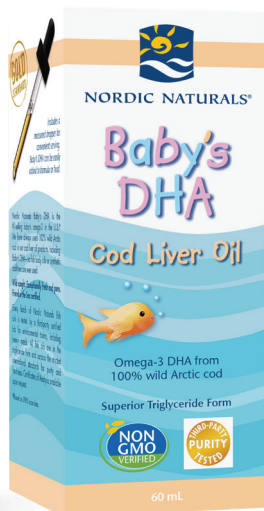
No gluten, milk derivatives, or artificial colors or flavors.

CHILDREN'S DHA™

liquid & soft gels

- Available in strawberry-flavoured liquid and chewable soft gels.
- May help support healthy cognitive development and immunity.
- Made from 100% wild Arctic cod.

Kids everywhere love Nordic Naturals strawberry-flavoured Children's DHA. Made from 100% wild Arctic cod, these products are rich in the Omega-3 DHA, which is essential for healthy neurological development. Available in liquid for young children, and in soft gels that are easily swallowed or chewed by children three years and up. Like all Nordic Naturals fish oils, Children's DHA is analysed and surpasses strict international standards for purity and freshness.



60 mL glass bottle with measured dropper - unflavoured (20092)

Nutrition Information

Serving Size: 1 mL

Servings per bottle: 60

Average Quantity	Per Serving	Per 100 mL
Energy	38 kJ	3840 kJ
Protein	0 g	0 g
Gluten	0 g	0 g
Fat, total	1.0 g	100 g
Saturated Fat	0.2 g	20 g
Trans Fat	0 g	0 g
Monounsaturated	0.4 g	40 g
Polyunsaturated	0.2 g	20 g
Omega-3	210 mg	21000 mg
EPA	70 mg	7000 mg
DHA	97 mg	9700 mg
Carbohydrate	0 g	0 g
Sugars	0 g	0 g
Sodium	0 mg	0 mg
Vitamin A	34 mcg	3450 mcg

Ingredients: purified arctic cod liver oil, antioxidant (extracts of rosemary), antioxidant (d-alpha tocopherol).

No gluten-containing ingredients, milk derivatives, or artificial colours or flavours.

BABY'S DHA

- Great for young children.
- Measured dropper for easy addition to formula or food.
- Made from 100% wild Arctic cod.
- Formula manufactured especially for Australia
- Nordic Naturals Baby's DHA is a safe and effective way to ensure that young children get the DHA they need for healthy development. Like all Nordic Naturals fish oils, Baby's DHA is analysed and surpasses strict international standards for purity and freshness.



237 mL glass bottle
- lemon (02773)

473 mL glass bottle
- lemon (02774)

Supplement Facts

Serving Size: 1 Teaspoon (5 mL)

Amount Per Serving	% Daily Value*	
Calories	45	
Calories from fat	45	
Total Fat	5.0 g	8%
Saturated Fat	1.0 g	5%
Trans Fat	0 g	†
Omega-3s	1310 mg	†
EPA (Eicosapentaenoic Acid)	615 mg	†
DHA (Docosahexaenoic Acid)	450 mg	†
Other Omega-3s	245 mg	†
Omega-6s	500 mg	†
GLA (Gamma-Linolenic Acid)	170 mg	†
Omega-9s	500 mg	†
OA (Oleic Acid)	400 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), borage seed oil (*borago officinalis*), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.

COMPLETE OMEGA™

- The perfect balanced combination - a synergistic blend of health-supporting Omegas-3, 6, and 9.
- Supports heart, brain, joint, and skin health.

Complete Omega combines EPA and DHA from fish oil with Omega-6 GLA from borage oil, and Omega-9.

This Omega-rich blend offers balanced support for healthy joints, skin, and optimum well-being.

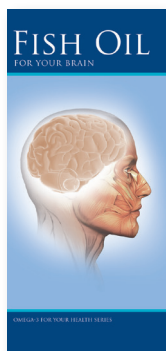
NORDIC  NATURALS®

RESEARCH GUIDES US

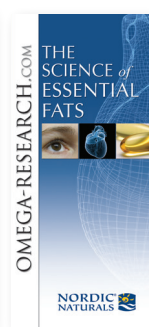
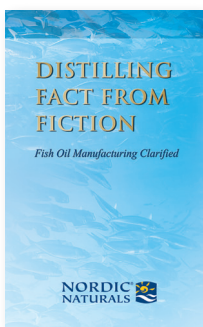
Science is in our company's DNA. We focus on nutrients that have been proven to be the most beneficial to health.



BROCHURES



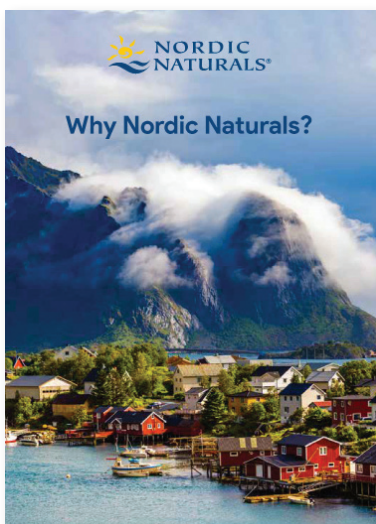
Condition Specific



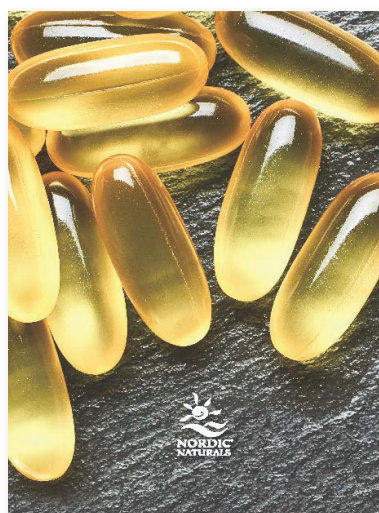
General Omega-3 Brochures & Cards

Mercury Levels In Fish

BOOKLETS



Why Nordic Naturals
Brand Booklet



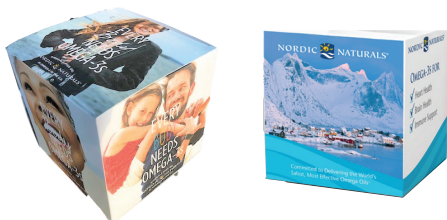
Nordic Naturals
Product Booklet



Ultimate Omega
Comparison Study

Display Cubes

Great to use on the shelf, in a display or even hang from the ceiling (20x20x-20cm).



DISPLAY

12-Bottle Counter Display

Fits nicely on shelf or table.



Sample Box

Filled with complimentary samples for your customers.



Shelf Stripping

Placed inside clear shelf strips to highlight the brand.

NORDIC  NATURALS® NORDIC  NATURALS® NORDIC  NATURALS® NORDIC  NATURALS®

NORDIC  NATURALS® NORDIC  NATURALS® NORDIC  NATURALS® NORDIC  NATURALS®

A5 FLYERS



Arctic Cod Liver Oil Flyer



Arctic Cod Liver Oil for Immunity



Arctic Cod Liver Oil Postcard



Ultimate Omega for beauty

A3 POSTERS (ALSO AVAILABLE IN OTHER SIZES - MORE INFORMATION ON PAGE 25)



Boat to Bottle



Brand Poster



Why Nordic Naturals



**Back to School -
Children's DHA Liquid**



**Children's Healthy
Development Children's
and Baby's DHA**



**Award Winning -
Ultimate Omega**



**Everyday Health -
Omega-3 Liquid**



**Heart Health -
Ultimate Omega**



**Immunity - Arctic
CLO softgels**



**Whole Body Balance -
Complete Omega**



Sustainability Poster

Do you have an open day or event coming up for your store?

Thera Health can supply goodie bags and materials to hand out to your customers!

Ask your Area Manager for more details or email us at Support@TheraHealth.com.au

NORDIC NATURALS LIFESTYLE BANNERS

(EACH BANNER IS THE SIZE OF 2x A3 POSTERS)



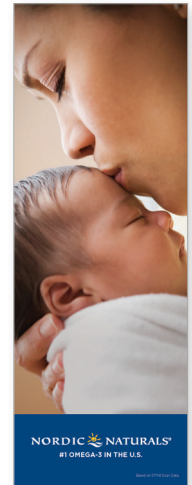
BRAND BANNER



MUM AND DAUGHTER LIFESTYLE BANNER 1



MUM AND DAUGHTER LIFESTYLE BANNER 2



MUM AND BABY LIFESTYLE BANNER



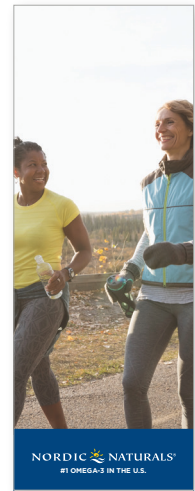
BACK TO SCHOOL BANNER



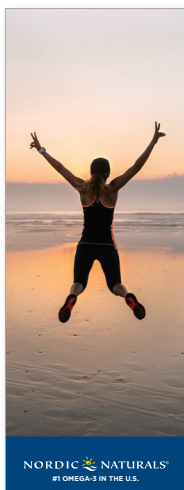
NORDIC NATURALS LIFESTYLE BANNER 1



NORDIC NATURALS LIFESTYLE BANNER 2



ACTIVE AND ADVENTUROUS BANNER 1



ACTIVE AND ADVENTUROUS BANNER 2



ACTIVE AND ADVENTUROUS BANNER 3



ACTIVE AND ADVENTUROUS BANNER 4

NORDIC NATURALS MARKETING ORDER FORM

Store Name _____ Date _____

Contact Name _____ Phone _____

SEND TO: Support@TheraHealth.com.au

BROCHURES	QTY	DISPLAY	QTY	LIFESTYLE BANNERS	QTY
Fish Oil for Pregnancy		12-bottle Counter Display		Brand Banner	
Fish Oil for Fitness		NN Display Cube (20×20×20 cm)		Mum and Daughter Lifestyle Banner 1	
Fish Oil for your Back, Neck and Joints		NN Every Body Cube (17.5×17.5×17.5 cm)		Mum and Daughter Lifestyle Banner 2	
Fish Oil for your Heart		NN Triangle (21.5×16.5×16.5 cm)		Mum and Baby Lifestyle Banner	
Fish Oil for your Brain		Sample Box (with samples included)		Back to School Banner	
Fish Oil for Skin, Hair & Nails				Nordic Naturals Lifestyle Banner 1	
Balance Your Child's Health				Nordic Naturals Lifestyle Banner2	
Mercury Levels in Fish		SHELVING	QTY	Active and Adventurous Banner 1	
Cod Liver Oil		Shelf Stripping - 42 cm		Active and Adventurous Banner 2	
Distilling Fact From Fiction				Active and Adventurous Banner 3	
Brand Brochure				Active and Adventurous Banner 4	
Committed Card		RESEARCH PAPERS	QTY		
The Science of Essential Fats		ADD		A3 POSTERS – ALSO AVAILABLE IN A0, A4 SIZE	QTY
BOOKLETS	QTY	Cardiovascular Disease		Award Winning - Ultimate Omega	
Why Nordic Naturals (Brand Booklet)		Cardiovascular Health		Back to School - Children's DHA Liquid	
Nordic Naturals Products Booklet		CLO and Pregnancy		Boat to Bottle	
		Cognition & Ageing		Brand Poster	
HAND-OUTS / FLYERS	QTY	Diabetes		Children's Healthy Development DHA	
Facts on Cod Liver Oil Handout		EFA's & Beauty		Everyday Health - Omega-3 Liquid	
Liquid or Capsules		EFA's & Condition Specific Uses		Heart Health - Ultimate Omega	
Ultimate Omega Comparison Study		Fish Oil VS Flax		Immunity - Arctic CLO softgels	
Understanding a Cert. of Analysis		Immune Health		Sustainability Poster	
		Krill Fish Comparison		Whole Body Balance - Complete Omega	
MANDARIN MATERIALS	QTY	Language & Learning		Why Nordic Naturals	
Arctic Cod Liver Oil - A3 Poster		Lipid Profiles			
Arctic Cod Liver Oil - A4 Poster		Macular Degeneration			
Arctic Cod Liver Oil - A5 Flyer		Maternal Health		A5 FLYERS	QTY
Children's DHA - A3 Poster		Mood Disorders		Arctic Cod Liver Oil Flyer	
Children's DHA - A4 Poster		Pregnancy		Arctic Cod Liver Oil for Immunity	
Children's DHA - A5 Flyer		Total Body Fitness		Arctic Cod Liver Oil Postcard	
Brand Brochure		Vitamin D		Ultimate Omega for Beauty	

ENZYMEDICA®

— The Enzyme Experts —



Enzymedica is dedicated to providing exceptional enzyme-focused supplements to serve the most exacting needs.

Enzymedica is a Florida-based company that was founded in 1998 with the purpose of offering the highest-quality enzyme products possible. Today, as one of the global leaders in the industry, they still strive for no less.

Each product is specifically formulated to provide targeted support for common digestive discomforts and food intolerances.

Enzymedica routinely tests their products for gluten and other ingredients.

Protease digests proteins

Cellulase digests fibre

Tilactase digests lactose

Lipase digests fats

Amylase digests carbohydrates



Enzyme
Specialists



Filler free



Green Business
Practices



Non GMO



Capsules Over
Tablets



Vegan &
Gluten Free

ENZYMEDICA PRODUCT GUIDE



DIGEST PREMIUM

The enzymes in Digest Premium™ support optimal digestion by helping the body absorb nutrients and convert food into energy. Digest Premium contains amylase, lipase, cellulase and protease enzymes, for breaking down carbohydrates, fats, fibre and protein.

- **Protease Blend** - active at a wide pH range - helps break down proteins, including gluten and the dairy protein casein
- **Tilactase (lactase)** helps the body break down lactose
- **Amylase** is responsible for breaking down starch and carbohydrates into smaller sugars
- **Lipase** helps the body break down fats
- **Cellulase** helps the body digest dietary fibre

Digest Premium 60s	
Each Capsule Contains:	
Protease Blend Peptidase Protease 4.5 Protease 6.0	70 Thousand HUT
Amylase	23 Thousand DU
Lipase	2 Thousand LipU
Cellulase	1,000 CU
Tilactase (Lactase)	900 ALU
Excipients: Medium Chain Triglycerides, Maltodextrin (Potato, Corn, Tapioca), Hypromellose (Capsule). Suitable for vegans. NO FILLERS ADDED. Contains NO dairy, egg, salt, sucrose, soy, wheat, yeast, nuts, casein, rice, artificial colours, flavours, or fillers. Recommended Use: Adults take one capsule, three times a day with meals, as needed. If symptoms persist, or for children under 12, talk to your health professional.	



INTOLERGEST

Intolergest™ contains a combination of enzymes that provides specialised digestive support for individuals who experience intolerance to foods containing gluten (found in wheat, rye, barley and oats) and dairy. For many individuals, eating these foods often causes digestive discomfort.

Intolergest helps break down sometimes difficult to digest carbohydrates, fats, fibre and protein, with an emphasis on gluten and dairy digestion.

Intolergest 60s	
Each Capsule Contains:	
Protease Blend Peptidase Protease 4.5 Protease 6.0	24.5 Thousand HUT
Amylase	3.5 Thousand DU
Lipase	250 LipU
Cellulase	350 CU
Tilactase (Lactase)	2.25 Thousand ALU
Excipients: Medium Chain Triglycerides, Microcrystalline Cellulose, Dextrin/Maltodextrin (Potato, Corn, Tapioca), Hypromellose (Capsule). Suitable for vegans. NO FILLERS ADDED. Contains NO dairy, egg, salt, sucrose, soy, wheat, yeast, nuts, casein, rice, artificial colours, flavours, or fillers. Directions: Adults, take 2 capsules with each meal, or as required. If symptoms persist, or for children under 12, talk to your health professional.	

POSTERS

BANNER POSTERS (SIZE OF 2x A3 POSTERS)



DIGEST PREMIUM SET

INTOLERGEST SET

BRAND BANNER

A3 POSTERS



DIGEST PREMIUM

INTOLERGEST

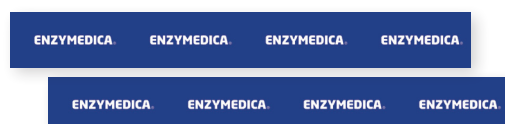
ENZYMEDICA MARKETING ORDER FORM

Store Name _____ Date _____

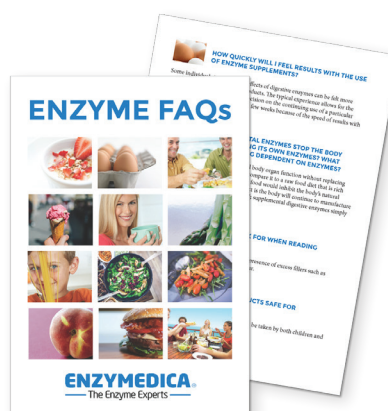
Contact Name _____ Phone _____

SEND TO: Support@TheraHealth.com.au

A3 POSTERS	QTY	SHELVING	QTY
Digest Premium		Enzymedica Shelf Stripping	
Intolergest		Enzymedica Shelf Wobbler	
BANNER POSTERS	QTY	BROCHURES	QTY
Digest Premium - Before Your Lunch		Enzymedica Consumer Tri Fold Brochure	
Digest Premium - Woman and Man		Enzymedica FAQ's (A5)	
Intolergest - Before the Gluten		SPEC SHEETS	QTY
Intolergest - Woman with Pizza		Digest Premium	
Brand Banner - Try It For 7 Days		Intolergest	



Shelf Stripping



Brochures



Giant Bottles for hire

Giant corflute bottles (50 - 80 cm high) are available for hire for display in store. Ask your Area Manager for more information or contact our head office.



Shelf Wobblers



Putting your health and body first shouldn't be hard.

When things don't feel right in your body, a toxin build-up could be to blame.

Get the balance right with natural Ayurda Supplements that don't just treat the symptoms, but get right to the root of the issue.

-  Ayurda targets the root cause of illness
-  Only pure natural herbal and mineral ingredients, no synthetics
-  Revives the organs or tissues that have been affected by toxin build up
-  Corrects the imbalances affecting the inherent intelligence of the body's organs
-  Works synergistically, thus making the formulation multifold stronger than a single herb action

VATA

PITTA

KAPHA

Ayurveda recognises three primary energies, Vata, Pitta & Kapha. Together they regulate every physiological and psychological characteristic from basic cellular processes to the most complex biological functions. When these forces are in a state of natural balance the defense mechanism of the body works at peak efficiency.

PLEASE REFER TO THE FULL AYURDA CATALOGUE OR VISIT
THERAHEALTH.COM.AU FOR MORE INFORMATION ON THIS RANGE.

Restore Balance With The Ayurda Range



AGNITONE

Relieves symptoms of indigestion

Agnitone contains herbs traditionally used in Ayurvedic medicine to reduce colic and wind pain.



BON-TON

Relieves mild rheumatic aches and pains

Bon-Ton contains Boswellia serrata an anti-inflammatory and analgesic herb, and Cedrus deodara which relieves mild rheumatic aches and pains.



DERMO GUARD

Supports skin health

Dermo Guard contains Rubia cordifolia and Hemidesmus indicus which improves skin ailments. Rubia cordifolia is also used to enhance skin health and as a depurative, to cleanse the blood.



FEM-POWER

Supports female reproductive system health and hormones

Contains Shatavari which supports the female reproductive system health, the nervous system, and improves healthy libido. Rubia cordifolia can also be used to regulate the menstrual cycle, while zinc helps maintain healthy reproductive system hormones.



GLUCO-TON

Assist glucose metabolism with Chromium

Gluco-ton contains Meshashringi which is used to support digestive system health, and chromium to assist sugar and carbohydrate metabolism, and maintain general health and wellbeing.



IMMUNE GUARD

Support immune system function with Zinc

Immune Guard contains the antioxidant zinc to reduce free radicals formed in the body. Zinc supports immune system health and general health and wellbeing. It also contains Guduchi, used to improve body strength.



LIVGOOD

Support liver health and function

LivGood contains Andrographis and Phyllanthus both of which support liver function and liver associated organs to support general health and wellbeing.



M-POWER

Support Male reproductive health and healthy libido

Specifically formulated for healthy men and contains Gokshura which is used to support healthy libido and Zinc which supports reproductive system health and Testosterone levels.



REJUVA-TON

Rejuvenative tonic

Rejuva-ton contains herbs used to support general health and wellbeing. Ashwagandha is used as a rejuvenative tonic and to improve body strength. Brahmi is used as a brain tonic to improve memory and cognition.

AYURDA MARKETING ORDER FORM

Store Name_____ Date_____

Contact Name_____ Phone_____

SEND TO: Support@TheraHealth.com.au

PRODUCT CATALOGUE	QTY	PRODUCT DATA SHEETS	QTY
Ayurda Product Catalogue		Fem-Power Data Sheet	
		Gluko-Ton Data Sheet	
PRODUCT DATA SHEETS	QTY	ImmuneGuard Data Sheet	
Agnitone Data Sheet		Liv-Good Data Sheet	
Bon-Ton Data Sheet		M-Power Data Sheet	
DermoGuard Data Sheet		Rejuva-Ton Data Sheet	



A5 Product Catalogue



Product Data Sheets

Natural
silica-based
formulation



The fast-acting mineral-based detoxifier gel that utilises the natural properties of unique silica structures to absorb undesirable compounds within the intestinal tract.

Enterosgel® is an intestinal absorbent (enterosorbent) neutral-tasting gel that can be used as an adjuvant to standard rehydration therapy and in the management and reduction of stomach and intestinal illness symptoms such as diarrhoea, gas, stomach cramps, mild abdominal pain, heartburn or nausea.

Enterosgel is backed by a wide body of clinical research for a number of conditions, and has been approved for use in IBS. It has helped countless people around the globe who suffer from debilitating gastrointestinal symptoms.

Used since ancient times, sorbent compounds have been swallowed to help detoxification through the digestive system. Now, thanks to innovative scientific methods, the selectivity of what modern enterosorbents bind to and other characteristics make enterosorbents an invaluable addition to your gut healthcare plan.



PREGNANT WOMEN



BREASTFEEDING MOTHERS



CHILDREN OVER 1 YEAR OLD



VEGANS



Absorbs substances directly from the stomach & intestines

Enterosgel® is a clear permeable gel which acts as an oral intestinal absorbent and is comprised of 70% Polymethylsiloxane and 30% purified water.



Completely mineral-based & virtually tasteless

Its palatable profile makes it ideal for children. Enterosgel® can also be recommended during pregnancy and new mothers who are breastfeeding.



A well tolerated and non-medicated option

This fast-acting mineral based formula is sugar and sweetener free, lactose/dairy free, gluten free, fat free, and free from flavours & preservatives.



Best taken when mixed well with water

Enterosgel® is easy to take and effectively soothes stomach and intestinal discomfort from a wide range of gastrointestinal issues, including diarrhoea & gas.



Enterosgel:

A safe, hypoallergenic gut support compound

90g tube

225g tube

Age	Dosage	How Often
Child 1-6 years old	1 teaspoon or 5g	3 times a day
Child 7-14 years old	2 teaspoons	3 times a day
15+ and adults	1 - 1.5 tablespoons or 15 - 22.5g	3 times a day



Pharmaceutical-free mineral-based detoxifier that's tasteless and easy to take



Preferentially absorbs medium size molecular weight organic and inorganic particles in the gut lumen so they pass out naturally with the stool



Helps reduce intestinal illness symptoms such as diarrhoea, gas, stomach cramps, mild abdominal pain, heartburn and nausea



Binds toxins and antigenic compounds from the gut, removing them from the body within 7 – 24 hours



Contains no gluten, dairy, fat, sweeteners, sugar, flavours, colours or preservatives



Clinically trialled for short and long term use

Indigestion

Nausea, heartburn, reflux, flatulence

Well tolerated detox

Diarrhoea

IBS

Dysbiosis

Sensitivities

Food intolerances, rashes, etc.

ENTEROSGEL MARKETING ORDER FORM

Store Name_____ Date_____

Contact Name_____ Phone_____

SEND TO: Support@TheraHealth.com.au

A4 POSTER	QTY	A5 CONSUMER CARDS	QTY
Enterosgel Promotion Poster		Enterosgel Consumer Card	
FLYERS	QTY		
Enterosgel Retail Flyer			



Enterosgel Poster - A4



Enterosgel Retail Flyer



Consumer Card



MTHFR SUPPORT

Pioneers in Health. Science. Genetics.



PIONEERS IN HEALTH. SCIENCE. GENETICS.

*MTHFR SUPPORT CREATE BETTER
HEALTH THROUGH SCIENCE AND
GENETICS, EMPOWERING PATIENTS
WITH KNOWLEDGE AND SUPPORT OF
UNDERLYING ISSUES, ALLOWING THEM TO
GAIN BACK CONTROL OF THEIR HEALTH
AND LIVE THEIR BEST LIVES.*

- RECOGNISED AS WORLD LEADERS IN SCIENCE-BASED HEALTH MANAGEMENT
- INFORMED BY GENETIC ANALYSIS
- EVIDENCE-BASED AND THOROUGHLY RESEARCHED FORMULATIONS
- IN-DEPTH EDUCATION FOR BOTH PATIENTS AND OTHER HEALTHCARE PRACTITIONERS

PLEASE VISIT [THERAHEALTH.COM.AU](https://therahealth.com.au) FOR MORE INFORMATION ON THIS RANGE.



MTHFR WELLBEING®
Pioneers in Health. Science. Genetics.

B6 LIQUID DROPS



B6 drops contains activated B6 which maintains a healthy immune system, general mental wellbeing and nervous system function.

B6 is an important coenzyme in the synthesis of GABA, Dopamine and Serotonin. It contributes to normal energy metabolism.

PRENATAL METHYL



Prenatal Methyl contains 5-methyltetrahydrofolate (5-MTHF), a biologically active form of Folate which supports a healthy pregnancy and healthy foetal development.

FOLATE 100 DROPS



Levomefolate Calcium is a source of Levomefolic acid (L-5MTHF), the biologically active form of folate.

TOTAL B DROPS



Total B Drops is a multi-B liquid that supports nervous system function, general health and wellbeing when dietary intake is inadequate. This formula contains active forms of Folate and Vitamins B2, B6 and B12.

HYDROXY B12 100 DROPS



Hydroxocobalamin is an activated Vitamin B12 which can support general health & nervous system function when dietary intake is inadequate.

TOTAL B FOLINIC



Total B Folinic provides B vitamins in an activated form without methyl groups to support immune system health, energy levels and a healthy stress response in the body.

METHYL B12 100 DROPS



Methylcobalamin is an activated Vitamin B12 which can support nervous system function when dietary intake is inadequate.

ORGANIC PHGG POWDER



Sunfiber® **partially hydrolysed guar gum** is a soluble dietary fibre that is naturally sourced from the guar bean plant.

Sunfiber® is an excellent prebiotic for maintaining digestive health and microflora balance.

It promotes healthy bowel function and regularity, improves bowel consistency and helps return stool to a normal healthy state without bloating.

PHGG is a great way to increase your daily intake of fibre.

MTHFR SUPPORT MARKETING ORDER FORM

Store Name _____ Date _____

Contact Name _____ Phone _____

SEND TO: Support@TheraHealth.com.au

PRODUCT SPEC SHEETS	QTY	PRODUCT TECHNICAL SHEETS	QTY
B6 Liquid Drops		B6 Liquid Drops Technical Sheet	
Folate 100 Drops		Folate 100 Drops Technical Sheet	
Hydroxy B12 100 Drops		Hydroxy B12 100 Drops Technical Sheet	
Methyl B12 100 Drops		Methyl B12 100 Drops Technical Sheet	
Prenatal Methyl		Prenatal Methyl Technical Sheet	
Total B Drops		Total B Drops Technical Sheet	
Total B Folinic		Folinic Technical Sheet	
Organic PHGG		Organic PHGG Technical Sheet	



Product Spec Sheets



Product Technical Sheets

THERA HEALTH TERMS & CONDITIONS

CLAIMS AND RETURNS

If there are any problems with your order Thera Health must be notified within 7 days of receiving the goods. The goods must be returned to head office within 14 days from the date of the invoice to be eligible for a credit/refund. A credit will be given for the following:

- If the goods we deliver are not what you ordered, damaged (including damage to the outer seal) or defective or the invoice does not represent goods received.
- Any incorrect product ordered may be returned if unopened and the outer seal is in place. Due to incorrect ordering you are responsible for the delivery/shipping fees for any product returned.

DELIVERY OF GOODS

Estimated delivery times are as follows:

- Brisbane/Gold Coast: 1-2 business days
- Sydney & Melbourne: 2-3 business days
- Other areas in QLD, NSW and VIC: 3-4 business days
- SA, NT: 3-5 business days
- WA: 1-4 business days

Note: If your order has been placed after 1 pm QLD time this may add up to 1 business day to the above estimates.

If you do not receive goods you have ordered from Thera Health within 14 days, we shall have no liability to you unless you notify us of the problem within 14 days of the date on which you ordered the goods. Expiry dates must be checked when receiving the goods, as products will not be credited if returned after 30 days.

ADVERSE REACTIONS

All correspondence for adverse reactions should be either emailed to support@therahealth.com.au or contact us on 1800 203 327. Our tech support team will provide a list of questions to assess if this is an adverse reaction. We will let you know whether the product is to be returned to our head office. Once the product is received a credit may be issued.

PRODUCT COMPLAINTS

- For any product complaints please contact customer services on 1800 203 327.
- Any opened product returned due to dissatisfaction with the taste will not be eligible for a credit unless a fault has been found with the product.
- Any opened product returned due to the product being unsuitable for the use intended will not be refunded.
- Overstocking of Thera Health products will not be credited unless returned to Thera Health within 14 days from the date of the invoice.

OUT OF STOCK ITEMS

All products out of stock are automatically placed on our backorder system and will be forwarded to you freight free as soon as we receive the goods. Please notify us if you want to cancel your backorder or prefer not to allow backorders on your account.

FAQ's

How do I place product orders with Thera Health?

You can place orders via our website or by phone or email.

Is there a minimum order amount?

There is no minimum or maximum order amount. However orders under \$200 incur a \$14.50 (inc. GST) freight charge. Orders over \$200 are freight free.

How do I pay Thera Health for my orders?

If you have signed up for a 20 day account, a tax invoice is sent with your shipment that contains our bank account information. You can pay by direct deposit, call us to pay by credit card, or send us a cheque.

If you have signed up for a 'pay before dispatch' account, we will charge your credit card as soon as you have placed your order. Your invoice will still be sent with the shipment and will display as PAID.



PRODUCT ORDER FORM

Account Name or Customer No:

Ph: ----- Contact: -----

Order No / Notes? -----

*Vegan | †Vegetarian

NORDIC NATURALS

Last Update: June 2025

QTY	PRODUCT	FLAVOUR	FORM	SIZE	CODE	W/S \$ excl. GST	RRP \$ incl. GST
	Arctic Cod Liver Oil	Lemon	Liquid	237ml	RUS-58785	34.50	63.30
	Arctic Cod Liver Oil	Orange		237ml	RUS-54785	34.50	63.30
	Arctic Cod Liver Oil	Unflavoured		237ml	RUS-53785	34.50	63.30
	Arctic Cod Liver Oil	Strawberry		237ml	RUS-56783	33.50	58.95
	Arctic Cod Liver Oil	Orange		473ml	RUS-54787	61.50	112.85
	Arctic Cod Liver Oil	Lemon	Soft Gels	90s	AUS-27785	30.80	56.50
	Arctic Cod Liver Oil			180s	AUS-27885	58.80	107.90
	Arctic-D Cod Liver Oil	Lemon	Liquid	237ml	RUS-58783	35.85	65.75
	Baby's DHA	Unflavoured	Liquid	60ml	AUS-20092	20.55	37.70
	Children's DHA	Strawberry	Liquid	119ml	RUS-56780	21.15	38.85
	Children's DHA			237ml	RUS-02723	35.00	64.25
	Complete Omega	Lemon	Liquid	237ml	RUS-02773	37.60	69.00
	Complete Omega			473ml	RUS-02774	69.55	127.60
	Omega-3 Liquid	Lemon	Liquid	237ml	RUS-02763	34.00	62.40
	Omega-3 Liquid			473ml	RUS-02764	60.05	110.20
	Omega-3D Liquid	Lemon	Liquid	237ml	RUS-02765	34.00	62.40
	Ultimate Omega	Lemon	Soft Gels	60s	AUS-21790	36.70	67.35
	Ultimate Omega			120s	AUS-22790	66.10	121.30
	Ultimate Omega			180s	AUS-23790	93.00	170.65
	Ultimate Omega	Lemon	Liquid	119ml	RUS-01793	51.55	94.60
	Ultimate Omega			237ml	RUS-02793	89.35	163.95

Single Sachet Samples

	Ultimate Omega soft gels	Lemon	2 sample sachets per bottle ordered. No backorders.	2x soft gels	-	-	-
--	--------------------------	-------	---	--------------	---	---	---

ENZYMEDICA

QTY	PRODUCT		SIZE	CODE	W/S \$ excl. GST	RRP \$ incl. GST
	Digest Premium*	Pure Blend of Plant-Based Enzymes to Assist Healthy Digestion	60s	55499	27.15	49.85
	Intolergest*	Pure Blend of Plant-Based Enzymes to Assist Digestion of Lactose, Dairy & Gluten	60s	55498	23.05	42.30

ENTEROSGEL

QTY	PRODUCT	SIZE	CODE	W/S \$ excl. GST	RRP \$ incl. GST
	Enterosgel®	90g	ENTERO90	20.05	37.10
	Enterosgel®	225g	ENTERO225	35.00	64.70

AYURDA**

QTY	PRODUCT	(* Vegan)	SIZE	CODE	W/S \$ excl. GST	RRP \$ incl. GST
	Agnitone*	Relieves symptoms of indigestion	60s	A-AGN	30.91	51.00
	Bon-Ton*	Relieves mild rheumatic aches and pains	60s	A-BON	30.91	51.00
	Dermo Guard†	Supports skin health	60s	A-DER	30.91	51.00
	Fem-Power*	Supports female reproductive system health and hormones	60s	A-FEM	30.91	51.00
	Gluco-Ton*	Assists glucose metabolism with Chromium	60s	A-GLU	30.91	51.00
	Immune Guard†	Supports immune system health and immune system function with Zinc	60s	A-IMM	30.91	51.00
	LivGood†	Supports liver health and function	60s	A-LIV	30.91	51.00
	M-Power*	Supports Male reproductive health and healthy libido	60s	A-MPO	30.91	51.00
	Rejuva-Ton*	Rejuvenative tonic with Ashwagandha	60s	A-REJ	30.91	51.00

Please note the Ayurda Professional Range is to be dispensed by qualified healthcare practitioners only. As such, the display of these products is limited to behind-the-counter only.



PRODUCT ORDER FORM

Account Name or Customer No:

Ph: Contact:

Order No / Notes?

NUZEST							
QTY	PRODUCT	FLAVOUR	SIZE	CODE	W/S \$ excl. GST	RRP \$ incl. GST	
	Clean Lean Protein*	Just Natural	500g	CLP500-JN	34.48	56.50	
	Clean Lean Protein*	Rich Chocolate	500g	CLP500-RC	34.48	56.50	
	Clean Lean Protein*	Smooth Vanilla	500g	CLP500-SV	34.48	56.50	
	Clean Lean Protein*	Wild Strawberry	500g	CLP500-WS	34.48	56.50	
	Clean Lean Protein*	Just Natural	1 kg	CLP1KG-JN	60.60	99.95	
	Clean Lean Protein*	Rich Chocolate	1 kg	CLP1KG-RC	60.60	99.95	
	Clean Lean Protein*	Smooth Vanilla	1 kg	CLP1KG-SV	60.60	99.95	
	Clean Lean Protein*	Wild Strawberry	1 kg	CLP1KG-WS	60.60	99.95	
	Good Green Vitality*	Pineapple/Vanilla	120g	GGV120	27.27	45.00	
	Good Green Vitality*		300g	GGV300	63.63	105.00	
	Good Green Vitality*		750g	GGV750	127.27	210.00	
	Kids Good Stuff*	Vanilla Caramel	225g	KG5225VC	27.27	45.00	
	Kids Good Stuff*	Rich Chocolate	225g	KG5225RC	27.27	45.00	
	Kids Good Stuff*	Wild Strawberry	225g	KG5225WS	27.27	45.00	
THERAPURE							
QTY	PRODUCT		SIZE	CODE	W/S \$ excl. GST	RRP \$ incl. GST	
	my berberine plus* ^(NEW)	Highly absorbable Berberine to assist optimal glucose and carbohydrate metabolism	60s	PC2695	24.40	44.80	
	my hair*	Comprehensive mix of herbs and nutrients to strengthen hair, skin + nails	120s	PC2414	26.90	49.40	
	my immune cold + flu*	Potent mix of herbs and nutrients to relieve cold + flu symptoms/support recovery	60s	PC2294	19.90	36.60	
	my immune support*	Immune supportive herbs, mushrooms + nutrients to strengthen immunity	120s	PC2295	24.90	45.80	
	my liposomal D + K †	Synergistic Vitamin D and K blend to support bone, immune and heart health	50ml	PC2293	24.95	45.85	
	my liposomal glutathione*	Highly bioavailable form of Glutathione for antioxidant support	50ml	PC2350	30.30	49.95	
	my pure magnesium*	Magnesium glycinate form for cognitive, vascular + musculoskeletal support	90s	PC2173.90TH	19.95	36.65	
			180s	PC2173.180TH	33.00	59.90	
	my menopause* ^(NEW)	Synergistic botanical formulation that supports healthy oestrogen activity	60s	PC2707.60	18.80	34.10	
	my organic PHGG*	Soluble dietary fibre + prebiotic from the guar bean plant and supports gut health	250g	CMTHPHGG25	23.62	34.43	
	my prenatal methyl†	Contains Zinc + Active B9, to support a healthy pregnancy + foetal development	90s	PC1894	40.77	67.27	
	myskin*	Bio-active blend of nutrients and herbs to support all levels of skin function	120s	PC1927	36.90	67.80	
	my testosterone* ^(NEW)	Synergistic blend of high purity botanicals for supporting healthy hormone levels	60s	PC2738	24.90	43.80	
	pure collagen peptides + c	Hydrolysed Collagen + Vit C to support collagen and skin formation + function	480g	PC2038.480	36.30	66.80	
	ionic dry body brush ^(NEW)	Stimulate skin, detox + lymph flow with this 100% natural and sustainably made dry brush		TPIDBBRUSH	19.40	34.95	
MTHFR RANGE							
QTY	PRODUCT	FORM	SIZE	CODE	W/S \$ excl. GST	RRP \$ incl. GST	
	B6 liquid*	Liquid	Active B6 to support immunity, mental wellbeing + nervous system function	100ml	CMMB6100	23.64	41.61
	folate 100 drops*	Liquid	Source of Levomefolic acid (L-5MTHF), the biologically active form of folate	30ml	CMTHF10030	21.03	34.70
	hydroxy B12 100 drops*	Liquid	Activated B12 to support general health/nervous system if diet inadequate	30ml	CMTHB12H	19.71	32.52
	methyl B12 100 drops*	Liquid	Activated B12 to support general health & nervous system if diet inadequate	30ml	CMTHB12M	19.79	32.65
	total B drops*	Liquid	Multi-B that supports nervous system, general health + wellbeing	100ml	CMTPBD100	23.62	41.57
	total B folinic*	Capsules	Activated B vitamins without methyl groups	60s	CMTHBTF60	29.43	48.55
SIV							
QTY	PRODUCT	FORM	SIZE	CODE	W/S \$ excl. GST	RRP \$ incl. GST	
	Biome Balance Serum*	Serum	Supports skin microbiome + improves skin resilience with adaptive Bacillus spores	15ml	SIVBBS	66.00	119.00

* Vegan | † Vegetarian

ORDERS OVER \$200 ARE FREIGHT FREE

Product orders placed before 12pm QLD time will be dispatched the same day.
All efforts will be made to meet these processing times for orders placed Mon to Fri.

ESTIMATE OF DELIVERY TIMES:

Orders will take between 1-3 working days for delivery, remote areas will take 3-5 working days.
Larger orders over 10 kgs will take 2-4 days for delivery, remote areas for these parcels will take 4-6 working days.

Our Team

Our success lies with great people with the highest levels of integrity and honesty with a focus on innovation.
We are passionate about natural healthcare and dedicated to excellence across all areas.

Area Managers & Technical Support



JESS MORLAND
QLD Area Manager



BROOKE MARION
NSW Area Manager



LUCY MASON
WA Area Manager



HEATHER LANG
VIC Area Manager



NICK BREEN
Education Specialist



NICOLA DIMASI
Technical Support



ROCHELLE HOLROYD
Technical Support



JANELLE CLANCY
Technical Support



MAREE BEDFORD
Technical Support

The Thera Health Team



AMAL KARL
Executive Officer



JYOTSANA KARL
Financial Controller



MITCHELL STOKES
Commercial Manager



COLIN VANPRASEUTH
IT & Management
Accountant



ALLISSA COLLIER
Business Development &
Strategy Manager



SHARNEE O'NEILL
Accounts and
Operations Manager



NERISSE POTGIETER
Office Manager



EMMA LEADBETTER
Brand Manager



SAVANNAH DUNN
Marketing Manager



JANNAT BHARGAL
Marketing Coordinator



MIRANDA PARTRIDGE
Marketing Coordinator



LISANDRO JUDAYA
Web and Digital
Design Specialist



NAMITA DAVEY
Digital Projects Lead



VASU CHHABRA
Lead Software Developer



TIANA TAMA
Customer Service



JADI NASH
Customer Service



SHARLANE REID
Customer Service



DEBBIE COOPER
Customer Service



REGAN HAYWARD
Customer Service



KAYLA ROBERTSON
Customer Service



PETA KING
Customer Service



SOPHIE CLANCY
Testing Warehouse



GEORGIA BROWN
Warehouse Operations



CALLUM TE KAHU
Warehouse Operations



CARLIE DANN
Office Assistant



MACKENZIE BROWN
Products Warehouse



CARLEE MIERS
Testing Warehouse

Notes

Notes

Notes

*Australian distributor of
world-class health supplements*





THERA Health Pty



@therahealth

18/93 Rivergate Pl, Murarrie, QLD 4172 | P 1800 203 327 | Support@TheraHealth.com.au | TheraHealth.com.au