



COMPANY CATALOGUE

Q4 2023

Redefining Health

We work with healthcare practitioners to bring their patients personalised care that's unique to them.

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About us

We are passionate about helping your patients achieve optimum health through personalised care.



Our purpose

We work with healthcare practitioners to bring their patients personalised care that's unique to them.

We believe that every one of us is an individual when it comes to our health. We don't follow a one-size fits all approach.

Where it all began

RN Labs began in Brisbane in 2012 after realising a clinical need for higher quality products and pathology tests that would allow a more personalised approach to healthcare.

Our mission was to provide Australian practitioners with well-researched healthcare products and services from around the globe.

As we grew and listened to our clients, we decided to further fill the gaps in the Australian practitioner supplement market. Our RN Labs product label was born in 2014; products made from the purest possible ingredients and with no harsh

excipients, for better patient outcomes.

Today, thousands of healthcare practitioners and their

patients around Australia trust us to provide them with the very best available healthcare products, tools and education.

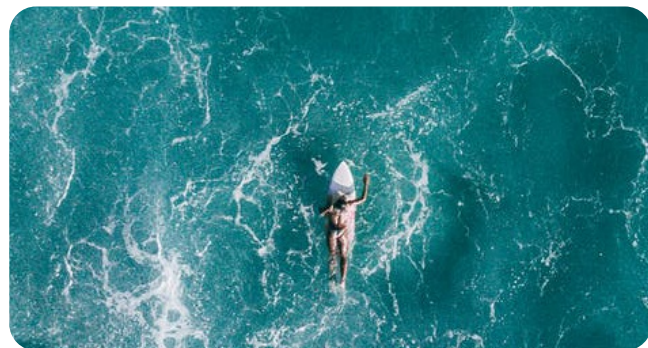
We continue to listen to our clients and deliver new and evidence-based products to improve the health of their patients.



What drives us

What drives us is trust. We understand there is nothing more important than one's health and we are driven to uphold the trust that practitioners and their patients place in us.

What drives us is helping all Australians achieve their own version of optimal health, so they can keep doing the things they love.



Why Partner With RN Labs?



CLINICALLY EFFECTIVE PRODUCTS & TESTS

We are committed to improving client outcomes through products & tests of the highest level of purity, quality and innovation. We are relentlessly curious about how we can improve on the status-quo, and tirelessly search for the best - because nothing else will do when it comes to your health.



CUSTOMISED SUPPLEMENTS

We care about your patients. We love what we do and strive towards playing our part in helping your patients flourish. Through our pure nutritional compound powders you can offer your patients custom products that are suited to their unique needs.



PASSIONATE ABOUT EDUCATION

We believe education is the key to improving healthcare for everyone. We love sharing what we know and are passionate leaders in bringing healthcare practitioners valid and accurate education and training, across all aspects of natural health and individualised care.



EXCELLENCE IN SUPPORT

We like to listen to our customers on how we can provide them with the best possible service. As a result, our customer service and technical support standards are of the highest standard. We also proudly offer same-day dispatch on orders.



CLINICAL TOOLS

Our quick and easy online patient ordering system and results direct to your clinic software are just a few of the many tools we offer our practitioners to help streamline your time with patients.

Online Resources

**PRACTITIONER HUB**



All your clinic needs in one place!

Don't forget to watch our helpful videos on how to use the website to get you started in no time.

Plus, sign up to be listed on our Find a Practitioner platform so you can be found by more clients.

**ONLINE CATALOGUE**



Quick & easy access to complete, up-to-date product & test information and downloadable resources in a few clicks.

You can order products anytime using our quick online ordering form.

**PATIENT DATABASE**



Authorise products and tests for patients, view your patient order history, and more.

Access your patient test results anytime by visiting your secure Test Result Dashboard. Search by patient name to quickly and easily locate results. You can also email them to your patient direct from your dashboard.

**PATIENT RESOURCES**



Patients can complete their functional test with ease with our FAQs and helpful videos which are provided on our website.



QUICK TIPS

- Your website and education portal User Name is your RN Labs Customer Code.
- Your default password is also your Customer Code. We strongly advise you to change your password via the Practitioner Access section of the website.
- If you are experiencing difficulties logging in or forgot your password, simply click 'forgot password' to have a reset link emailed to you (this may land in your junk-mail).
- Visit the 'Practitioner Hub' section for our 'Quick Links' - our most commonly requested resources for quick and easy access

rnlabs.com.au 

Educational Portal

Visit the RN Labs Education Portal for instant access to webinar & seminar recordings on any device, many of them free! Watch anywhere, anytime and gain CPE Points. Electronic certificates of attendance are generated instantly upon completion.

Below are some of our most popular webinar recordings.



GI Mini Keynotes

By clinicians Dr. Julia Malkowski, Deborah Smart, and Nicole Smit

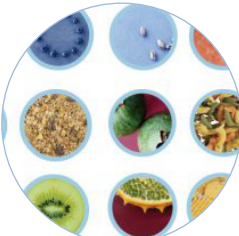
FREE



Foundational Fertility

By Leah Hechtman, MScMed (RHHG), BHSc (Naturopathy)

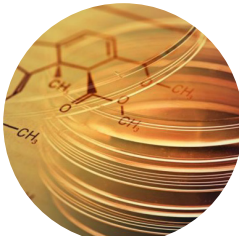
\$30



Food Inflammation Testing

By Dr Joel Evans, MD

FREE



Mould And Mycotoxin Testing For The Body And Home

By Dr. Jasmyne Brown ND

FREE



Nutritional Compounding 101

By Warren Maginn, BHSc. Nutr. Med. GradCert. Hum. Nutr.

Only \$29



Anxiety, Fear and Resilience: How to Survive & Thrive

By Dr Carrie Jones, ND, MPH

FREE



Genetics of Health – DNA Life Certification

By DNA Life

FREE



Organic Acid Testing: A Clinician's Perspective

By Elizma Lambert

Only \$15

Our Product Ranges



FAQs

How do I place product orders with RN Labs?

You can place orders via [RNLabs.com.au](https://rnlabs.com.au), by phone, or by email.

Is there a minimum order amount?

There is no minimum or maximum order amount.

However orders under \$200 incur a \$14.50 freight charge. Orders over \$200 are freight free.

How long do product orders take to arrive?

Estimated delivery times are as follows:

- Brisbane & Gold Coast: 1-2 business days
- Sydney & Melbourne: 2-3 business days
- Other areas in QLD, NSW & VIC: 3-4 business days
- SA, NT, WA: 2-4 business days

Note: If your order has been placed after 12 pm QLD time this may add 1 business day to the above estimates.

How do I pay RN Labs for my orders?

If you have signed up for a monthly account, a tax invoice is sent with your parcel that contains our bank account

information. You can pay by direct deposit, visit our website to pay by credit card, or call us to pay by credit card.

If you have signed up for a 'pay before dispatch' account, we will charge your credit card as soon as you have placed your order. Your paid invoice will still be included in the parcel.

TIP

You can find more detailed information & resources on any of our products at [RNLabs.com.au](https://rnlabs.com.au)

Patient Product Ordering

1



Practitioner Authorisation

Click [Start New Product Authorisation](#) when logged in at [hub.RNLabs.com.au](https://hub.rnlabs.com.au)

A video on how to authorise products can also be found [here](#).

Add your patient by entering their name and email, and select what products you would like to authorise.

TIP

Create a shortcut on your computer for quick access

2



Patient Order & Delivery

Your patient will instantly receive a secure link by email, to select from their personalised products list, complete delivery & payment information, and submit the order.

The products are delivered by courier direct to your patient's door within 5 working days.

3



Practitioner rebate

You will receive the difference between wholesale & RRP (30%) on all patient product orders as a monthly rebate. This can be offset to your RN Labs invoices, or deposited into your bank account on a monthly basis.

As well as being able to view details of your patient orders from your online dashboard, you will also be emailed a monthly summary of patient activity containing your monthly rebate amount.

You can also view your authorisations and whether your patients have placed an order via your My Patients section of the Practitioner Hub.

Important notes

It remains the practitioner's duty of care to oversee what products your patients have access to. Product access can be edited quickly and easily from your patient ordering dashboard - which takes effect for your patient immediately.

It remains the practitioner's duty of care to advise your patients on dose and why they are taking the prescribed product/s. Patients who contact RN Labs with technical (non-admin) questions will be referred back to their practitioner. Please ensure you are available to your patient for any such enquires.

RN Labs Products

EXCEPTIONALLY PURE PRACTITIONER-ONLY PRODUCTS THAT YOU CAN TRUST.



QUALITY

We seek and use the highest grade ingredients and materials available.

ETHICS

A conscience for what is beneficial to the consumer and the community at large.

INTEGRITY & TRUST

Truth and transparency in labeling
Uncompromising integrity, supporting the natural health industry as a whole.

PURITY

Employing unparalleled purity standards in manufacturing and sourcing (verified by testing).

ACTIVITY & EFFICACY

Unique, well researched formulations, using the most active and appropriate ingredients available to the Australian market.

LOW SENSITIVITY

Developed to meet the needs of even the most sensitive patients - no harsh or irritating excipients for patient comfort, safety and efficacy.
Use capsules over tablets.



WE CARE ABOUT YOUR PATIENTS.

RN Labs deliver premium-grade practitioner-only supplements, formulated using minimal excipients for optimum patient outcomes. Our objective is to assist in providing the best possible care for patients, by delivering products of the highest purity, quality and efficacy.



UNPARALLELED PURITY STANDARDS

We only select ingredients from suppliers that can guarantee purity, proven by testing. Our quality standards are adhered to and continuously measured to maintain manufacturing excellence.



LOW-EXCIPT MANUFACTURING

There are allowable fillers in widespread use which facilitate easier manufacturing - these are not required to be listed on the label. Unnecessary fillers and excipients may have a detrimental effect on people who have a compromised health status.



CLINICAL VALIDATION

RN Labs will always select the most scientifically validated forms of nutrients for their intended purposes. Premium quality nutrients enhance biological activity and utility, and may reduce potential digestive or metabolic burdens.



UNCOMPROMISING INTEGRITY

RN Labs products are designed to individualise treatment needs.
We believe in a holistic and targeted approach to healthcare, that supports the unique expression of health and vitality in each individual.

AT RN LABS, WE DO NOT ASK FOR YOUR TRUST.
WE EARN YOUR TRUST, ONE BOTTLE AT A TIME.



RN Labs: Full Label Transparency

Why Care About Excipients?

Excipients can cause intolerance reactions in sensitive individuals, and can potentially also interact or interfere with the efficacy and function of some of the active ingredients in a product (as well as potentially diluting their overall potency).

It is therefore always desirable to minimise the number and amount of excipients used, as well as to select only the most benign and necessary excipients available.

Producing this type of formulation requires extensive development work to achieve, and yields products that often represent greater value, and are more effective and suitable for sensitive patients, so that they can be taken and prescribed with greater clinical confidence in all individuals.

Why worry if there's something in your prescribed supplements that's interfering with your patient's optimum wellness?

With RN Labs, there's one less thing to worry about - knowing that you are giving your patient a pure, hypoallergenic product that you and your patient can rely on. It's that simple.

RN Labs will always offer capsules over tablets (except when necessary as in lozenges), as tablets by their very nature require binders and tableting aids.

The few excipients that RN Labs select to use are either neutral, or even beneficial.

Examples include:

- Hypromellose / Microcrystalline Cellulose (pure plant fibre)
- Leucine (primary amino acid in protein)
- Colloidal Silica (inert mineral)

RN Labs have always provided full label transparency - meaning everything in the bottle is listed on the label.

RN Labs will always list the full form description for each ingredient (for maximum clarity of the form and potency being provided).

Each Vegetarian Capsule Contains:	
Thiamine Hydrochloride.....	56 mg
Equiv. to Thiamine.....	50 mg
Riboflavin-5-Phosphate sodium.....	25 mg
Equiv. to Riboflavin.....	20 mg
Nicotinamide (Niacinamide).....	150 mg
Calcium Pantothenate.....	218 mg
Equiv. to Pantothenic Acid.....	200 mg
Pyridoxal-5-Phosphate.....	29.2 mg
Equiv. to Pyridoxine.....	20 mg
Calcium Folate.....	540 mcg
Equiv. to Folic Acid.....	500 mcg
Hydroxycobalamin.....	500 mcg
Inositol.....	100 mg
Biotin.....	500 mcg
Excipients: Leucine, Colloidal Anhydrous Silica	



Other companies may only list the simplified vitamin terminology and quantities.

All capsule & tablet products (and powder, liquid formulas that aren't single ingredients) will have excipients. However, many products will not present them on the label.

Some commonly used excipients have higher potential for interfering interactions and reactions, such as: Stearates/Stearic Acid, Polyethylene Glycol (PEG or Macrogol), Carageenan, Sugars (Fructose, Lactose, etc.), Artificial Flavours, Artificial Vitamins (dl-alpha-tocopherol), etc.

RN Labs Product Guide



ADRENAL & ENERGY

- AdrenaForte
- Fe-Restore
- Pantothenic B5
- Niacinamide B3
- Nicotinamide Riboside (NR)
- Thyro Fortify
- Adaptex
- Iodine & Tyrosine
- Mito-Charge
- Medi Restore
- Core Nutrients with Collagen



HORMONES & METABOLISM

- Lipotropex
- TraceMins Complex
- Iodine & Tyrosine
- Pantothenic B5
- Active B6
- Medi Restore
- Estro Fortify
- Berbersorb
- Core Nutrients with Collagen
- Fe-Restore
- Tri-Factor
- Magnesium Citrate
- Cal:Mag 1:1
- Mixed Mag Forte
- Andro Fortify
- Progest Fortify
- Zinc Glycinate
- Thyro Fortify
- Bergastat



METHYLATION

- BioActive B-Complex
- Sublingual Hydroxy-B12
- Methyl Fortify
- Nicotinamide Riboside (NR)
- Active B6
- Folinic Acid
- L-5MTHF
- Niacinamide B3



GUT & NERVOUS SYSTEM

- GI Defence
- TraceMins Complex
- Active B6
- Medi Restore
- Tri-Factor
- Zinc Glyconate
- Digest Enhance
- Micro Clear
- Cal:Mag 1:1
- Mixed Mag Forte
- Magnesium Glycinate
- Core Nutrients with Collagen



IMMUNITY & INFLAMMATION

- Curcutex
- Quercesorb
- TraceMins Complex
- Selenium
- Micronised PEA
- Zinc Glycinate
- Tri-Factor
- Medi Restore
- Core Nutrients with Collagen
- GI Defence



SKIN & HAIR

- Pantothenic B5
- Tri-Factor
- TraceMins Complex
- Zinc Glycinate
- Core Nutrients with Collagen
- Thyro Fortify
- Active B6
- Medi Restore
- Niacinamide B3
- Nicotinamide Riboside (NR)



Active B6

RN Labs Active B6 is a yeast-free, biologically active form of vitamin B6. Pyridoxal-5-Phosphate is the metabolically active form of vitamin B6 found in the body, and is known to be necessary for the transformation and utilisation of amino acids for many functions in the body, including energy production and neurotransmitter synthesis. Activated B6 plays a crucial role in supporting the Methylation and Transsulfuration pathways and is involved in the production of hemoglobin, intrinsic factor, and is a vital component in the formation of the myelin sheath that surrounds nerve cells.

Active B6 60 capsules	AUST-L: 357138
Each Capsule Contains:	
Pyridoxal-5-Phosphate	50 mg
Equivalent to Pyridoxine	34.2 mg
Excipients: Leucine, Microcrystalline Cellulose, Hypromellose (Capsule), Colloidal Anhydrous Silica. Suitable for vegans.	

STATEMENTS AND WARNINGS

This product contains Pyridoxal-5-Phosphate which may be dangerous when used in large amounts or for a long time.

If pregnant, consult your healthcare practitioner before using this product.

The use of supplemental P5P has not been associated with toxicity, although the inactive form, pyridoxine, has been associated with peripheral neuropathy.



Adaptex

RN Labs Adaptex (Adaptogen Complex) delivers a synergistic blend of botanical adaptogens for supporting the maintenance of a healthy stress response.

Adaptex 60 capsules	AUST-L: 373633
Each Capsule Contains:	
Withania Somnifera (Ashwagandha) Root Extract	200 mg
From Withania Somnifera Dry Root	4 g
Eleutherococcus Senticosus (Siberian Ginseng) Root Extract	150 mg
From Eleutherococcus Senticosus Dry Root	2.25 g
Centella Asiatica (Gotu Kola) Whole Plant Extract	100 mg
From Centella Asiatica Dry Whole Plant	1 g
Ocimum Tenuiflorum (Holy Basil) Leaf Extract	100 mg
From Ocimum Tenuiflorum Dry Leaf	1 g
Rhodiola Rosea Root Extract	100 mg
From Rhodiola Rosea Dry Root	800 mg
Excipients: Leucine, Hypromellose (Capsule), Silicified Microcrystalline Cellulose, Maltodextrin (Corn), Colloidal Anhydrous Silica. Suitable for vegans.	

STATEMENTS AND WARNINGS

Given the potential for Withania and Siberian Ginseng to lower excessive blood sugar levels, monitoring blood glucose in those taking anti-diabetic medications would be prudent.

Rhodiola Rosea has demonstrated CYP450 inhibitory activity. It is therefore recommended to monitor the efficacy of doses of any other co-prescribed medications.

Avoid use during pregnancy and lactation.



AdrenaForte

RN Labs AdrenaForte delivers a synergistic botanical formulation that supports the maintenance of healthy Cortisol levels and Cortisol activity in the body, when deficient.

May assist in alleviating the symptoms of low mental and physical energy, low blood pressure, low adrenal output and stress capacity.

AdrenaForte 60 capsules	AUST-L: 373634
Each Capsule Contains:	
Panax Ginseng Root Extract	200 mg
From Panax Ginseng Dry Root	2 g
Ginkgo Biloba Leaf Extract	100 mg
From Ginkgo Biloba Dry Leaf	5 g
Glycyrrhiza Glabra (Licorice) Root Extract	75 mg
From Glycyrrhiza Glabra Dry Root	600 mg
Sodium Ascorbate	113 mg
Equiv. Ascorbic Acid (Vitamin C)	100 mg
Excipients: Leucine, Hypromellose (Capsule), Silicified Microcrystalline Cellulose, Colloidal Anhydrous Silica. Suitable for vegans.	

STATEMENTS AND WARNINGS

Licorice may cause elevated blood pressure after extended use (e.g. 2 weeks). Avoid use in those with existing high blood pressure, and incorporate regular washout periods in those who may develop elevated blood pressure from licorice supplements.

Use in Pregnancy: Avoid use.

Panax Ginseng may be stimulating to some individuals.



Andro Fortify

RN Labs Andro Fortify is a synergistic blend of high purity botanicals for supporting healthy sexual function and hormone levels, such as Testosterone.

Andro Fortify 60 capsules	AUST-L: 373636
Each Capsule Contains:	
Tribulus Terrestris Root Extract	150 mg
From Tribulus Terrestris Dry Root	7.5 g
Equiv. to 45% Furostanol Saponin (Protodioscin)	68 mg
Tribulus Terrestris Fruit Extract	100 mg
From Tribulus Terrestris Fruit Extract	5 g
Equiv. to 40% Furostanol Saponins	40 mg
Pinus Radiata (Pine) Stem Bark Extract	100 mg
From Pinus Radiata Dry Stem Bark	10 g
Excipients: Leucine, Hypromellose (Capsule), Silicified Microcrystalline Cellulose, Colloidal Anhydrous Silica. Suitable for vegans.	

STATEMENTS AND WARNINGS

Tribulus and Pine Bark are generally considered safe and well tolerated.

Use in Pregnancy: Due to the potential for Tribulus to alter hormone levels, it would be advisable to avoid dosing during pregnancy.



Berbersorb

RN Labs Berbersorb delivers metabolically active Berberine in a phytophospholipid complex for maximum absorption, specifically to assist in the maintenance of healthy blood sugar levels.

Berbersorb 60 capsules	AUST-L: 390318
Each Vegetarian Capsule Contains:	
Berberis® Berberine Phytosome®	250 mg
containing Berberis aristata root dry ext. concentrate	105 mg
equivalent to dry Berberis aristata root	5.52 g
standardised to contain Berberine	75 mg
Excipients: Pea powder, Lecithin (Sunflower), Hypromellose (Capsule), Vitis vinifera (Grape) seed extract, Leucine, Microcrystalline Cellulose, Hyprolose, Colloidal Anhydrous Silica.	
Suitable for vegans.	

STATEMENTS AND WARNINGS

In some cases high doses of Berberine may have transient gastrointestinal symptoms, however it is generally well tolerated, in its Phytosome® form within recommended doses.

Not recommended for use by pregnant and lactating women.



Bergastat

RN Labs Bergastat is a highly absorbable Bergamot extract in Phytosome form.

This scientifically studied formula has been shown in clinical trials to reduce serum cholesterol and improve blood markers of lipid metabolism, while also supporting liver function.

Bergamot phyto-phospholipid is synergistically paired with Artichoke extract for maximum efficacy, to assist in the maintenance of healthy Cholesterol and support overall cardiovascular system health.

Bergastat 60 capsules	
Each Vegetarian Capsule Contains:	
Vazguard Bergamot Phytosome	AUST-L: 416221 500 mg
containing Citrus limon (Bergamot)	
fruit juice extract dry concentrate	200 mg
from Citus limon (Bergamot) fresh fruit juice	12 g
standardised to contain total Flavones	80 mg
Cynara scolymus dry leaf extract concentrate	100 mg
from dry Cynara scolymus (Globe Artichoke) leaf	1 g
Excipients: Leucine, Microcrystalline Cellulose, Hypromellose (Capsule), Lecithin (Sunflower), Medium Chain Triglycerides, Acacia, Maltodextrin (Corn), Liquid Glucose, Colloidal Anhydrous Silica.	
Suitable for vegans.	

STATEMENTS AND WARNINGS

Bergastat is considered to be well tolerated within typical dosage ranges.

If symptoms persist consult your healthcare practitioner.

Safety has not been confirmed during pregnancy & lactation.



STATEMENTS AND WARNINGS

This product contains Pyridoxal-5-Phosphate which may be dangerous when used in large amounts or for a long time.

In doses typically administered for therapeutic purposes, folic acid is considered non-toxic. At doses over 10mg daily, gastrointestinal complaints, insomnia, irritability, and fatigue have been reported.

The activity of various B vitamins may affect, or be affected by, the presence of certain medications, including anticonvulsant, anti-inflammatory medications, and Warfarin. Qualified consultation is advised when using these concomitantly.



BioActive B-Complex

RN Labs BioActive B-Complex is a pure, balanced and hypoallergenic source of metabolically active forms of B complex vitamins, which have been demonstrated to support a range of metabolic processes, including energy production, detoxification processes, neurological health, stress response and hormone balance.

The bioactive, yet unmethylated, forms are used to support optimal activity, without causing over-stimulation, particularly in sensitive patients.

Providing a highly versatile foundation to further supplementation (including the methylated vitamin forms).

BioActive B Complex 60 capsules	AUST-L: 391937
Each Capsule Contains:	
Thiamine Hydrochloride	56 mg
Equiv. to Thiamine	50 mg
Riboflavin Sodium Phosphate	25 mg
Equiv. to Riboflavin	20 mg
Nicotinamide (Niacinamide)	150 mg
Calcium Pantothenate	218 mg
Equiv. to Pantothenic Acid	200 mg
Pyridoxal-5-Phosphate	29.2 mg
Equiv. to Pyridoxine	20 mg
Calcium Folate	540 micrograms

Equiv. to Folic Acid	500 micrograms
Hydroxocobalamin	500 micrograms
Inositol	100 mg
Biotin	500 micrograms
Excipients: Leucine, Hypermellose (Capsule), Colloidal Anhydrous Silica.	
Suitable for vegans.	

Cal:Mag 1:1

RN Labs Cal:Mag 1:1 contains a balanced combination of bioavailable Electrolytes, for synergistic and comprehensive metabolic support. This formulation ensures that both Calcium and Magnesium are present in the required amounts to perform their interconnected physiological actions, such as maintaining optimum bone health.

Magnesium is a necessary nutrient for the assimilation of Calcium into bones, as well as for activating Vitamin D in kidneys. Without the presence of adequate Magnesium, a high Calcium intake may increase the risk of arterial calcification (CVD) and Kidney Stones.

Cal:Mag 1:1 60 capsules	AUST-L: 373902
Each Capsule Contains:	
Magnesium Citrate	484 mg
Equiv. to elemental Magnesium	75 mg
Calcium Citrate Tetrahydrate	356 mg
Equiv. to elemental Calcium	75 mg
Excipients: Leucine, Hypromellose (Capsule), Colloidal Anhydrous Silica	
Suitable for vegans.	

STATEMENTS AND WARNINGS

High Dose/Long-Term Calcium supplementation may require assessment of serum electrolytes to confirm maintenance within healthy ranges.

Assessment of sufficient fat-soluble vitamins (such as Vitamin D, Vitamin A and Vitamin K) may also be required to ensure optimum metabolism of Calcium.

It may be advisable to avoid elemental doses of Calcium greater than 500mg per day without appropriate testing.

If symptoms persist consult your healthcare practitioner.



Curcutex

RN Labs Curcutex delivers a highly absorbable form of curcumin, using soy-free proprietary Meriva®* phytosome complex technology. Curcumin has been shown to significantly reduce oxidation, inflammation and pain, offering the potential to support a broad range of health conditions.

- Soy-Free Meriva uses Sunflower Phospholipids instead of typical Soy-based Phytosome/Liposome technology.
- Curcuminoids include: Curcumin, Bisdemethoxycurcumin, Demethoxycurcumin.

Curcutex 60 capsules	AUST-L: 371893
Each Capsule Contains:	
Curcumin	90 mg
From Meriva® Curcumin Phytosome®	500 mg
Stand. to contain Curcuminoids (Total)	100 mg
Equiv. Curcuma Longa Fresh Rhizome	15 g
Excipients: Leucine, Hypromellose (Capsule), Lecithin (Sunflower), Microcrystalline Cellulose, Silicified Microcrystalline Cellulose, Colloidal Anhydrous Silica. Suitable for vegans.	

STATEMENTS AND WARNINGS

At doses typically administered for therapeutic purposes curcumin is not associated with toxicity.

Meriva® is supported by 18 clinical trials confirming its safety and efficacy, and demonstrating effectiveness for joint health and a healthy inflammatory response after exercise and similar exertion.

Clinical studies conducted with Meriva® on patients demonstrated significant improvements to joint health related to stiffness, physical function and overall quality of life. Visit RNLabs.com.au for links to these studies.



Digest Enhance

RN Labs Digest Enhance is a combination of ingredients that target the stimulation of effective and efficient digestion.

It is ideal for individuals who might benefit from further digestive support, by supporting optimum digestion and inhibiting bacterial overgrowth.

Digest Enhance 120 capsules	AUST-L: 367191
Each Capsule Contains:	
Zingiber Officinale (Ginger) Root Powder	70 mg
Hydrolysed Collagen	50 mg
Peppermint Oil	3 mg
Excipients: Betaine Hydrochloride (500 mg), Leucine Hypromellose (Capsule), Silicified Microcrystalline Cellulose, Colloidal Anhydrous Silica	

STATEMENTS AND WARNINGS

Do NOT bite or chew capsules. (To be taken as whole capsules only).

Avoid use in cases of existing stomach ulcers (until mucous membranes have healed).

Avoid laying down for 1 hour after taking.

Appropriately smaller doses in pregnancy may be suitable to support digestion if all ingredients are well tolerated.

Most commonly experienced adverse effect may relate to heartburn sensations at excessive doses. Lower or cease doses until tolerance is restored.



Core Nutrients with Collagen

RN Labs Core Nutrients with Collagen is a comprehensive and synergistic blend of essential nutrients for preventing nutrient deficiencies, supporting collagen formation, connective tissue synthesis, and gastrointestinal membrane health, as well as calming inflammation, assisting liver detoxification, quenching free radicals, helping with energy production, managing a healthy stress response and nervous system function.

Core Nutrients with Collagen is designed to be suitable for even the most sensitive individuals, so that essential nourishment can be achieved within any clinical program, especially those requiring dietary restrictions and the elimination of foods due to intolerances.

Powerful therapeutic doses provide clinical benefits beyond dietary needs alone, and helps consolidate multiple supplement categories into a single easy-to-take formula, making a tasty and cost-effective solution for a wide variety of clinical situations.

- ✓ Great tasting natural vanilla flavour
 - ✓ Provides clinical doses of essential nutrients
 - ✓ Helps nourish depleted body systems
 - ✓ Provides gentle detoxification support
 - ✓ Formulated for sensitive patients
- ✓ Supports connective tissue including GIT mucosa
 - ✓ Supports nervous system resilience and stress response
 - ✓ Assists healthy blood glucose management

GENTLY NOURISHING FOR EVERYONE

Core Nutrients with Collagen delivers a nutritionally balanced and pleasantly palatable combination of essential nutrients that has been thoughtfully formulated to be suitable for even the most sensitive patients.

It delivers therapeutic doses of core nutrients to provide extra clinical support, above and beyond addressing any nutritional gaps for patients on restrictive diets.

The inclusion of gentle and readily absorbable pure collagen peptides helps provide additional nourishment and support to sensitive patients needing essential nutrients during periods of growth, or tissue repair and recovery.

IMPROVING ENERGY PRODUCTION

Core Nutrients with Collagen provides a therapeutic dose of nutrients that work together to assist energy production such as B vitamins, which are well known for their biochemical activity throughout the body for a variety of important processes.

B vitamins have been shown to play a key role in alleviating perceived mental and physical fatigue including poor cognition and low mood.

ENHANCING CONNECTIVE TISSUE

Many nutrients in this formula such as Zinc, Vitamin C, Manganese, as well as hydrolysed collagen contribute towards strength and regeneration of tissues.

BALANCING BLOOD GLUCOSE LEVELS

One study revealed just 250mg of elemental Magnesium for three months provided sufficient amounts to improve glycaemic control in patients with Type 2 Diabetes Mellitus (T2DM).

Similarly, a systematic review was conducted evaluating the use of Zinc in patients with Diabetes Mellitus using doses between 30-50mg elemental Zinc per day for an average of three to six months. Results of this review saw significant improvements in glucose and lipid metabolism.

SUGGESTED USE

Adults take 16g (approx. 1 level scoop) mixed with at least 200ml water daily, or as directed by a healthcare practitioner.

KNOWN SIDE EFFECTS

Due to the potency and quantities of therapeutic ingredients, doses may need to be divided throughout the day or taken with food for maximum absorption, digestive comfort, and efficacy.

STATEMENTS & WARNINGS

FOR PRACTITIONER DISPENSING ONLY.

Contains therapeutic doses of nutrients.

Contains zinc which may be dangerous if taken in large amounts or for a long period.

This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

If pregnant, consult your healthcare practitioner before using this product.

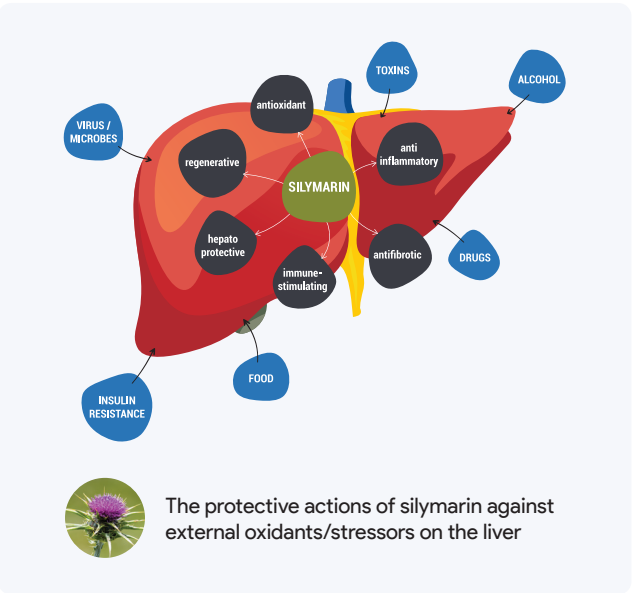
WHY DOES THE FORMULA CONTAIN VEGETABLE OIL?

Please note that the Total Fat content of the formula is predominantly delivered via healthy medium chain triglycerides (from coconut) that assist with energy production. Only a minute trace of vegetable oil (micrograms) is included as a necessary carrier of Vitamin D (and therefore does not notably contribute to the overall energy content or fatty acid balance of the formula).

Supplement Facts

Core Nutrients with Collagen 448 grams	AUST-L: 395936
Each 16g Dose (Approx. 1 Level Scoop) Contains:	
Hydrolysed Collagen (Bovine)	10 g
Glycine	1.5 g
Taurine	350 mg
Ascorbic Acid (Vitamin C)	250 mg
Choline Bitartrate	30 mg
Thiamine Hydrochloride	21.6 mg
equiv Thiamine	17 mg
Riboflavin Sodium Phosphate	6.58 mg
equiv Riboflavin	5 mg
Nicotinamide (Niacinamide)	50 mg
Calcium Pantothenate	54.6 mg
equiv Pantothenic Acid	50 mg
Pyridoxal-5-Phosphate Monohydrate	15.7 mg
equiv Pyridoxine	10 mg
Levemefolate Glucosamine	360 micrograms
equiv Levomefolic acid (L-5MTHF)	200 micrograms
Hydroxocobalamin	200 micrograms
Biotin	50 micrograms
Colecalciferol	10 micrograms
equiv Vitamin D3	400 IU
Magnesium Citrate	330 mg
equiv elemental Magnesium	50 mg
Calcified Lithothamnion Species (Red Algae)	156 mg
equiv elemental Calcium	50 mg
Zinc Citrate Dihydrate	47 mg
equiv elemental Zinc	15 mg
Manganese Gluconate	8.1 mg
equiv elemental Manganese	1 mg
Selenomethionine	125 micrograms
equiv elemental Selenium	50 micrograms
Chromium Nicotinate	194 micrograms
equiv elemental Chromium	24 micrograms
Molybdenum Trioxide	75 micrograms
equiv elemental Molybdenum	50 micrograms
Potassium Iodide	66 micrograms
equiv elemental Iodine	50 micrograms
Silybum marianum (Milk Thistle) extract dry conc.	150 mg
stand to contain Silymarin	120 mg
equiv Silybum marianum dry fruit	10.5 g
Zingiber officinale (Ginger) rhizome extract dry conc.	50 mg
equiv Zingiber officinale dry rhizome	500 mg
Excipients: Medium Chain Triglycerides (MCTs), Glycine, Siraitia grosvenorii (Monk Fruit) extract, Natural Vanilla Flavour, Colloidal Anhydrous Silica, Vegetable Oil, dl-alpha-tocopherol (Vitamin E).	

Nutritional Panel Serving Size: 16 g (1 scoop)		
	Quantity per 16 g serve	Quantity per 100 g
Energy	237 kJ (57 Cal)	1481 kJ (354 Cal)
Protein	11.85 g	74.06 g
Fat, Total	1 g	6.25 g
- Saturated	1 g	6.25 g
Carbohydrate, Total	0.08 g	0.5 g
- Sugars	0 g	0 g
Fibre	0.05 g	0.31 g
- Soluble	0	0 g
- Insoluble	0.05 g	0.31 g
Note: Nutritional Panel is not printed on the Core Nutrients with Collagen label due to TGA product guidelines (as a natural medicine rather than a food)		



OPTIMISING NATURAL DETOXIFICATION

Silymarin flavonolignans found in Milk Thistle extract are understood to have an affinity for hepatic tissue. A meta-analysis on 587 patients across 8 randomised control trials (RCTs) found significant reductions in alanine aminotransferase (ALT) and aspartate aminotransferase (AST) in Silymarin treatment groups compared to other interventions.

Silymarin has been shown to be well tolerated, even in those with fatty liver disease.

It also demonstrates antioxidant, hepatoprotective, restorative and blood glucose balancing actions.

Selenium is also a key nutrient for liver health due to its place in Glutathione conjugation and free radical scavenging. Selenomethionine plays an important role in protecting against oxidative stress.

One study indicated that antioxidant therapy such as 50ug Selenium and 500mg Vitamin C over four months, provided adequate levels to improve antioxidant defences and liver function tests when compared to placebo.

Estro Fortify

RN Labs Estro Fortify delivers a synergistic botanical formulation that supports healthy Oestrogen activity.

May assist in the reduction of low Oestrogen symptoms such as hot flushes & sleep disturbances during menopause and perimenopause. Formulated to also support healthy hormonal levels in women of reproductive age.

Estro Fortify 60 capsules	AUST-L: 373053
Each Capsule Contains:	
Actaea Racemosa (Black Cohosh) Rhizome Extract	100 mg
From Actaea Racemosa Dry Rhizome	400 mg
Asparagus Racemosus (Shatavari) Root Extract	100 mg
From Asparagus Racemosus Dry Root	600 mg
Trifolium Pratense (Red Clover) Herb Top Extract	50 mg
From Trifolium Pratense Dry Flowering Top	200 mg
Pinus Radiata (Pine) Bark Extract	15 mg
From Pinus Radiata Dry Stem Bark	1.5 g
Excipients: Leucine, Microcrystalline Cellulose, Hypromellose (Capsule), Maltodextrin (Corn), Colloidal Anhydrous Silica. Suitable for vegans.	

STATEMENTS AND WARNINGS

Theoretically, taking large amounts of Black Cohosh with hepatotoxic medications and/or during compromised liver function, may increase the risk of liver damage (e.g. due to inhibition of CYP450 enzymes).

Avoid use during pregnancy and lactation.

The evidence that Black Cohosh causes liver damage is not conclusive. Until more is known, monitor patients who take Black Cohosh for signs of compromised liver function.



Fe-Restore

RN Labs Fe-Restore is a pure and hypoallergenic source of highly absorbable iron.

Unlike other forms of supplemental iron, iron bisglycinate does not cause common side effects, and therefore provides optimum bioavailability and ease of prescribing.

Fe-Restore 30 capsules	AUST-L: 383257
Each Capsule Contains:	
Iron (II) Glycinate	129 mg
Equivalent to elemental Iron	24 mg
Excipients: Hypromellose (Capsule), Leucine, Microcrystalline Cellulose, Colloidal Anhydrous Silica. Suitable for vegans.	

STATEMENTS AND WARNINGS

Iron supplementation is not recommended in patients with haemochromatosis. Iron is considered safe during pregnancy. Serum iron testing is highly recommended for monitoring iron status before and during iron supplementation.

At the recommended doses typically administered for therapeutic purposes, iron bisglycinate is considered non-toxic. Due to its highly favourable absorption characteristics, digestive distress is unlikely.

Concomitant use of iron supplements with ACE inhibitors, levodopa/carbidopa, quinolone/tetracycline antibiotics, L-thyroxine, antacids, H2-receptor antagonists, PPIs, cholestyramine, penicillamine or sulfasalazine may result in reduced absorption and efficacy of the medication, the iron, or both. Take any such medications 2 hours before or 4-6 hours after iron supplement intake.



Folinic Acid

RN Labs Folinic Acid is a pure and hypoallergenic source of metabolically active, yet unmethylated and therefore less over-stimulating form of folate. Providing a gentle and invaluable basis to folate supplementation for a broad range of clinical applications.

Folinic Acid 120 capsules	AUST-L: 394271
Each Capsule Contains:	
Calcium Folate	543 micrograms
Equiv. to Folinic Acid	500 micrograms
Excipients: Microcrystalline Cellulose, Hypromellose (Capsule), Leucine, Colloidal Anhydrous Silica. Suitable for vegans.	

STATEMENTS AND WARNINGS

Folate is considered safe during pregnancy.

In doses typically administered for therapeutic purposes, folinic acid is considered non-toxic. At doses over 10mg daily, gastrointestinal complaints, insomnia, irritability, and fatigue have been reported.

The activity of folinic acid may affect, or be affected by, the presence of certain medications, including anticonvulsant and anti-inflammatory medications. Qualified consultation is advised when using these concomitantly.



GI Defence

RN Labs GI Defence is a break-through gut support formula that is great tasting, multi-faceted, and clinically potent.

GI Defence harnesses the power of Amla to support gut membrane integrity and healing and calm mild digestive symptoms. The ingredients in GI Defence can promote healthy flora, supports detoxification processes, and help regulate inflammatory/immune response.

GI Defence 210 grams	AUST-L: 337394
Each 6g Dose (Approx. 1 Scoop) Contains:	
Glutamine	2,500 mg
Larix (Larch) Arabinogalactan	1,500 mg
Phyllanthus emblica (Amla) fruit extract	1,000 mg
Equiv. to dry fruit	10,000 mg
Pectin (Apple)	250 mg
Ascorbic Acid (Vitamin C)	125 mg

Althaea officinalis (Marshmallow) root extract	200 mg
Equiv. to dry fruit	400 mg
Polaprezinc (Zinc Carnosine)	73.26 mg
Equiv. to elemental Zinc	15.75 mg
Excipients: Glycine, Siraitia grosvenorii (Monk Fruit) extract, Malic Acid, Natural Lemon Flavour, Colloidal Anhydrous Silica, Stevia rebaudiana leaf extract (Stevia). Sugar free - all-natural low-calorie sweeteners. No colours, preservatives or artificial flavours. Suitable for vegans.	

STATEMENTS AND WARNINGS

NOTE: Due to the clinical potency of this formula, some symptoms may be experienced when taking this product.

It is common for gastrointestinal symptoms to occur when undertaking any gut-repair program or making changes to the diet. Typically these subside over time.

Drinking sufficient water for hydration as well as eating wholefoods in the diet can assist this process.

Starting with partial doses may be necessary for patients with particularly sensitive stomachs.

To avoid nausea symptoms from zinc, ensure adequate hydration and avoid taking on an empty stomach.

Contains zinc which may be dangerous if taken in large amounts or for a long period.

If pregnant, consult your healthcare practitioner before using this product.

Caution is advised in patients taking anticoagulants and/or antithrombotic medication with Amla dosage >500mg.



Inflamasoothe Trio

RN Labs InflamaSoothe Trio delivers a synergistic formulation that helps reduce oxidation, inflammation and pain, offering the potential to support a broad range of inflammatory health conditions.

Inflamasoothe Trio 60 capsules	AUST-L: 390938
Each Vegetarian Capsule Contains:	
Palmitrol (PEA)	150 micrograms
Casperome® Boswellia Phytosome®	125 micrograms
Contains Boswellia serrata gum ext.	42 micrograms
Equiv. to Boswellia serrata dry gum	378 micrograms
Equiv. Boswellic Acids	31 micrograms
Meriva® Curcumin Phytosome®	125 micrograms
Meriva® Curcumin Phytosome®	25 micrograms
Equiv. to Curcuma longa dry rhizome	4.13 g
Equiv. Curcuminoids	25 micrograms
Excipients: Leucine, Hypromellose (Capsule), Lecithin (Sunflower), Microcrystalline Cellulose, Calcium Hydrogen Phosphate Dihydrate, Colloidal Anhydrous Silica Suitable for vegans.	

STATEMENTS AND WARNINGS

TGA guidelines specify a maximum of 600mg of PEA per day (4 capsules) due to limitations in study data available. However, practitioners retain the right to make dosing recommendations according to their own clinical judgement, knowledge of the case at hand, or their own further research. Some practitioners have used considerably more especially during intensive dosing periods.

GA guidelines specify a maximum dosing duration of 21 days due to limitations in study data available. However, PEA has a long history of being used by practitioners for extended periods.

This product is intended for adults only.

Avoid during pregnancy and lactation.

At typical doses Curcumin, PEA and Boswellia are generally well tolerated.



Iodine & Tyrosine

RN Labs Iodine and Tyrosine is made without flowing agents that can inhibit bioavailability. The thyroid hormones regulate the metabolism of proteins, fats, and carbohydrates, affecting how humans use these compounds to produce energy. The thyroid hormones are also essential to the proper development and differentiation of all cells of the human body (affecting multiple systems and aspects of body function). The thyroid hormones are comprised largely of the amino acid L-tyrosine and the element iodine. Thus, a deficiency of either or both, could contribute to suboptimal thyroid hormone levels.

Iodine & Tyrosine 60 capsules	AUST-L: 360738
Each Capsule Contains:	
L-Tyrosine	500 mg
Iodine (as Potassium Iodide)	225 micrograms
Excipients: Hypromellose (Capsule), Colloidal Anhydrous Silica. Suitable for vegans.	

STATEMENTS AND WARNINGS

If pregnant, consult your healthcare practitioner before using this product.

It is advised to monitor the use of iodine supplementation in patients taking thyroid medication, such as thyroxine.

Those with a known 'allergy' to iodine should avoid use of this product. If unknown, monitor for signs of allergic reaction such as nausea, vomiting, itching, or flushing.



L-5MTHF

RN Labs L-5MTHF is a pure and highly bioavailable form of folate. Directly facilitating methyl group donation in the body, L-5MTHF supports numerous metabolic processes for optimum healing, development, detoxification, mental health and wellbeing.

L-5MTHF 120 capsules		AUST-L: 394270
Each Capsule Contains:		
Levomefolate Glucosamine		902 micrograms
Equiv. Levomefolic acid (L-5MTHF)		500 micrograms
Excipients: Microcrystalline Cellulose, Hypromellose (Capsule), Leucine, Colloidal Anhydrous Silica.		
Suitable for vegans.		

STATEMENTS AND WARNINGS

Folate is considered safe during pregnancy.

In doses typically administered for therapeutic purposes, 5-MTHF is considered non-toxic. At doses over 10mg daily, gastrointestinal complaints, insomnia, irritability, and fatigue have been reported.

Whilst some concern exists that supplementation with high doses of folic acid could mask a vitamin B12 deficiency, supplementation with 5-MTHF appears to sidestep this potential problem. Since 5-MTHF can only be converted to 5,10-methylenetetrahydrofolate (involved in DNA synthesis) after participating in homocysteine recycling with vitamin B12, 5-MTHF will not mask a B12 deficiency.

The activity of 5-MTHF may affect, or be affected by, the presence of certain medications, including anticonvulsant and anti-inflammatory medications. Qualified consultation is advised when using these concomitantly.



Lipotropex

RN Labs Lipotropex is a foundational nutritional liver support formula, that supports optimal liver function, is clinically versatile, and tastes great.

It contains a synergistic blend of high quality ingredients that can be taken with minimal potential for interference with other aspects of clinical care.

Lipotropex 300 grams		AUST-L: 270098
Each Level Scoop (3g) Contains:		
Taurine		500 mg
Glycine		450 mg
Inositol		350 mg
Acetyl Levocarnitine Hydrochloride		350 mg
Choline Bitartrate		250 mg
Silybum marianum (Milk Thistle) ext.		250 mg
From minimum dry fruit (seed)		17,5 g
Contains std. Silymarin		200 mg
Ascorbic Acid (Vitamin C)		125 mg
Selenomethionine		37 micrograms
Equiv. to Selenium		15 micrograms
Excipients: Glycine, Colloidal Anhydrous Silica, Natural Lemon Lime Flavour, Siraitia grosvenorii (Monk Fruit) extract, Stevia rebaudiana leaf extract (Stevia).		
Suitable for vegans.		

STATEMENTS AND WARNINGS

Note: Those with liver congestion, bile and gallbladder congestion, poor lipid digestion, etc. are all cases that could benefit from use of this formula over time, however may initially experience nausea. In such conditions it is recommended to start at a lower dose and to slowly increase the dosage over time as tolerated.

All ingredients are considered well tolerated.



Magnesium Citrate

RN Labs Magnesium Citrate is a highly-absorbed citrate chelate form of magnesium. Magnesium is present in all cells of the body and is involved in over 300 enzymatic processes, including energy production. May assist with muscular cramps of the legs (during pregnancy, nocturnal). May assist in reducing migraine frequency.

Magnesium Citrate 90 capsules 180 capsules		AUST-L: 323775
Each Capsule Contains:		
Magnesium Citrate		970 mg
Equiv. to elemental Magnesium		150 mg
Excipients: Colloidal Anhydrous Silica, Hypromellose (Vegetarian Capsule)		
Suitable for vegans.		

STATEMENTS AND WARNINGS

If pregnant, consult your healthcare practitioner before using this product.

Gas, bloating or diarrhoea may occur in some individuals taking magnesium supplements. This can occur at varying amounts depending on the individual and resolved when the amount is reduced.



Magnesium Glycinate

RN Labs Magnesium Glycinate is a highly absorbed glycinate chelate form of magnesium, delivering magnesium for over 300 enzymatic processes in the body, including supporting brain and nervous system health.

Magnesium Glycinate 90 capsules 180 capsules		AUST-L: 383255
Each Capsule Contains:		
Magnesium Glycinate		750 mg
Equiv. elemental Magnesium		150 mg
Excipients: Hypromellose (Capsule), Leucine, Colloidal Anhydrous Silica.		
Suitable for vegans.		

STATEMENTS AND WARNINGS

If pregnant, consult your healthcare practitioner before using this product.

Mineral supplements should not replace a balanced diet.

Gas, bloating or diarrhoea may occur in some individuals taking magnesium supplements. This can occur at varying amounts depending on the individual and resolved when the amount is reduced.



Methyl Fortify

RN Labs Methyl Fortify contains a balanced and synergistic blend of methylfolate (L-5MTHF), methyl-B12, and choline, each serving as an external source of methyl (CH3) groups to the body.

Activated vitamin B2 and B6 provide additional cofactor support for optimum metabolism.

Invaluable for delivering highly focused clinical methylation support, and the optimisation of cardiovascular, neurological and detoxification function.

Methyl-Fortify 60 capsules	AUST-L: 270112
Each Vegetarian Capsule Contains:	
Riboflavin Sodium Phosphate	31.7 mg
Equiv. to Riboflavin	25 mg
Pyridoxal-5-Phosphate (P5P)	29.2 mg
Equiv. to Pyridoxine	20 mg
Levomefolate Calcium	550 micrograms
Equiv. to Levomefolic acid (L-5MTHF)	500 micrograms
Mecobalamin (co-methylcobalamin)	1000 micrograms
Choline Dihydrogen Citrate	300 mg
Excipients: Leucine, Microcrystalline Cellulose, Tapioca Starch, Colloidal Anhydrous Silica. Suitable for vegans.	

STATEMENTS AND WARNINGS

This product contains Pyridoxal-5-Phosphate which may be dangerous when used in large amounts or for a long time.

In doses typically administered for therapeutic purposes, 5-MTHF is considered non-toxic. At doses over 10mg daily, gastrointestinal complaints, insomnia, irritability, and fatigue have been reported.

Whilst some concern exists that supplementation with high doses of folic acid could mask a vitamin B12 deficiency, supplementation with 5-MTHF appears to sidestep this potential problem. Since 5-MTHF can only be converted to 5,10-methylenetetrahydrofolate (involved in DNA synthesis) after participating in homocysteine recycling with vitamin B12, 5-MTHF will not mask a B12 deficiency.



Micro Clear

RN Labs Micro Clear is a potent combination of botanicals to provide a targeted yet comprehensive anti-microbial effect.

It is ideal for individuals needing to address bowel flora imbalances revealed through clinical stool testing.

It works to inhibit intestinal bacteria overgrowth and helps modulate flora populations.

Micro Clear 60 capsules	AUST L: 367197
Each Capsule Contains:	
Arctostaphylos Uva-Ursi Leaf Extract	200 mg
Equiv. to min Arctostaphylos Uva-Ursi dry leaf	4.5 g
Lythrum Salicaria Herb Extract	200 mg
Equiv. to min Lythrum Salicaria dry herb	2 g
Berberis Vulgaris Stem Bark Extract	100 mg
Equiv. to min Berberis Vulgaris dry stem bark	1 g
Olea Europaea (Olive) Leaf Extract	100 mg
Equiv. to min Olea Europaea dry leaf	1 g
Stand. to contain Oleurepein	24 mg
Punica Granatum Fruit Peel Extract	100 mg
Equiv. to min Punica Granatum dry fruit peel	5 g
Excipients: Leucine, Hypromellose (Capsule), Maltodextrin (from Non-GM Corn), Silicified Microcrystalline Cellulose, Colloidal Anhydrous Silica, Ascorbyl Palmitate (Vitamin C). Suitable for vegans.	

STATEMENTS AND WARNINGS

This product is not intended for use during pregnancy.

Intolerances to any of the botanical ingredients is rare at typical doses.

Microbial eradication can precipitate a wide variety of symptoms. Adjusting and alternating doses may assist with 'die-off' effects.



SUGGESTED USE

Take 22g (approx. 3 scoops) mixed with at least 200ml water once or twice per day, or as directed by a healthcare practitioner

STATEMENTS & WARNINGS

Contains zinc which may be dangerous if taken in

large amounts or for a long period.

This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

Contains caffeine (7.5mg total caffeine per 22g serve). A cup of instant coffee contains approximately 80mg of caffeine. Caffeine intake more than 200mg per day is not recommended during pregnancy or breast-feeding.

Doses of caffeine over 10mg per day are for adults only.

If pregnant, consult your healthcare practitioner before using this product.

Contains therapeutic doses of nutrients.

Ensure appropriate justifications and investigations have been made before exceeding 6 scoops per day (including evaluation of all other supplements taken).

FAQ: IS MEDI RESTORE VEGAN?

While the rice & pea protein in Medi Restore is of a vegan source, the overall product is not strictly vegan due to the vitamin D3, which is derived from lanolin (sheep's wool).

All other ingredients in Medi Restore are vegan.

WHY DOES THE FORMULA CONTAIN VEGETABLE OIL?

Please note that the Total Fat content of the formula is predominantly delivered via healthy medium chain triglycerides (from coconut) that assist with energy production. Only a minute trace of vegetable oil (micrograms) is included as a necessary carrier of Vitamin D (and therefore does not notably contribute to the overall energy content or fatty acid balance of the formula).

WILL THE CAFFEINE IN THIS PRODUCT BE A PROBLEM FOR ME?

The caffeine content of a standard 22g serve of Medi-Restore is only around 7mg. This is equivalent to around 10-23% of a cup of green tea. Therefore this formula should be well tolerated by those who can readily consume small portions of green tea.

Medi Restore

RN Labs Medi Restore is a great tasting, highly concentrated nutritional support formula.

The formula is comprised of low allergen, synergistic ingredients to support numerous body processes and systems including digestion, detoxification, immune function, inflammatory balance, tissue repair and healthy weight management.

Medi Restore 616 grams	AUST-L: 383954	Magnesium Citrate	330 mg
Each 22g Dose (Approx. 3 Scoops) Contains:		equiv. elemental Magnesium	50 mg
Oryza sativa (Rice) seed extract dry concentrate	10 g	Calcified Lithothamnion Species (Red Algae)	156 mg
equiv. Oryza sativa dry seed	110 g	equiv. elemental Calcium	50 mg
Pisum sativum (Pea) seed extract dry concentrate	3.32 g	Zinc Citrate Dihydrate	46.6 mg
equiv. Pisum sativum dry seed	16.6 g	equiv. elemental Zinc	15 mg
Glutamine	1.5 g	Manganese Gluconate	8.1 mg
Glycine	1.5 g	equiv. elemental Manganese	1 mg
Larix (Larch) Arabinogalactan	1 g	Selenomethionine	125.4 micrograms
Taurine	350 mg	equiv. elemental Selenium	50 micrograms
Ascorbic Acid (Vitamin C)	250 mg	Chromium Nicotinate	193.6 micrograms
Choline Bitartrate	30 mg	equiv. elemental Chromium	24 micrograms
Thiamine Hydrochloride	21.6 mg	Molybdenum Trioxide	77 micrograms
equiv. Thiamine	17 mg	equiv. elemental Molybdenum	50 micrograms
Riboflavin Sodium Phosphate	6.58 mg	Potassium Iodide	66 micrograms
equiv. Riboflavin	5 mg	equiv. elemental Iodine	50 micrograms
Nicotinamide (Niacinamide)	50 mg	Silybum marianum (Milk Thistle) extract	150 mg
Calcium Pantothenate	54.6 mg	stand. to contain Silymarin	120 mg
equiv. Pantothenic Acid	50 mg	equiv. Silybum marianum dry fruit	10.5 g
Pyridoxal-5-Phosphate Monohydrate	15.7 mg	Camellia sinensis leaf (Matcha Green Tea) powder	250 mg
equiv. Pyridoxine	10 mg	equiv. Caffeine	7.5 mg
Levomefolate Glucosamine	360 micrograms	Zingiber officinale (Ginger) rhizome extract dry concentrate	135 mg
equiv. Levomefolic acid (L-5MTHF)	200 micrograms	equiv. Zingiber officinale dry rhizome	1.35 g
Hydroxocobalamin	200 micrograms	Excipients: Medium Chain Triglycerides (MCTs), Natural Vanilla Flavour, Xanthan Gum, Glycine, Colloidal Anhydrous Silica, Siroitina grosvenorii (Monk Fruit) extract, Stevia rebaudiana leaf extract (Stevia), Vegetable Oil, dl-alpha-tocopherol (Vitamin E). Suitable for vegetarians.	
Biotin	50 micrograms		
Colecalciferol	10 micrograms		
equiv. Vitamin D3	400 IU		

Nutritional Panel		
Serving Size: 22 g (3 scoops)		
	Quantity per 22 g serve	Quantity per 100 g
Energy	335 kJ (80 Cal)	1523 kJ (363 Cal)
Protein	14 g	63.56 g
Fat, Total	1.83 g	8.3 g
- Saturated	1.1 g	4.99 g
Carbohydrate, Total	0.63 g	2.86 g
- Sugars	0 g	0 g
Fibre	2.71 g	12.3 g
- Soluble	0.41 g	1.86 g
- Insoluble	1.3 g	5.9 g
Note: Nutritional Panel is not printed on the Medi Restore label due to TGA product guidelines (as a natural medicine rather than a food)		

- ✓

Great taste to assist high compliance
- ✓

Smooth and easy digestion
- ✓

A complete source of protein
- ✓

Supports overall health and wellbeing
- ✓

Supports healthy digestive function and gut membrane integrity
- ✓

Provides a source of prebiotic fibre for healthy intestinal flora
- ✓

Supports healthy detoxification and liver function
- ✓

Provides anti-inflammatory support
- ✓

Helps to support healthy immune function
- ✓

Maintains healthy muscles
- ✓

FODMAP friendly
- ✓

Dairy/Whey and Soy Free
- ✓

Free from artificial colours, preservatives, and flavours
- ✓

14 grams of protein per 22g serve (28g per double serve)

IMPORTANCE OF PROTEIN IN REVIEW

Amino acids sufficiency is understood to support whole-body homeostasis. Due to new developments of amino acid biochemistry and nutrition, a paradigm shift in nutrition has now led to recognition of the dietary essentiality of both nutritionally essential as well as nutritionally non-essential amino acids, due to the numerous biological processes in which they play important roles, including: regulation of gene expression, cell signaling pathways, digestion and absorption of dietary nutrients, DNA and protein synthesis, proteolysis, metabolism of glucose and lipids, endocrine status, male and female fertility, acid–base balance, antioxidant status, detoxification of xenobiotics and endogenous metabolites, neurotransmission and immunity.

Hou, Y, Yin, Y & Wu, G 2015, 'Dietary essentiality of "nutritionally non-essential amino acids" for animals and humans', Experimental Biology and Medicine, vol. 240, no. 8, pp. 997-1007



Micronised PEA

RN Labs Micronised PEA provides a high purity, highly bioavailable source of micronised Palmitoylethanolamide for maximum clinical efficacy supporting pain and inflammation.

Micronised PEA 60 capsules	AUST-L: 389342
Each Capsule Contains:	
Palmitrol (Palmitoylethanolamide)	300 mg
Excipients: Leucine, Hypromellose (Capsule), Microcrystalline Cellulose, Calcium Hydrogen Phosphate Dihydrate, Colloidal Anhydrous Silica.	

STATEMENTS AND WARNINGS

TGA guidelines specify a maximum of 600mg per day (2 capsules) due to limitations in study data available. However, practitioners retain the right to make dosing recommendations according to their own clinical judgement, knowledge of the case at hand, or their own further research. Some practitioners have used considerably higher doses especially during loading periods.

May interact with other prescription analgesic medicines.

This product is intended for adults only.

Safety has not been confirmed during pregnancy & lactation.

TGA guidelines specify a maximum dosing duration of 21 days due to limitations in study data available. However, PEA has a long history of being used by practitioners for extended periods. Practitioners are advised to follow their own research and judgement to support longer term chronic pain cases.



Mito-Charge Powder

RN Labs Mito-Charge powder has been formulated to provide synergistic and bioavailable ingredients for supporting optimal mitochondrial performance and efficiency.

Mito-Charge is suitable for multiple clinical applications that seek to support core cellular functions.

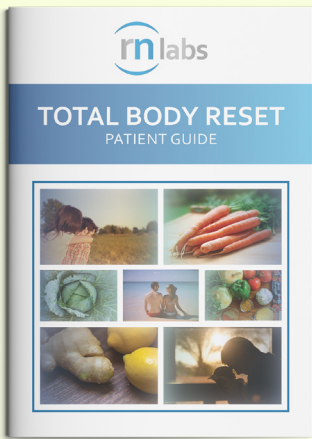
Mito-Charge Powder 210 grams	AUST-L: 394750
Each Scoop (7.5g) Contains:	
Ribose	4.6g
Acetyl Levocarnitine Hydrochloride	1g
Nicotinamide Riboside Chloride	100 mg
Equiv. Ribose	52 mg
Calcium Pyruvate	666 mg
Equiv. Calcium	100 mg
Magnesium Citrate	647 mg
Equiv. Magnesium	100 mg
Calcium Pantothenate	65 mg
Equiv. Pantothenic Acid	60 mg
Taurine	50 mg
Biotin	1 mg
Excipients: Malic Acid, Colloidal Anhydrous Silica Suitable for vegans.	

STATEMENTS AND WARNINGS

If pregnant, consult your healthcare practitioner before using this product.

Contains monosaccharide Ribose. Ribose in large amounts may lower blood sugar levels. Caution should be exercised in those with insulin medicated diabetes. Whilst the body requires sufficient Biotin for normal foetal development, supplementing more than 500 mcg per day may not be advisable during pregnancy due to metabolic/hormone influences.

In large amounts the acidity of malic acid may cause gastrointestinal cramping and discomfort. As with all acid foods avoid brushing teeth immediately after taking to protect dental enamel.



The Total Body Reset Program

Help your patient on their journey to better health with this dietary guide & workbook.

The Medi Restore Total Body Reset program consists of recommended dietary suggestions and nutritional shakes that will assist your patient’s natural healing and regeneration. The program works by optimising key body systems: detox, inflammation, and digestive health.

The complimentary patient guide provided serves as the patient’s own workbook, assisting them through each stage of this 4 week program.

Visit www.RNLabs.com.au to find an e-copy of the Patient Guide via the Products section, or you can request complimentary printed copies with your next RN Labs order.

CASE STUDY

A 27 year old female patient presented with severe bloating, food intolerances (gluten and dairy), lack of energy, low mood, and occasional IBS. She also felt run down and would occasionally be sick for an entire day.

The patient was advised to undertake multiple dietary changes, including reducing portion sizes, ceasing all alcohol consumption, and increasing fruit and vegetable intake. She was also advised to be more fastidious in ensuring trace amounts of gluten and dairy were not in the food she purchased.

Medi Restore was prescribed to help with inflammation, stool regularity, and portion control. The patient consumed Medi Restore as a snack 1-2 times per day. It was consumed either as part of a healthy smoothie or mixed with water.

After just one month, the patient reported feeling better than they had in their whole life, with reduced bloating and regular bowel motions. The patient also reported feeling lighter, more energised, and had experienced an improvement in her mood.

The patient continues to take Medi Restore on a daily basis as a healthy snack or meal replacement.



Mixed Mag Forte

A highly versatile nutrient, Magnesium supports over 300 biological reactions in the body, with certain forms of Magnesium being more readily utilised by some physiological processes over others.

RN Labs great-tasting Mixed Mag Forte Powder contains highly absorbable forms of Magnesium for optimal utilisation by various physiological systems. The presence of multiple chelators enhances and diversifies the affinity of the delivered magnesium to numerous tissues in the body.

Mixed Mag Forte 180 grams	AUST-L: 367672
Each 3g Dose (Approx. 2 Scoops) Contains:	
Magnesium Citrate	1,295 mg
Equiv. to elemental Magnesium	200 mg
Magnesium Glycinate Dihydrate	641 mg
Equiv. to elemental Magnesium	75 mg
Magnesium Orotate Dihydrate	381 mg
Equiv. to elemental Magnesium	25 mg
Taurine	250 mg
Glycine	150 mg
Excipients: Malic Acid, Siraitia grosvenorii (Monk) Fruit Extract, Natural Lemon Flavour, Colloidal Anhydrous Silica, Stevia rebaudiana leaf extract (Stevia).	
Suitable for vegans.	

STATEMENTS AND WARNINGS

Excess intake may have a laxative effect (reduce and space out doses as required to ameliorate).



Niacinamide B3

RN Labs Niacinamide B3 is a pure and hypoallergenic source of non-flushing vitamin B3 with a host of potential clinical applications stemming from its universal role throughout human body metabolism, such as for supporting cellular mitochondrial energy production and anti-ageing, detoxification, skin protection, and calming of neurological over-excitation (including from overmethylation).

Niacinamide B3 120 capsules	AUST-L: 394754
Each Vegetarian Capsule Contains:	
Nicotinamide (Niacinamide)	250 mg
Excipients: Microcrystalline Cellulose, Hypromellose (Capsule), Leucine, Colloidal Anhydrous Silica.	
Suitable for vegans.	

STATEMENTS AND WARNINGS

The use of supplemental nicotinamide at doses of 1,000mg or less has not commonly been associated with side effects.

Note, however, that the alternate form, niacin, has been associated with skin flushing, itching, and burning sensations at high doses.



Nicotinamide Riboside NR

RN Labs Nicotinamide Riboside delivers a highly bioavailable, well tolerated, non-flushing form of Vitamin B3, that serves as an active precursor to NAD+ in the body.

Nicotinamide Riboside has been shown to support numerous metabolic pathways including energy production, cognition, cardiovascular health, and more.

Nicotinamide Riboside NR 60 capsules	AUST-L: 419551
Each Vegetarian Capsule Contains:	
Nicotinamide Riboside Chloride	300 mg
Equiv. Ribose	155 mg
Excipients: Hypromellose (Capsule), Colloidal Anhydrous Silica.	
Suitable for vegans.	

STATEMENTS AND WARNINGS

Safety has not been confirmed during pregnancy & lactation.

Generally well tolerated.



Pantothenic B5

RN Labs Pantothenic B5 is a pure and hypoallergenic source of vitamin B5 for flexible dosing within focused clinical applications, such as optimising skin integrity and healing, adrenal health and stress resilience, healthy hormone and energy metabolism.

Pantothenic B5 120 Capsules	AUST-L: 407112
Each Vegetarian Capsule Contains:	
Calcium Pantothenate	546 mg
Equiv. to Pantothenic Acid	500 mg
Excipients: Leucine, Hypromellose (Capsule), Microcrystalline Cellulose, Colloidal Anhydrous Silica.	
Suitable for vegans.	

STATEMENTS AND WARNINGS

High doses of vitamin B5 have not commonly been associated with side effects. Although doses of 10-20 grams may cause diarrhoea.

Patients on Warfarin may be at increased risk of bleeding if they substantially increase their intake of vitamin B5.

Vitamin B5 may increase the effects of anti-cholinesterase inhibitors.

Caution is advised when using these concomitantly.



Progest Fortify

RN Labs Progest Fortify is a synergistic blend of high purity botanicals for supporting healthy hormone balance and reducing the symptoms of premenstrual tension.

Progest Fortify 60 capsules	AUST-L: 235362
Each Capsule Contains:	
Vitex Agnus-Castus (Chaste Tree) Fruit Extract	125 mg
From Agnus-Castus Dry Fruit (Berry)	1.25 g
Passiflora Incarnata (Passion Flower) Herb Top Extract	25 mg
From Passiflora Incarnata Dry Herb Top	500 mg
Excipients: Leucine, Microcrystalline Cellulose, Hypromellose (Capsule), Maltodextrin (Corn), Colloidal Anhydrous Silica. Suitable for vegans.	

STATEMENTS AND WARNINGS

Increased Progesterone production may increase the capacity to fall pregnant.

Avoid use during pregnancy and lactation.

Vitex Agnus-Castus is considered safe and well tolerated. Any side effects associated are generally transient and mild.

Gastro-intestinal irritation and headaches are sometimes reported.

Interactions: Vitex Agnus-Castus may affect female reproductive hormones and medicines such as oral contraceptives. Consider the goals of the patient before use.

Because of its action on dopaminergic receptors, caution should be used when patients are taking Dopamine agonists and anti-psychotic medications.



Quercesorb

RN Labs Quercesorb delivers a highly absorbable & bioavailable form of Quercetin using patented phytosome technology.

Quercesorb offers greater clinically effective delivery of active ingredients. Scientific studies demonstrate that Phytosome formulations show better solubility, pharmacokinetic and efficacy characteristics than non-phytosome formulations.

Quercetin has been shown to significantly reduce oxidation, inflammation, pain, moderate histamine and support the immune system. It therefore has the potential to support a broad range of health conditions related to areas such as allergy, skin inflammation, anti-viral defense, cardiovascular health, weight management & metabolic function, as well as novel uses for exercise recovery in athletes.

Quercesorb 60 Capsules	AUST-L: 342174
Each Capsule Contains:	
Quercetin Dihydrate	85 mg
From Indena Quercetin (Phytosome)	250 mg
Excipients: Lecithin (Sunflower), Leucine, Hypromellose (Capsule), Maltodextrin (Potato), Microcrystalline Cellulose, Colloidal Anhydrous Silica. Suitable for vegans.	

STATEMENTS AND WARNINGS

Induces CYP1A1 therefore may alter metabolism of compounds that share this enzyme pathway.



Selenium

RN Labs Selenium capsules help to prevent dietary selenium deficiency, for the maintenance of healthy thyroid hormones, antioxidant support and the support of detoxification processes.

Selenium 60 capsules	AUST L 389882
Each Vegetarian Capsule Contains:	
Selenomethionine	373 micrograms
Equiv. to elemental Selenium	150 micrograms
Excipients: Leucine, Hypromellose (Capsule), Microcrystalline Cellulose, Colloidal Anhydrous Silica. Suitable for vegans.	

STATEMENTS AND WARNINGS

Safety has not been confirmed during pregnancy & lactation.

Selenium is toxic in high doses, it is recommended that a daily dose of 150 micrograms for adults of selenium from dietary supplements not be exceeded.



Sublingual Hydroxy-B12

RN Labs Sublingual Hydroxy-B12 is a pure and hypoallergenic form of vitamin B12.

Delivered in a stable, great-tasting, and highly-absorbable lozenge that won't over-stimulate even the most sensitive patients, when taken at appropriate doses, whilst effectively supporting clinically focused vitamin B12 needs.

Sublingual Hydroxy-B12 120 Lozenges	AUST-L: 322298
Each Lozenge Contains:	
Hydroxocobalamin	1,000 micrograms
Excipients: Xylitol, Microcrystalline Cellulose, Colloidal Anhydrous Silica. Suitable for vegans.	

STATEMENTS AND WARNINGS

High doses of vitamin B12 have not commonly been associated with side effects. However, doses of Xylitol higher than the recommended dose range may result in bloating or diarrhoea in some individuals.



Thyro Fortify

RN Labs Thyro Fortify is a synergistic blend designed to support thyroid gland health and functioning, and healthy thyroid hormone synthesis, as well as supporting energy levels in the body.

Thyro Fortify 60 capsules	AUST L 401058
Each Vegetarian Capsule Contains:	
Tyrosine	400 mg
Zinc Citrate Dihydrate	46.7 mg
Equiv. Zinc	15 mg
Pyridoxal-5-Phosphate Monohydrate	15 mg
Equiv. Pyridoxine	9.6 mg
Potassium Iodide	327 micrograms
Equiv. Iodine	250 micrograms
Hydroxocobalamin	250 micrograms
Selenomethionine	124 micrograms
Equiv. Selenium	50 micrograms
Menaquinone 7 (Vitamin K2)	45 micrograms
Excipients: Leucine, Hypromellose (Capsule), Microcrystalline Cellulose, Colloidal Anhydrous Silica, Maltodextrin (Corn).	
Suitable for vegans.	

STATEMENTS AND WARNINGS

Selenium is toxic in high doses, it is recommended that a daily dose of 150 micrograms for adults of selenium from dietary supplements not be exceeded.

Safety has not been confirmed during pregnancy and lactation.

Those with a known ‘allergy’ to Iodine should avoid use of this product. If unknown, monitor for signs of allergic reaction such as nausea, vomiting, itching, or flushing.



Tri-Factor

RN Labs Tri-Factor provides a synergistic blend of key nutrient cofactors (zinc, B6, magnesium) in highly bioavailable forms. Involved in hundreds of enzymatic processes, these combined cofactors can support numerous biological processes such as neurotransmitter production, membrane fatty acid metabolism, detoxification and energy production.

Tri-Factor 60 Capsules	AUST-L: 373901
Each Vegetarian Capsule Contains:	
Magnesium Citrate	645 mg
Equivalent to Magnesium	100 mg
Pyridoxal-5-Phosphate	21.9 mg
Equivalent to Pyridoxine	15 mg
Zinc Citrate (Dihydrate)	37.3 mg
Equivalent to Zinc	12 mg
Excipients: Leucine, Microcrystalline Cellulose, Colloidal Anhydrous Silica.	

STATEMENTS AND WARNINGS

Supplementing high doses of Zinc (e.g. >50mg) for a sustained period of time may decrease copper levels in the body.

Gas, bloating or diarrhoea may occur in some individuals taking magnesium supplements. This can occur at varying amounts depending on the individual and resolved when the amount is reduced.

Consumption of zinc-containing supplements on an empty stomach may cause nausea or gastrointestinal cramping. In such cases, consume with food and/or reduce dose.

The use of supplemental P5P has not been associated with toxicity, although the inactive form, pyridoxine, has been associated with peripheral neuropathy.



TraceMins Complex

RN Labs TraceMins Complex is a uniquely balanced, synergistic and comprehensive formula, containing highly bioavailable forms of all primary trace elements, suitable for multiple clinical applications. Trace mineral supplementation may play an important role in hormone health, maintaining healthy blood glucose levels, energy production, antioxidant mechanisms, and immune health.

TraceMins Complex 90 Capsules	AUST-L: 373064
Each Vegetarian Capsule Contains:	
Zinc Citrate	62.2 mg
Equiv. elemental Zinc	20 mg
Manganese (II) Glycinate	7.4 mg
Equiv. elemental Manganese	2 mg
Molybdenum Trioxide	90 mcg
Equiv. elemental Molybdenum	60 mcg
Selenomethionine	130 mcg
Equiv. elemental Selenium	50 mcg
Chromium Nicotinate	200 mcg
Equiv. Elemental Chromium	25 mcg
Excipients: Leucine, Hypromellose (Capsule), Tapioca Starch, Microcrystalline Cellulose, Calcium Hydrogen Phosphate Dihydrate, Colloidal Anhydrous Silica.	

STATEMENTS AND WARNINGS

This product contains selenium, which is toxic in high doses. A daily dose of 150mcg, for adults, of selenium from dietary supplements should not be exceeded.

Supplementing high doses of zinc (e.g. ≥50mg) for a sustained period of time may decrease copper levels in the body.

Consumption of zinc-containing supplements on an empty stomach may cause nausea or gastrointestinal cramping. In such cases, consume with food and/or reduce dose.



Zinc Glycinate

RN Labs Zinc Glycinate is a highly bioavailable Zinc capsule that can assist in replenishing nutritional Zinc deficiencies and improve immunity.

Zinc Glycinate has been shown to support neuroendocrine function and aid blood glucose metabolism.

Zinc Glycinate 120 capsules	AUST L 389803
Each Vegetarian Capsule Contains:	
Zinc Glycinate	125 mg
Equiv. to elemental Zinc	25 mg
Excipients: Leucine, Glycine, Hypromellose (Capsule), Microcrystalline Cellulose, Citric Acid, Colloidal Anhydrous Silica.	
Suitable for vegans.	

STATEMENTS AND WARNINGS

It is advisable to monitor blood Zinc and Copper levels during any prolonged supplementation, in order to prevent potential copper deficiencies/imbalances.

Supplemental Zinc is commonly considered acceptable for use during pregnancy and lactation.

Avoid prolonged use without wash out periods. Taking zinc before meals on an empty stomach may result in nausea.

Taking with meals, as well as lowering and/or dividing doses may help reduce this effect.



Offer your patients a customised formula that's as unique as they are.

RN Labs sources only the highest quality raw ingredients to deliver this unique range, and are proud to be market leaders in making these innovative compounding ingredients available to Australian practitioners.

These pure compounds are additive-free, so are suitable for even the most sensitive individuals.

Each bottle is clearly labelled with ingredient density, to facilitate ease of dosage calculations, and a scoop may be provided to assist with accurately determining patient doses according to your clinical judgement.



How to Compound

Custom compounded nutritional supplements can be a highly valuable addition to your practice for offering truly personalised healthcare for patients. If you are new to compounding, here are some basic steps to get you started.



Private Consult with Patient

Determine ingredients and dose based on the patient's unique requirements.

- This consult must occur privately with individual patient (excluded from the public)



Mix Ingredients

Use clean and food-safe equipment and containers for mixing ingredients. Simply measure out the required amounts into a larger container (such as a large tupperware container) and give it a good shake.

- Product must be manufactured on the premises
- Visit edu.RNLabs.com.au for a detailed webinar on how to determine amounts and mix ingredients.



Dispense

Dispense into a suitable empty container and tighten the lid until you hear the 'click', sealing the finished product.

- You can order empty dispensing containers from RN Labs



Price Product

Calculate the cost of raw ingredients used and add your preferred mark-up to arrive at a sell price to your patient (added to your consultation billing).

- You can order empty dispensing containers from RN Labs



Label the finished product

As well as following your own good clinic log procedures, make sure you label the product as per the example label below.

- You can purchase blank labels from RN Labs, or print your own labels:
Find an e-fillable template by visiting the Clinic Resources section of our website.

PATIENT NAME Joe Bloggs	PATIENT DOB 10/10/1980	PRACTITIONER NAME Mary Doe
CONTENTS Glycine, Taurine	DATE 1/10/2021	PRACTITIONER CONTACT DETAILS Good Health Clinic 123 Wellness St Ph 0400 100 200
DIRECTIONS 5 ml (1 teaspoon) mixed in water twice daily		
TAKE ONLY AS DIRECTED - KEEP OUT OF REACH OF CHILDREN		

Compounding FAQs

+ WHAT IS NUTRITIONAL COMPOUNDING?

Nutritional compounding is the creation of a particular product to fit the unique needs of a patient. To do this, compounding practitioners combine appropriate ingredients.

+ WHY COMPOUND?

A few reasons why compounding is becoming increasingly common amongst health practitioners are:

- Accessing otherwise unavailable ingredients, thereby gaining increased positive results
- Obtaining the exact dose needed for each particular ingredient
- Financial benefits
- Increased patient compliance - combining multiple ingredients into one convenient dose

+ WHO CAN COMPOUND?

As long as you are an eligible healthcare practitioner, you are entitled to compound. Eligible practitioners include Nutritionists, Naturopaths, and Herbalists, on the condition of registration/membership with a professional association.

+ IS COMPOUNDING EXEMPT FROM TGA REGULATION?

Medicines that are dispensed, or extemporaneously compounded by healthcare practitioners are exempt from requirement to register on the ARTG.

+ IS THE RN LABS COMPOUNDING RANGE 'PRODUCTS'?

No - they are raw ingredients for extemporaneous use. Only after a qualified practitioner recommends the ingredient/s for their patient with the specified dose, can it be considered a finished supplement for ingestion.

+ WHAT DOES 'EXTEMPORANEOUS' MEAN?

adj. Carried out or performed with little or no preparation; impromptu ('tempor' meaning time - in the current time, as 'one of a kind').

+ WHY IS THERE NO RECOMMENDED DOSE PROVIDED?

As these are raw ingredients and not finished products, the prescribing healthcare practitioner must therefore use their own qualified professional judgement (based on their understanding and knowledge of the person and case). Each bottle is clearly labelled with ingredient density, to facilitate ease of dosage calculations, and a scoop may be available to assist with accurate dispensing.

+ CAN I PRESCRIBE SINGLE INGREDIENTS?

Yes - your clinical judgement may classify a single ingredient suitable for use as a finished product. You will simply need to provide the applicable dose, labelling and instructions to your patient.

+ CAN I MIX INGREDIENTS WITH EXISTING SUPPLEMENT POWDERS?

Yes - some practitioners choose to mix RN compounding ingredients with RN Labs' Medi Restore or Mito Charge, so the patient can enjoy the convenience of shaking the mixture with water in one easy drink.

+ IS THERE A SIMPLE WAY TO CALCULATE MY PATIENT'S DOSE FOR A MIXED FORMULA?

We recommend using the online calculator to easily and quickly calculate your formula, cost, and your prescribed dose per ingredient as a total daily amount for your patient to take. To access this useful tool, visit: warrenmaginn.com/compounding-calculator

For a limited time you can gain access to the calculator at a 90% discount by watching the [Nutritional Compounding 101](#) webinar recording presented by Warren Maginn. You can find this on the RN Education Portal: edu.RNLabs.com.au

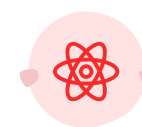
RN Labs Product Guide

ALL COMPOUNDS ARE LISTED IN ALPHABETICAL ORDER ON THE FOLLOWING PAGES



ADRENAL & ENERGY

- Acetyl L-Carnitine
- Ascorbic Acid
- Citrulline
- DL-Phenylalanine
- Inositol
- Tyrosine



NERVOUS SYSTEM

- 5-HTP
- Benfotiamine
- CDP-Choline
- Acetyl L-Carnitine
- DL-Phenylalanine
- GABA
- Glycine
- L-Theanine
- Mg Threonate
- NAC
- Taurine
- Tyrosine
- Zinc Picolinate



HORMONES & METABOLISM

- Cal-D-Glucarate
- DIM
- Inositol
- NAC



GUT

- 5-HTP
- Arabinogalactan
- Ascorbic Acid
- Cal-D-Glucarate
- D-Mannose
- Glutamine
- Zinc Picolinate



IMMUNITY & INFLAMMATION

- Acetyl L-Carnitine
- Arabinogalactan
- Ascorbic Acid
- DL-Phenylalanine
- D-Mannose
- Glutamine
- L-Lysine
- NAC
- Zinc Picolinate



SKIN & HAIR

- Ascorbic Acid
- L-Lysine
- Zinc Picolinate

RN Labs Compound Dispensing Table

Last update Oct 2023

Ingredient	Description	Pack Size	Basic Scoop Size	Amount per Basic Scoop	Density (g/ml) ^a	No. of Basic Scoops per Unit
5-HTP	Pure 5-HTP for Extemporaneous Prescribing	25g	0.15ml	65mg	0.45	385
Acetyl L-Carnitine	Pure Acetyl L-Carnitine for Extemporaneous Prescribing	50g	1ml	670mg	0.67	75
Arabinogalactans	Pure Arabinogalactans for Extemporaneous Prescribing	100g	5ml	3.8g	0.76	27
Ascorbic Acid	Pure Ascorbic Acid for Extemporaneous Prescribing	100g	1ml	1.0g	1.0	100
Benfotiamine	Pure Benfotiamine for Extemporaneous Prescribing	25g	0.15ml	100mg	0.67	250
Cal-D-Glucarate	Pure Calcium-D-Glucarate for Extemporaneous Prescribing	50g	1ml	500mg	0.50	100
CDP-Choline	Pure Citicoline for Extemporaneous Prescribing	25 g	1 ml	570mg	0.57	43
Citrulline	Pure Citrulline for Extemporaneous Prescribing	100g	1ml	550mg	0.55	181
DIM Powder	Pure Di-Indolyl-Methane (DIM) for Extemporaneous Prescribing	50g	0.15ml	75mg	0.5	666
DL-Phenylalanine	Pure DL-Phenylalanine for Extemporaneous Prescribing	50g	1ml	400mg	0.4	125
D-Mannose Powder	Pure D-Mannose for Extemporaneous Prescribing	50g	1ml	680mg	0.68	73
GABA Powder 50g	Pure Gamma-Amino-Butyric-Acid for Extemporaneous Prescribing	50g	1ml	500mg	0.5	100
GABA Powder 100g	Pure Gamma-Amino-Butyric-Acid for Extemporaneous Prescribing	100g	1ml	500mg	0.5	200
Glutamine	Pure Glutamine for Extemporaneous Prescribing	200g	2.5ml	1.5g	0.6	133
Glycine	Pure Glycine for Extemporaneous Prescribing	100g	1ml	900mg	0.9	111
Inositol Powder	Pure Inositol for Extemporaneous Prescribing	100g	5ml	3g	0.6	33
L-Lysine	Pure L-Lysine for Extemporaneous Prescribing	100g	1ml	620mg	0.62	161
L-Theanine Powder	Pure L-Theanine for Extemporaneous Prescribing	50g	0.15ml	50mg	0.33	1000
Magnesium L-Threonate	Pure Magnesium Threonate for Extemporaneous Prescribing	50g	2.5ml	1.25g	0.5	40
NAC 100g	Pure N-Acetyl Cysteine for Extemporaneous Prescribing	100g	1ml	700mg	0.7	142
Taurine	Pure Taurine for Extemporaneous Prescribing	50g	1ml	700mg	0.7	71
Tyrosine	Pure Tyrosine for Extemporaneous Prescribing	50g	1ml	400mg	0.4	125
Zinc Picolinate	Pure Zinc Picolinate for Extemporaneous Prescribing	25g	0.15ml	120mg	0.8	208

NOTE: THESE ARE NOT RECOMMENDED DOSES. PRACTITIONERS MUST USE THEIR OWN JUDGEMENT TO DECIDE ON MULTIPLES OF SCOOPS WHEN PRESCRIBING.

FOR EXTEMPORANEOUS USE ONLY | Visit tiny.cc/DEN for an up-to-date list of density values for each ingredient.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients. For further information on these ingredients, please visit RN Labs.com.au > Products > Choose Product > Resources



5-HTP Powder

5-HTP is an intermediate precursor to Serotonin in the body. It is used clinically to support balanced neurotransmitters, mood, sleep, appetite, peristalsis, among other uses.

5-HTP Powder - 25 g
Ingredients:
Pure pharmaceutical-grade 5-Hydroxy Tryptophan (5-HTP)

STATEMENTS AND WARNINGS

5-HTP has not been extensively tested for its effects during pregnancy.

Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.



Acetyl-Carnitine Powder

Acetyl-Carnitine (ALC) is an acetylated form of the amino acid Carnitine, providing a source of both L-Carnitine and Acetyl groups for neurological support, lipid metabolism, detoxification, energy production, among other clinical uses.

Acetyl-Carnitine Powder - 50 g
Ingredients:
Pure pharmaceutical-grade Acetyl-L-Carnitine HCL

STATEMENTS AND WARNINGS

Acetyl-Carnitine has not been extensively tested for its effects during pregnancy.

Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.



Arabinogalactan Powder

Arabinogalactans are a soluble fibre comprised of proteo-glycans which serve as beneficial prebiotic substrates that may increase SCFAs, lower ammonia, participate in cell signalling, and modulate the immune system.

Arabinogalactan Powder - 100 g
Ingredients:
Pure pharmaceutical-grade Larch Arabinogalactans

STATEMENTS AND WARNINGS

Arabinogalactans have not been extensively tested for its effects during pregnancy.

Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.

FOR EXTEMPORANEOUS USE ONLY | Visit tiny.cc/DEN for an up-to-date list of density values for each ingredient.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients. For further information on these ingredients, please visit RN Labs.com.au > Resources > Clinical Resources



Ascorbic Acid Powder

Ascorbic Acid (Vitamin C) is an essential cofactor in many biochemical processes including: collagen synthesis, antioxidant recycling, immunity, energy production, detoxification, adrenal function, dopamine conversion, and therefore may be used for numerous clinical uses, including the stabilisation of nutritional formulas.

Ascorbic Acid Powder - 100 g
Ingredients:
Pure pharmaceutical-grade L-Ascorbic Acid

STATEMENTS AND WARNINGS

Ascorbic Acid has not been extensively tested for its effects during pregnancy.

Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.



Benfotiamine Powder

Benfotiamine is a well-absorbed, lipid-soluble form of Vitamin B1. Benfotiamine has been used clinically to improve glucose metabolism, inhibit glycation, reduce tissue damage from elevated blood glucose levels, promote nerve cell repair (neuropathy), and protect eye and brain function during ageing, among other uses.

Benfotiamine Powder - 25 g
Ingredients:
Pure pharmaceutical-grade Benfotiamine

STATEMENTS AND WARNINGS

If pregnant, consult your healthcare practitioner before using this product.

Generally well tolerated.

Studies have observed instances of increased ALT and urinary WBC in 3% of study participants, yet these were not considered statistically significant compared to placebo.



Cal-D-Glucarate Powder

Calcium-D-Glucarate is sometimes used by healthcare practitioners to promote optimum liver function, detoxification and reduce excess hormone levels, among other uses.

Cal-D-Glucarate Powder - 50 g
Ingredients:
Pure pharmaceutical-grade Calcium-D-Glucarate

STATEMENTS AND WARNINGS

Calcium-D-Glucarate has not been extensively tested for its effects during pregnancy.

Because of its potential effect on hormones, health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe and beneficial.

FOR EXTEMPORANEOUS USE ONLY | Visit tiny.cc/DEN for an up-to-date list of density values for each ingredient.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients. For further information on these ingredients, please visit RN Labs.com.au > Products > Choose Product > Resources



CDP-Choline Powder

Cytidine Diphosphate Choline (CDP-Choline or Citicoline) is a specialised nucleotide form of Choline found naturally in the body, where it provides enhanced cholinergic and neuroprotective activities. Supplemental CDP-Choline is a highly bioavailable form of Choline that is often used when nervous system supportive actions are required.

CDP-Choline Powder - 25 g
Ingredients:
Pure Pharmaceutical-Grade CDP-Choline (99%)
Colloidal Anhydrous Silica (1%)

STATEMENTS AND WARNINGS

CDP-Choline has not been extensively tested for its effects during pregnancy.

KNOWN SIDE EFFECTS

CDP-Choline is generally safe and well tolerated when administered orally. Digestive upset may occur when taking large doses.



Citrulline Powder

L-Citrulline is an amino acid counterpart to Arginine and Ornithine in the Urea cycle, and can raise blood levels of all three, whilst being better absorbed and metabolised, thus commonly replacing the need to supplement with Arginine or Ornithine. L-Citrulline is used clinically to support vascular perfusion and tissue blood flow, Nitric Oxide vasodilation in associated cases that require support for cardiovascular and sexual functions, etc.

Citrulline Powder - 100 g
Ingredients:
Pure pharmaceutical-grade L-Citrulline

STATEMENTS AND WARNINGS

Citrulline has not been extensively tested for its effects during pregnancy.

Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.



DIM Powder

Di-Indolyl-Methane (DIM) is a Brassica vegetable metabolite sometimes used by healthcare practitioners to promote favourable hormone metabolism and balance.

DIM Powder - 50 g
Ingredients:
Pure pharmaceutical-grade Diindolylmethane

STATEMENTS AND WARNINGS

Dosage levels may require careful consideration in cases of breast Cancer.

DIM has not been extensively tested for its effects during pregnancy.

Because of its potential effect on hormones, health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe and beneficial.

FOR EXTEMPORANEOUS USE ONLY | Visit tiny.cc/DEN for an up-to-date list of density values for each ingredient.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients. For further information on these ingredients, please visit RN Labs.com.au > Resources > Clinical Resources



DL-Phenylalanine Powder

DL-Phenylalanine provides the essential L- isomer precursor for Tyrosine production and stress resilience, as well as the rarer D- isomer used clinically to modulate mood and pain perception, among other uses.

DL-Phenylalanine Powder - 50 g
Ingredients:
Pure pharmaceutical-grade DL-Phenylalanine

STATEMENTS AND WARNINGS

DL-Phenylalanine has not been extensively tested for its effects during pregnancy.

Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.



D-Mannose Powder

D-Mannose is a natural glyconutrient used by healthcare practitioners to inhibit urinary tract infections, and promote intestinal, metabolic and immune health, among other uses.

D-Mannose Powder - 50 g
Ingredients:
Pure pharmaceutical-grade D-Mannose

STATEMENTS AND WARNINGS

D-Mannose has not been extensively tested for its effects during pregnancy.

Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.



GABA Powder

Gamma-Amino-Butyric-Acid (GABA) is an inhibitory neurotransmitter sometimes used by healthcare practitioners to promote nervous system balance and calmness, among other uses.

GABA Powder - 50 g, 100 g
Ingredients:
Pure pharmaceutical-grade Gamma-amino-butyric-acid

STATEMENTS AND WARNINGS

GABA has not been extensively tested for its effects during pregnancy.

Because of its potential effect on neurotransmitters, health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe and beneficial.

FOR EXTEMPORANEOUS USE ONLY | Visit tiny.cc/DEN for an up-to-date list of density values for each ingredient.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients. For further information on these ingredients, please visit RN Labs.com.au > Products > Choose Product > Resources



Glutamine Powder

As the most abundant amino acid in circulation, L-Glutamine is conditionally essential, to support the synthesis of protein, muscle mass, neurotransmitters, energy, ammonia metabolism, GIT membrane integrity, along with numerous other clinical uses.

Glutamine Powder - 200 g
Ingredients:
Pure pharmaceutical-grade L-Glutamine

STATEMENTS AND WARNINGS

Glutamine has not been extensively tested for its effects during pregnancy.

Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.



Glycine Powder

As the simplest amino acid, L-Glycine can provide a sweet taste to foods, drinks and formulas, without delivering any carbohydrate, whilst also supporting glucose regulation, detoxification, connective tissue synthesis, Serine metabolism, brain function, sleep quality, cardiac function, and numerous other clinical uses.

Glycine Powder - 100 g
Ingredients:
Pure pharmaceutical-grade L-Glycine

STATEMENTS AND WARNINGS

Glycine has not been extensively tested for its effects during pregnancy.

Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.



Inositol Powder

Inositol (Myo-Inositol) is sometimes referred to as ‘Vitamin B8’ and used by healthcare practitioners to promote female fertility, Insulin sensitivity & nervous system calmness, among other uses.

Inositol Powder - 100 g
Ingredients:
Pure pharmaceutical-grade Inositol

STATEMENTS AND WARNINGS

Inositol has not been extensively tested for its effects during pregnancy.

Because of its potential effect on metabolism, health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe and beneficial.

FOR EXTEMPORANEOUS USE ONLY | Visit tiny.cc/DEN for an up-to-date list of density values for each ingredient.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients. For further information on these ingredients, please visit RN Labs.com.au > Resources > Clinical Resources



L-Theanine Powder

L-Theanine is a non-dietary amino acid derived from tea that is used by healthcare practitioners to calm the nervous system without sedation, enhance focus, and regulate nitric oxide, among other uses.

L-Theanine Powder - 50 g
Ingredients:
Pure pharmaceutical-grade L-Theanine

STATEMENTS AND WARNINGS

L-Theanine has not been extensively tested for its effects during pregnancy.

Because of its potential effect on neurotransmitters, health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe and beneficial.



Lysine Powder

L-Lysine is a key essential amino acid required for collagen synthesis and muscle mass. It is used clinically to support wound healing, vascular protection and inhibit herpes virus replication, among other uses.

Lysine Powder - 100 g
Ingredients:
Pure pharmaceutical-grade L-Lysine

STATEMENTS AND WARNINGS

L-Lysine has not been extensively tested for its effects during pregnancy.

Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.



Mg Threonate Powder

An extremely bioavailable form of magnesium, Magnesium Threonate is the optimum form of magnesium for Nervous System delivery. Magnesium Threonate can readily cross the Blood Brain Barrier and serve as a neurological cofactor in cognitive, mood and stress related functions, whilst also supporting magnesium levels in the entire body. Favourable taste and solubility properties further increase ease of administration and combining.

Mg Threonate Powder - 50 g
Ingredients:
Pure pharmaceutical-grade Magnesium Threonate (7.75% Mg)

STATEMENTS AND WARNINGS

Magnesium Threonate has not been extensively tested for its effects during pregnancy.

Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe and beneficial.

FOR EXTEMPORANEOUS USE ONLY | Visit tiny.cc/DEN for an up-to-date list of density values for each ingredient.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients. For further information on these ingredients, please visit RN Labs.com.au > Products > Choose Product > Resources



NAC Powder

N-Acetyl-Cysteine (NAC) is a sulphur-bearing amino acid key to numerous metabolic processes, including the synthesis of Glutathione, antioxidant and detoxification functions, as well as the regulation of various neurological and inflammation/immune mechanisms.

NAC Powder - 100 g
Ingredients:
Pure pharmaceutical-grade N-Acetylcysteine (NAC)

STATEMENTS AND WARNINGS

If pregnant, consult your healthcare practitioner before using this product.

NAC is safe and well tolerated when administered orally, with mild gastrointestinal symptoms being reported at doses >3g per day.

Avoid use in those with active peptic ulcers. Appropriate dosing may be resumed when sufficient ulcer healing has been achieved.



Taurine Powder

Taurine is a key sulfur-bearing amino compound that supports bile conjugation, detoxification, mineral balance, glucose management, brain function, glutamate balance, cardiac function, blood flow, along with numerous other clinical uses.

Taurine Powder - 50 g
Ingredients:
L-Taurine

STATEMENTS AND WARNINGS

Taurine has not been extensively tested for its effects during pregnancy.

Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.



Tyrosine Powder

L-Tyrosine is an important amino acid precursor to Dopamine/Noradrenaline, Thyroid Hormone, Melanin, CoQ10, and is used clinically to support balanced neurotransmitters, mood, energy, GIT function, among other uses.

Tyrosine Powder - 50 g
Ingredients:
L-Tyrosine

STATEMENTS AND WARNINGS

Tyrosine has not been extensively tested for its effects during pregnancy.

Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe or beneficial.

FOR EXTEMPORANEOUS USE ONLY | Visit tiny.cc/DEN for an up-to-date list of density values for each ingredient.

Practitioners should conduct ongoing research and take care to follow their practitioner association guidelines for appropriate administration of these compounding ingredients. For further information on these ingredients, please visit RN Labs.com.au > Resources > Clinical Resources



Zinc Picolinate Powder

A highly bioavailable form of zinc, Zinc Picolinate is well tolerated and metabolised by the body. Picolinate (a Tryptophan metabolite) serves as one of the most efficient chelators of trace minerals in the body for effectively raising tissue levels.

Zinc Picolinate Powder - 25 g
Ingredients:
Zinc Picolinate (21.1% Zn)

STATEMENTS AND WARNINGS

Zinc has not been extensively tested for its effects during pregnancy.

Health practitioners may prefer to avoid its use during pregnancy or lactation, unless confident that its impact can be reasonably deemed to be safe and beneficial.

Compounding Extras



RN Labs Compound Tools

RN Labs provide you with everything you need, from empty lock-seal dispensing containers to pre-printed blank labels or e-fillable template labels you can print in clinic. For most ingredients we also provide a scoop alongside the bottle to facilitate easy dosage calculations.

You can also use our E-fillable Price Worksheet to calculate the cost of your formulas as well as our dispensing table guide for a quick reference on each ingredient density.

Visit RN Labs.com.au to view / order.



RN Labs Compound Resources

While all information & PDF resources are available on our website, if you'd like a printed booklet containing information on all our compound ingredients, please ask your Area Manager or you can request one with your next RN Labs order.

Visit RN Labs.com.au to view all PDF resources.



Compounding Starter Pack

Buy the RN Labs Compounding Starter Pack at the discounted rate. Pack includes Precision Digital Scales, Stainless Steel Metric Spoon Set, Stainless Steel Powder Funnel for Large Tubs, and Stainless Steel Powder Funnel for Small Bottles.

Visit RN Labs.com.au to add the Compounding Starter Pack to your cart.



WM Online Compound Calculator

Only **\$49 per year** (or \$5 if registered for Nutritional Compounding 101)

While manual formulation prescribing works for many practitioners, time-poor practitioners may choose to opt for this online compounding tool developed to instantly calculate your prescriptions. Visit wmed.link.cc to subscribe.

As a bonus (for a limited time), those who register for the Nutritional Compounding 101 starter course gain a 1 year subscription for only \$5.



Nutritional Compounding 101 Webinar

In this 105 minute beginner's course, clinical practitioner Warren Maginn guides you through every step of the process, demonstrating how you can increase positive results for your patients through compounding.

Visit EDU.RN Labs.com.au to register for instant access to the recording for only \$29.



Our mission is to provide truly pure and transparent products that you can trust.

We believe that caring for ourselves and those around us is one of the most important things we can do to reach our full potential.

We take pride in offering the cleanest, highest quality health formulas, using effective ingredients that will make a real difference to health.

Formulations that work.

Ingredients in quantities that make a difference.

Ingredients your body knows.

Highly absorbable forms that your body can recognise.

Always transparent.

Every ingredient listed (including excipients) on our labels.

No compromise.

Only the most ethical, honest, and unadulterated raw ingredients.

Clean formulas.

No unnecessary ingredients that may compromise the formula or your health such as artificial flavours, artificial colours, dairy, gluten, sugar, or soy.

Making a difference.

We believe in leading the way through honesty and reliability. Simply, we believe in great health for everyone.



CONNECT WITH THERAPURE!

Therapure Product Guide



my skin

my skin by Therapure is a highly bio-active blend of antioxidant and skin-nourishing ingredients to support skin health and healing, soothe and relieve skin inflammation, and reduce the occurrence of pimples and minor skin eruptions, leaving you feeling confident in your own skin.



One vegetarian capsule contains:

Calcium Pantothenate (Vitamin B5)	273 mg
Quercetin Dihydrate	17 mg
from Phyto-Phospholipid Complex	50 mg
Curcumin	10 mg
from Phyto-Phospholipid Complex	55.5 mg
equiv. <i>Curcuma longa</i> dry rhizome	1.67 g
Nicotinamide	50 mg
Ascorbic Acid (Vitamin C)	25 mg
Zinc (as Zinc Citrate Dihydrate)	6 mg
Pyridoxal 5-Phosphate Monohydrate	7.8 mg
equiv. Pyridoxine (Vitamin B6)	5 mg
Betacarotene (Natural)	540 micrograms
equiv. Vitamin A Retinol Equivalents	90 micrograms RE
Biotin	250 micrograms
Folinic Acid (as Calcium Folate)	125 micrograms

Excipients: Hypromellose (Capsule), Lecithin (Sunflower), Silicified Microcrystalline Cellulose, Leucine, Microcrystalline Cellulose, Maltodextrin (Potato), Colloidal Anhydrous Silica, Sodium Alginate, Pea Starch, Acacia, Water.



pure collagen peptides + C

pure collagen peptides + C promotes healthy skin by supporting collagen formation and skin elasticity. It is produced from pure bovine collagen using a proprietary process to enhance absorption.

The combination of pure collagen peptides and pure vitamin C helps support healthy connective tissue production in the body. Healthy connective tissue is key to strong joints, healthy gastrointestinal membranes, skin healing and regeneration, and hydration. Overall supporting a natural healthy glow and healthy ageing.

With a pleasant, natural vanilla flavour, the taste is light and not overly-sweet or overpowering, so you can take it however and whenever you like!



Each 16g Serve (Approx. 2 Scoops) Contains:

Hydrolysed Collagen (Bovine)	15 g
Ascorbic Acid (Vitamin C)	150 mg

Excipients: Glycine, Natural Vanilla Flavour, Colloidal Anhydrous Silica, Siraitia grosvenorii (Monk Fruit) extract, Stevia rebaudiana leaf extract (Stevia).



my liposomal glutathione

Glutathione: the master antioxidant

Glutathione is a key antioxidant that can be found in every cell of the body. It also helps to regenerate other antioxidants, such as Vitamins C & E.

Often, Glutathione is broken down in the body very quickly, resulting in not being able to reach the cells where it is needed. However, Glutathione in liposomal form is better able to withstand these digestive processes, resulting in optimal absorption.

With a delicious peppermint taste from natural organic peppermint oil, two pumps on the tongue is a delightful way to start your day!



1 mL (approx. 2 pumps) contains:

Glutathione	100 mg
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Excipients: Purified Water; Glycerol, Ethanol, Lecithin (Sunflower), Potassium Hydroxide, Tocofersolan, Lemon Oil (Organic), Peppermint Oil (Organic).



my liposomal D + K

Sunshine in a bottle!

my liposomal D + K by therapure is a synergistic blend of highly absorbed Vitamins D and K. It is the ideal solution for anyone needing to increase their Vitamin D and Vitamin K levels, to support healthy immunity, support healthy blood clotting, and for those who require Calcium supplementation.

The liposomal form is best used when you have impaired digestion, or you are just looking for superior nutrient absorption.

With a delicious lemon taste from natural lemon oil, two pumps on the tongue is a delightful way to start.



1 mL (approx. 2 pumps) contains:

Colecalciferol	25 micrograms
equiv. Vitamin D3	1000 I.U.
Menaquinone 7 (Vitamin K2 MK7)	40 micrograms

Excipients: Purified Water; Glycerol, Lecithin (Sunflower), Ethanol, Lemon Oil (Organic), Olive Oil, Tocofersolan, dl-Alpha-Tocopherol, Vegetable Oil, Medium Chain Triglycerides.

therapure®



my pure magnesium

For mind + body support

At Therapure we only use materials of the highest calibre, and we have the science to prove it! We chose magnesium glycinate for my pure magnesium because of this. Magnesium promotes a number of bodily functions, including cardiovascular health, brain health, reduces muscle cramping, and supports the nervous system.

my pure magnesium will support overall health and is the ideal Magnesium to recommend to people who require extra support for muscle cramping, those who exercise on a regular basis, for brain support, and to maintain Magnesium levels in the body.

Each vegetarian capsule contains:	
Magnesium (from Magnesium Glycinate)	150 mg
Excipients: Hypromellose (Capsule), Leucine, Colloidal Anhydrous Silica.	

Directions for use: Adults take 1-2 capsules once or twice per day as required, with or without food.

Warnings: Mineral supplements should not replace a balanced diet. If symptoms persist, talk to your health professional.



my immune cold + flu

Bounce back to your best self.

Presenting my immune cold + flu, the ultimate herbal supplement designed to support your body's natural defence system and provide relief from cold and flu symptoms.



Each vegetarian capsule contains:	
<i>Andrographis paniculata</i> leaf extract dry conc. from 8 g dry leaf	160 mg
<i>Echinacea purpurea</i> root extract dry conc. from 900 mg dry root (Purple Coneflower)	150 mg
<i>Sambucus nigra</i> fruit extract dry conc. from 2.8 g dry fruit (Black Elderberry)	80 mg
<i>Platycodon grandiflorus</i> root extract dry conc. from 500 mg dry root (Balloon Flower)	50 mg
<i>Lonicera japonica</i> flower extract dry conc from 500 mg dry flower (Japanese Honeysuckle)	50 mg
<i>Magnolia officinalis</i> stem bark extract dry conc. from 300 mg dry stem bark (Magnolia Bark)	30 mg
Ascorbic Acid (Vitamin C)	100 mg
Zinc (from Zinc Citrate Dihydrate)	5 mg

Excipients: Hypromellose (Capsule), Leucine, Microcrystalline Cellulose, Maltodextrin (Corn), Colloidal Anhydrous Silica.



my immune support

Unleash inner vitality and strengthen the immune system!

Experience the power of nature with my immune support, a carefully crafted herbal and nutritional supplement designed to support overall immunity and resilience. Our expertly formulated blend contains a synergistic combination of potent ingredients to revitalise your body and support its natural defence mechanisms.



Each vegetarian capsule contains:	
<i>Astragalus membranaceus</i> root extract dry conc. from 1.5 g dry root	100 mg
<i>Withania somnifera</i> root extract dry conc. from 600 mg dry root (Ashwagandha)	50 mg
<i>Schisandra chinensis</i> fruit extract dry conc. from 250 mg dry fruit	50 mg
<i>Lentinula edodes</i> fruiting body extract dry conc. from 500 mg dry fruiting body (Shiitake)	50 mg
<i>Trametes versicolor</i> whole plant extract dry conc. from 250mg dry whole plant (Turkey-Tail)	25 mg
<i>Ganoderma lucidum</i> fruiting body extract dry conc. from 500 mg dry fruiting body (Reishi)	14.3 mg
Ascorbic Acid (Vitamin C)	125 mg
Zinc (from Zinc Citrate Dihydrate)	7.5 mg
Selenium (from Selenomethionine)	12.5 micrograms

Excipients: Hypromellose (Capsule), Leucine, Microcrystalline Cellulose, Maltodextrin (Corn), Colloidal Anhydrous Silica.



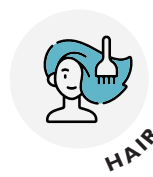
therapure®



my hair

Just what your hair needs.

my hair by therapure has been specially formulated to provide nourishment to hair follicles to encourage hair strength, thickness and growth. This luscious blend of highly bio-active ingredients provides key nutrients and antioxidants required for healthy hair, skin and nails from the inside, out.



Each vegetarian capsule contains:

Lysine Hydrochloride	375 mg
Ascorbic Acid (Vitamin C)	100 mg
Bambusa breviflora leaf extract dry concentrate	71 mg
from 2.14 g dry leaf (Bamboo)	
equiv. Silica	50 mg
Cysteine	50 mg
Ginkgo biloba dry leaf extract	10 mg
from 500 mg dry leaf	
Pantothenic Acid	10 mg
(Vitamin B5 from Calcium Pantothenate)	
Zinc (from Zinc Citrate Dihydrate)	7 mg
Nicotinamide (Vitamin B3)	7 mg
Pyridoxal 5-Phosphate Monohydrate	4.7 mg
equiv. Pyridoxine (Vitamin B6)	3 mg
Biotin	750 micrograms
Iodine (from Potassium Iodide)	25 micrograms
Selenium (from Selenomethionine)	5 micrograms

Excipients: Leucine, Hypromellose (Capsule), Microcrystalline Cellulose, Medium Chain Triglycerides (MCT from Coconut), Acacia, Colloidal Anhydrous Silica.

Directions for use:
Adults take up to 3 capsules daily, with or without food.

Warnings: If symptoms persist, talk to your health professional.
This product contains Selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

Silica from Bamboo

Bamboo-derived Silica is at the core of my hair, offering an abundant and naturally sourced supply of this vital mineral, ensuring a high dose with every serving. The bamboo is a natural and environmentally sustainable Silica source, hailing from rapidly renewable bamboo.

Within my hair, the presence of Silica contributes to a spectrum of benefits for your hair. It fortifies and thickens strands, supporting the strength and elasticity of hair and scalp.

Alongside the power of bamboo-derived Silica, my hair's formula incorporates a synergy of essential ingredients. Silica from Bamboo, Lysine, Cysteine, Vitamin B5, and Biotin collaboratively strengthen keratin fibres throughout your body, promoting healthy hair, skin, and nails. Additionally, the inclusion of Selenium brings antioxidant advantages, further enhancing skin and scalp health.

therapure®

Formulas that work

my hair was formulated by Naturopaths and Nutritionists using specific nutrients that have been shown to benefit your hair from the root. It is a powerful antioxidant designed to improve not just your hair, but your skin and nails, too!

We use capsules not tablets to increase bioavailability (absorbability), and list all the excipients on the label - so you know exactly what is going into your body.

No token ingredients

We supply ingredients in quantities that can make a difference. We never add token ingredients to make the product look good.

Supports hair growth and thickness



my hair contains a glowing combination of Ginkgo biloba with B vitamins, Iodine, Selenium and sulfur containing proteins Cysteine and Lysine, helping to improve hair density, thickness and anagen (growth) rate, for voluminous and healthy-feeling locks you will love.

Nourishes hair from the root



my hair is enriched with sulfur containing proteins Cysteine and Lysine, with Biotin and Zinc which may help stabilise the telogen (shedding) rate. These ingredients help to nourish and strengthen hair from the roots, giving you thicker, healthier and stronger hair that has been nourished from the inside out.

Supports healthy skin and nails



my hair contains key ingredients to strengthen keratin fibres throughout the body which is important for healthy hair, skin and nails. Silica from Bamboo, Lysine, Cysteine, Vitamin B5 and Biotin work together to strengthen brittle nails and reduce splitting. my hair has added antioxidant benefits from Selenium to further improve skin condition.

Ingredients your hair will love

- ✓ **Bamboo:** A potent source of Silica, which is an integral component of strong connective tissues in the body.
- ✓ **Cysteine:** Encourages production of keratin, increasing hair strength and rigidity, as well as increasing hair density and growth rate. Also helps to strengthen skin and nails.
- ✓ **Lysine:** Plays a key role in the absorption of minerals such as Zinc, and helps maximise hair shape and volume (present in the inner part of the hair root).
- ✓ **Ascorbic Acid (Vitamin C):** Provides antioxidant support and promotes collagen production in the body, helping hair to stay strong and shiny.
- ✓ **Zinc:** Helps to control hair loss (male and female) and prevent shedding, thin and brittle hair.
- ✓ **B Vitamins (B3, B5, B6):** Supports hair density, thickness, and texture, as well as hair shine. These vitamins also support healthy skin and strong nails.
- ✓ **Selenium:** Contains antioxidant properties that supports natural hair pigmentation.
- ✓ **Iodine:** Important for thyroid health, which encourages hair growth.
- ✓ **Ginkgo Biloba:** Botanical that further promotes hair growth and healthy skin.



The Freshest Fish oil on the Planet

Nordic Naturals has been making great-tasting fish oil since 1995, redefining industry standards for purity, freshness, taste, and potency.

THE NORDIC NATURALS ADVANTAGE

Nordic Naturals’ commitment and dedication to making the highest-quality products has meant safer, more effective, and better-tasting fish oil for customers for over 27 years.

All of their products are, and always have been, non-GMO, sustainably sourced and manufactured, and third-party tested for purity and potency. Nordic Naturals never use artificial flavours, colours, or preservatives, and all formulations are research supported and responsibly dosed.

A Certificate of Analysis is available for every product, to prove their exceptional freshness and purity (meaning great-tasting oils!)

Visit www.nordicnaturals.com/cofa and enter the product batch number to view the certificate of analysis instantly.

Please Refer to the Nordic Naturals Catalogue for Product Details, or visit RNLabs.com.au

Product Guide



OPTIMAL HEALTH AND WELLNESS



HEART HEALTH



IMMUNE HEALTH



BONES, JOINTS, AND MUSCLES



BRAIN HEALTH SUPPORT



MOOD SUPPORT



SKIN, HAIR AND NAILS



WOMEN'S HEALTH



CHILDREN'S HEALTH

Nordic Naturals Practitioner-only Labels

RN Labs are proud to offer practitioner-only product labels for ProOmega and Arctic Cod Liver Oil soft-gels. Nordic Naturals products are more powerful naturally, with over 90% triglyceride form omega-3s to ensure optimal absorption.



- Delicious natural lemon flavor
- No fishy smell, taste, or aftertaste
- Carefully purified of heavy metals and other contaminants
- Oxygen-free processing ensures exceptional freshness
- Recommended by doctors and health practitioners worldwide
- Featured in 5 clinical studies, with 12 currently under way
- Triglyceride form for better absorption of essential omega-3s
- Supports general health and wellbeing
- Available in 60, 120, and 180 count bottle

Each Soft Gel Capsule Contains:

Concentrated fish oil —natural 1000 mg. Containing omega-3 marine triglycerides 640 mg

Eicosapentaenoic acid (EPA)	325 mg
Docosahexaenoic acid (DHA)	225 mg
d-alpha tocopherol (equiv. vitamin E 15 IU)	10 mg



- Made from 100% wild Arctic cod
- Contains healthy levels of 100% natural vitamins A and D
- Delicious natural lemon flavour
- I Surpasses all international quality standards for purity and freshness
- Triglyceride form for better absorption of essential omega-3s
- Sustainably made with fish from Friend of the Sea Certified fisheries
- Supports general health and wellbeing
- Available in 90 and 180 count bottle sizes

Active Ingredients List

Each Soft Gel Capsule Contains:

Cod liver oil 1000 mg. Containing omega-3 marine triglycerides 252 mg including:

Eicosapentaenoic acid (EPA)	82 mg
Docosahexaenoic acid (DHA)	125 mg
Vitamin A	130-550 IU
Vitamin D	0.33-4 IU
d-alpha tocopherol (equiv. vitamin E 15 IU)	10 mg



Available in Australia exclusively from RN Labs Pty Ltd.



Putting your health and body first shouldn't be hard.

When things don't feel right in your body, a toxin build-up could be to blame.

Get the balance right with natural Ayurda Supplements that don't just treat the symptoms, but get right to the root of the issue.

- Ayurda targets the root cause of illness
- Only pure natural herbal and mineral ingredients, no synthetics
- Revives the organs or tissues that have been affected by toxin build up
- Correct the imbalances affecting the inherent intelligence of the body's organs
- Works synergistically, thus making the formulation multifold stronger than a single herb action



Ayurveda recognises three primary energies, Vata, Pitta & Kapha. Together they regulate every physiological and psychological characteristic from basic cellular processes to the most complex biological functions. When these forces are in a state of natural balance the defense mechanism of the body works at peak efficiency.

PLEASE REFER TO THE FULL AYURDA CATALOGUE OR VISIT
THERAHEALTH.COM.AU FOR MORE INFORMATION ON THIS RANGE.

Restore Balance With The Ayurda Range



AGNITONE

Relieves symptoms of indigestion

Agnitone contains herbs traditionally used in Ayurvedic medicine to reduce colic and wind pain.



DERMO GUARD

Supports skin health

Dermo Guard contains Rubia cordifolia and Hemidesmus indicus which improve skin ailments. Rubia cordifolia is also used to enhance skin health and as a depurative, to cleanse the blood.



GLUCO-TON

Assist glucose metabolism with Chromium

Gluco-ton contains Meshashringi which is used to support digestive system health, and chromium to assist sugar and carbohydrate metabolism, and maintain general health and wellbeing.



LIVGOOD

Support liver health and function

LivGood contains Andrographis and Phyllanthus both of which support liver function and liver associated organs to support general health and wellbeing.



REJUVA-TON

Rejuvenative tonic

Rejuva-ton contains herbs used to support general health and wellbeing. Ashwagandha is used as a rejuvenative tonic and to improve body strength. Brahmi is used as a brain tonic to improve memory and cognition.



BON-TON

Relieves mild rheumatic aches and pains

Bon-Ton contains Boswellia serrata an anti-inflammatory and analgesic herb, and Cedrus deodara which relieves mild rheumatic aches and pains.



FEM-POWER

Supports female reproductive system health and hormones

Contains Shatavari which supports the female reproductive system health, the nervous system, and improves healthy libido. Rubia cordifolia can also be used to regulate the menstrual cycle, while zinc helps maintain healthy reproductive system hormones.



IMMUNE GUARD

Support immune system function with Zinc

Immune Guard contains the antioxidant zinc to reduce free radicals formed in the body. Zinc supports immune system health and general health and wellbeing. It also contains Guduchi, used to improve body strength.



M-POWER

Support Male reproductive health and healthy libido

Specifically formulated for healthy men and contains Gokshura which is used to support healthy libido and Zinc which supports reproductive system health and testosterone levels.



ENZYMEDICA®
— The Enzyme Experts —

Enzymedica is dedicated to providing exceptional enzyme supplements.

Enzymedica is a Florida-based company that was founded in 1998 with the purpose of offering the highest-quality enzyme products possible. Today, as one of the global leaders in the industry, they still strive for no less.

Each product is specifically formulated to provide targeted support for common digestive discomforts and food intolerances.

Enzymedica routinely tests their products for gluten and other ingredients.

Protease digests proteins

Cellulase digests fibre

Amylase digests carbohydrates

Lipase digests fats

Tilactase digests lactose



Enzymedica's proprietary Thera-blend technology means that the enzymes found in their products will work throughout the entire pH spectrum found along the digestive tract, making Enzymedica products more effective and faster-working than other digestive enzyme supplements.



Enzyme Specialists



Filler free



Green Business Practices



Non GMO



Capsules Over Tablets



Vegan & Gluten Free

Enzymedica Product Guide



Digest Premium

The enzymes in Digest Premium support optimal digestion by helping the body absorb nutrients and convert food into energy. Digest Premium contains amylase, lipase, cellulase and protease enzymes, for breaking down carbohydrates, fats, fibre and protein.

- **Protease Blend** - active at a wide pH range - helps break down proteins, including gluten and the dairy protein casein
- **Tilactase (lactase)** helps the body break down lactose
- **Amylase** is responsible for breaking down starch and carbohydrates into smaller sugars
- **Lipase** helps the body break down fats
- **Cellulase** helps the body digest dietary fibre

Digest Premium 60s	
Each Capsule Contains:	
Protease Blend Peptidase Protease 4.5 Protease 6.0	70 Thousand HUT
Amylase	23 Thousand DU
Lipase	2 Thousand LipU
Cellulase	1,000 CU
Tilactase (Lactase)	900 ALU
Excipients: Medium Chain Triglycerides, Maltodextrin (Potato, Corn, Tapioca), Hypromellose (Capsule). Suitable for vegans. NO FILLERS ADDED. Contains NO dairy, egg, salt, sucrose, soy, wheat, yeast, nuts, casein, rice, artificial colours, flavours, or fillers. Recommended Use: Adults take one capsule, three times a day with meals, as needed. If symptoms persist, or for children under 12, talk to your health professional.	



Intolergest

Intolergest contains a combination of enzymes that provides specialised digestive support for individuals who experience intolerance to foods containing gluten (found in wheat, rye, barley and oats) and dairy. For many individuals, eating these foods often causes digestive discomfort.

Intolergest helps break down sometimes difficult to digest carbohydrates, fats, fibre and protein, with an emphasis on gluten and dairy digestion.

Intolergest	
Each Capsule Contains:	
Protease Blend Peptidase Protease 4.5 Protease 6.0	24.5 Thousand HUT
Amylase	3.5 Thousand DU
Lipase	250 LipU
Cellulase	350 CU
Tilactase (Lactase)	2.25 Thousand ALU
Excipients: Medium Chain Triglycerides, Microcrystalline Cellulose, Dextrin/Maltodextrin (Potato, Corn, Tapioca), Hypromellose (Capsule). Suitable for vegans. NO FILLERS ADDED. Contains NO dairy, egg, salt, sucrose, soy, wheat, yeast, nuts, casein, rice, artificial colours, flavours, or fillers. Directions: Adults, take 2 capsules with each meal, or as required. If symptoms persist, or for children under 12, talk to your health professional.	

Natural silica-based formulation





The fast-acting mineral-based detoxifier gel that utilises the natural properties of unique silica structures to absorb undesirable compounds within the intestinal tract.

Enterosgel® is an intestinal absorbent (enterosorbent) neutral-tasting gel that can be used as an adjuvant to standard rehydration therapy and in the management and reduction of stomach and intestinal illness symptoms such as diarrhoea, gas, stomach cramps, mild abdominal pain, heartburn or nausea.

Enterosgel is backed by a wide body of clinical research for a number of conditions, and has been approved for use in IBS. It has helped countless people around the globe who suffer from debilitating gastrointestinal symptoms.

Used since ancient times, sorbent compounds have been swallowed to help detoxification though the digestive system. Now, thanks to innovative scientific methods, the selectivity of what modern enterosorbents bind to and other characteristics make enterosorbents an invaluable addition to your gut healthcare plan.

-  PREGNANT WOMEN
-  BREASTFEEDING MOTHERS
-  CHILDREN OVER 1 YEAR OLD
-  VEGANS



Absorbs substances directly from the stomach & intestines

Enterosgel® is a clear permeable gel which acts as an oral intestinal absorbent and is comprised of 70% Polymethylsiloxane and 30% purified water.



Completely mineral-based & virtually tasteless

Its palatable profile makes it ideal for children. Enterosgel® can also be recommended during pregnancy and new mothers who are breastfeeding.



A well tolerated and non-medicated option

This fast-acting mineral based formula is sugar and sweetener free, lactose/dairy free, gluten free, fat free, and free from flavours & preservatives.



Best taken when mixed well with water

Enterosgel® is easy to take and effectively soothes stomach and intestinal discomfort from a wide range of gastrointestinal issues, including diarrhoea & gas.



Enterosgel:

A safe, hypoallergenic gut support compound

90g tube

225g tube

Age	Dosage	How Often
Child 1-6 years old	1 teaspoon or 5g	3 times a day
Child 7-14 years old	2 teaspoons	3 times a day
15+ and adults	1 - 1.5 tablespoons or 15 - 22.5g	3 times a day



Pharmaceutical-free mineral-based detoxifier that's tasteless and easy to take



Preferentially absorbs medium size molecular weight organic and inorganic particles in the gut lumen so they pass out naturally with the stool



Helps reduce intestinal illness symptoms such as diarrhoea, gas, stomach cramps, mild abdominal pain, heartburn and nausea



Binds toxins and antigenic compounds from the gut, removing them from the body within 7 – 24 hours



Contains no gluten, dairy, fat, sweeteners, sugar, flavours, colours or preservatives



Clinically trialled for short and long term use

Indigestion

Nausea, heartburn, reflux, flatulence

Well tolerated detox

Diarrhoea

IBS

Dysbiosis

Sensitivities

Food intolerances, rashes, etc.

Functional Testing

Up-to-date test prices can be found via our latest Functional Testing Price List, or, visit the Practitioner Hub section of our website.

FAQs

Where can I find more information on a functional test?

Login to [RNLabs.com.au](https://rnlabs.com.au) and click on Testing from the main menu to locate a particular test.

How do I order tests for my patients?

RN Labs operate a Functional Testing Patient Order System where you can Authorise a Test Kit to be delivered to your patient. You can find more detailed information on this system overleaf.

How do I access test results?

You will be notified by email every time a new result is available which will include a link to your test result dashboard, where you can access all results at any time. (This is sent the same day we receive the result from the lab).

You must be logged in to view results on your dashboard.

Can I do a test on myself at a discounted price?

Yes - we have a **20%** self-testing discount which can be applied via our 'Authorise a Test' online form.

Plus, if you have never done a DUTCH test before, an even greater discounted first-order special applies when you pre-pay for two tests. Please contact our customer service team for more information or to take up this offer.

Can I discuss a patient's test result with someone from your tech support team?

Yes - you can schedule a call at your convenience by clicking on '**Request a Tech Call**' from your Test Result Dashboard. Someone from our technical support team will then contact you to go over the results with you.



The Functional Testing Range Overview

Precision Analytical	• Creators of the dutch test • Comprehensive urine and saliva based hormone testing
Doctors Data Inc.	• Metabolism pathway testing • Mould toxins testing • Environmental pollutants testing • Igg food reactivity testing
Mosaic Diagnostics	• Creators of the dutch test • Comprehensive urine and saliva based hormone testing
DNA Life	• Advanced DNA testing
KBMO	• Food and additives reactivity testing
TruDiagnostics	• DNA testing to determine epigenetic age
SIBO Test	• Microbial status testing
Precision Point Diagnostics	• Comprehensive food reactivity testing • Advanced thyroid testing
Lipid Technologies	• Omega fatty acids status testing
Immunosciences	• Comprehensive testing for autoimmune markers, lyme disease and viral screening

The Importance of Lab Transparency

How to Ensure your Functional Tests are Evidence-Based



Why Care About Transparency?

It is important to be informed as to where tests are being conducted as well as the technology used, so that you can be confident that your patients are performing evidence-based tests.

This is of significant relevance with the increased scrutiny on practitioners to demonstrate that their clinical practice is based on the most evidence-based and rigorously executed technologies.

Questions to Ask Your Lab

- ✓ Where is the sample analysis being conducted?
- ✓ What is the technology used?
- ✓ What studies or papers can you provide that supports the clinical utility of this test?

Lab Standards: What to Look For

Australia: The primary recognised body for lab analysis is the National Association of Testing Authorities (NATA). NATA offers guidelines to all types of testing laboratories (including industrial) to assist them with maintaining consistent and accurate measurements.

(Note: Other bodies such as the TGA and ISO standards are relevant only to the production of test kits and are not relevant to the actual lab analysis).

USA: The USA has a more established, compulsory and thorough regulatory framework for overseeing the analyses carried out by clinical laboratories, to ensure that they are suitable and valid for clinical use. American labs with both CLIA and CAP certifications are trained and audited to ensure that not only the technology and processes are being executed correctly, but the qualifications and expertise of their staff, and therefore interpretation of results stemming from these tests, is sound.

Australian practitioners sourcing quality clinical testing services carried out in America can be assured of some of the highest standards of validation currently available.

Check Before Choosing Your Lab

- ✓ The lab is adequately accredited
- ✓ I am confident that the technology and technicians are at a standard that my patients deserve
- ✓ I would be able to provide sufficient evidence to justify the use of this test if I were to be audited



What Makes RN Labs Different?

RN Labs has always insisted in choosing laboratories that are of the highest standard globally with evidence-based functional tests, thereby improving patient outcomes and supporting the industry as a whole.

RN Labs believes in maintaining full transparency of who and where your test is being carried out, so that you can make fully informed decisions with your patients.

RN Labs seeks out the most advanced clinical testing services from around the world, and delivers them to Australian practitioners with complete transparency and support, in order to demonstrate their validity and utility by maintaining the ability to trace the laboratory conducting an analysis, and review the scientific premise and processes that underlie their testing.

How to Order a Test

Ordering a test is easy and can be done online in less than 1 minute

1



Test Authorisation

Click [Start New Test Authorisation](#) after logging in at [hub.RNLabs.com.au](#)

A video on how to authorise a test can also be found [here](#).

Select the test/s and then add your patient by typing in their name and email.

TIP

Create a shortcut on your computer for quick access

2



Patient Order & Delivery

Your patient will instantly receive a secure link by email, to create their patient account with RN Labs and purchase their order.

Alternatively there is an option to 'Order on Behalf of Patient' if you prefer to complete the patient delivery and payment details and place the order yourself (so the patient will miss this step).

The test kit/s are delivered by courier direct to your patient's door within 5 working days.

What if I have already given my patient their test kit while in-clinic?

There's an option to select that no test is needed when checking out. In this case, the patient must write their Order Number on the Test Kit Requisition Form after placing their order. (If you placed the order on behalf of patient, then you must ensure this is written on the Test Kit Requisition Form).

If the Order Number is not included, the sample will be rejected.

3



Sample Submission & Test Results

Most results take between 2—3 weeks after RN Labs has received the patient sample. (See overleaf for tests that may take longer).

The practitioner is notified by email the same day results become available. Results can then be accessed any time from the Practitioner Hub by clicking My Patients > Results.



RECOLLECTION FEE:

Full instructions are found inside the test kit. Please be aware that if RN Labs has to re-send a test kit as a result of a patient not following the collection instructions correctly, a \$50 recollection fee may be charged to the patient.



PRACTITIONER DUTY OF CARE:

It remains the practitioner's duty of care to oversee and advise their clients on how to conduct (and interpret) their functional tests. Patients who contact RN Labs with technical (non-admin) questions will be referred back to their practitioner. Please ensure you are available to your patient for any such enquires while they conduct their test.

Practitioners can contact us for further training/materials to assist in your understanding of the tests.

Testing Timeline

MOST Results take 2—3 weeks once RN Labs receives the sample

1



Delivery to RN Labs

1-7 DAYS

 Express Post **TOLL**

 **POST**

Overnight Courier bag included for time-sensitive tests

All other deliveries by post may take up to 7 business days (SA & WA take the longest)

2



RN Processing

1-2 DAYS





Plan collection/delivery so that the sample arrives at RN Labs Mon-Wed

Samples are forwarded to the labs overseas every Tues & Thurs

3



Delivery to Lab

2 DAYS





Sent via certified biological courier in a temperature controlled environment

4



Lab Processing

7-12 DAYS





Practitioner is notified by email as soon as results become available

*SIBO turn-around is 2-5 business days.

*DNA Life, MycoTox, ycle Mapping and Precision Point Diagnostics test results may take up to 4-5 weeks.

*DNA Risk may take up to 6 weeks.



Available Tests:

Doctors Data

GASTROINTESTINAL				
TEST	MARKERS	CODE	COLLECT	PRICE \$*
BETA-GLUCURONIDASE	Quantitative measurement of Beta-Glucuronidase in stool	GO150	Stool	139.00
COMPREHENSIVE CLOSTRIDIUM CULTURE	Full Clostridia Subspecies Identification	GO127	Stool	339.00
CULTURE PCR + PARASITOLOGY (CP+P)	Pathogens culture, Bacteriology culture, Cryptosporidium, Day 2 Parasitology, trichrome, Day 3 Parasitology, trichrome, Giardia lamblia, Parasitology, concentrate, Parasitology, trichrome, Yeast culture	CPP001	Stool	266..00
COMPREHENSIVE STOOL ANALYSIS (CSA)	Acetate, Additional pathogens culture, Bacteriology culture, aerobic, Butyrate, Calprotectin, Carbohydrates, Elastase, Fat Stain, Lactoferrin, Lysozyme, Mucus, Muscle Fibres, Occult Blood, Propionate, Red Blood Cells, Valerate, Vegetable Fibres, White Blood Cells, Yeast culture, ph, slgA	CSA001	Stool	376.00
COMPREHENSIVE STOOL ANALYSIS + PARASITOLOGY (CSA+P)	Acetate, Additional pathogens culture, Bacteriology culture, aerobic, Butyrate, Calprotectin, Carbohydrates, Cryptosporidium, Day 2 Parasitology* , trichrome, Day 3 Parasitology*, trichrome, Elastase, Fat Stain, Giardia lamblia, Lactoferrin, Lysozyme, Mucus, Muscle Fibres, Occult Blood, Parasitology, concentrate, Parasitology, trichrome, Propionate, Red Blood Cells, Valerate, Vegetable Fibres, White Blood Cells, Yeast culture, pH, slgA	CSAP001	Stool	493.00
GI360 <i>*Popular</i>	PCR - microbiome diversity and abundance; PCR - viruses, pathogens and parasites; Microscopy - expanded parasitology; MALDI-TOF MS - bacterial and fungal culturomics with direct susceptibilities, Stool Chemistries	GI360	Stool	535.00
GI360 ESSENTIALS <i>*Popular</i>	PCR - microbiome diversity and abundance; PCR - viruses, pathogens and parasites; Microscopy - expanded parasitology; MALDI-TOF MS - bacterial and fungal culturomics with direct susceptibilities	GI360E	Stool	412.00
GI360 MICROBIOME	PCR - microbiome diversity and abundance	GI360M	Stool	230.00
H. PYLORI	Qualitative Detection	GO130	Stool	225.00
MICROBIOLOGY PROFILE <i>*Popular</i>	Bacteria & Yeasts Culture – with Sensitivity Testing	GO128	Stool	219.00
STOOL TOXIC METALS	Antimony, Arsenic, Beryllium, Bismuth, Cadmium, Copper, Lead, Mercury, Nickel, Platinum, Thallium, Tungsten, Uranium	N0020	Stool	249.00
ZONULIN	Key biomarker for intestinal permeability	GO141	BI-draw	99.00
ZONULIN		GO141A	Stool	99.00

*PRICES EXCLUDE \$23 P&H FEE



Available Tests:

Doctors Data

METABOLISM				
TEST	MARKERS	CODE	COLLECT	PRICE \$*
AMINO ACIDS	1-Methylhistidine, 3-Methylhistidine, A-Amino-n-butyrate, A-Amino adipate, Alanine, Ammonia, Anserine, Arginine, Asparagine, Aspartic Acid, B-Alanine, B-Aminoisobutyrate, Carnosine, Citrulline, Creatinine, Cystathionine, Cysteine, Cystine, Ethanolamine, G-Aminobutyrate, Glutamic Acid, Glutamine : Glutamate, Glutamine, Glycine, Histidine, Homocysteine, Hydroxyproline, Isoleucine, Leucine, Lysine, Met Sulfoxide, Methionine, Ornithine, Phenylalanine, Phosphoethanolamine, Phosphoserine, Proline, Sarcosine, Serine, Taurine, Threonine, Tryptophan, Tyrosine, Urea, Valine	N0011	Urinary	445.00
		10048	Plasma	449.00
HEPATIC DETOXIFICATION PROFILE (HDP)	Urine Phase I D-Glucaric & Phase II Mercapturic Acids	N0030	Urinary	235.00
METHYLATION PROFILE <i>*Popular</i>	Cystathionine, Cysteine, Homocysteine, Methionine, S-adenosylhomocysteine, S-adenosylmethionine, SAM, SAH ratio	10045	BI-draw	279.00
NEUROTRANSMITTERS TEST	Random and 24 Hour Collection Available	GO139	Urinary	279.00
	Creatinine, Dopamine, free, Epinephrine, free, Gamma-aminobutyrate, Glutamate, Glycine, Histamine, Norepinephrine : Epinephrine ratio, Norepinephrine, free, Phenethylamine (PEA), Serotonin			
NEUROTRANSMITTERS TEST PLUS METABOLITES	Random and 24 Hour Collection Available	GO140	Urinary	429.00
	3,4-Dihydroxyphenylacetic acid (DOPAC), 3-Methoxytyramine (3-MT), 5-Hydroxyindolacetic acid (5-HIAA), Creatinine, Dopamine, free, Epinephrine, free, Gamma-aminobutyrate, Glutamate, Glycine, Histamine, Metanephrine, Norepinephrine : Epinephrine ratio, Norepinephrine, free, Normetanephrine, Phenethylamine (PEA), Serotonin, Taurine, Tryptamine, Tyramine, Tyrosine			
RED BLOOD CELL ELEMENTS	Arsenic, Boron, Cadmium, Calcium, Caesium, Chromium, Copper, Iron, Lead, Magnesium, Manganese, Mercury, Molybdenum, Phosphorus, Potassium, Selenium, Thallium, Zinc	N0014	BI-draw	359.00
URINE IODIDE	Iodine - Random and 24 hour collection available	N0034C	Urinary	121.00
URINE IODIDE PRE & POST	Pre & Post test requires an iodine loading dose of a minimum of 33.5mg elemental Iodine, as previously recommended by Doctor's Data - NOT included in test kit. Must be sourced separately. Same markers as above are tested.	N0034E	Urinary	195.00
WHOLE BLOOD ELEMENTS	Arsenic, Barium, Cadmium, Calcium, Chromium, Cobalt, Copper, Lead, Lithium, Magnesium, Manganese, Mercury, Molybdenum, Nickel, Platinum, Selenium, Strontium, Thallium, Tungsten, Uranium, Vanadium, Zinc	GO129	BI-draw	359.00

*PRICES EXCLUDE \$23 P&H FEE



Available Tests: **Doctors Data**

TOXICITY				
TEST	MARKERS	CODE	COLLECT	PRICE \$*
COMPREHENSIVE DRINKING WATER ANALYSIS	Aluminium, Antimony, Arsenic, Barium, Beryllium, Cadmium, Chromium, Copper, Fluoride, Iron, Lead, Manganese, Mercury, Nickel, Selenium, Thallium, Uranium, Zinc, pH	GO138	Water	299.00
HAIR ANALYSIS <i>*Popular</i>	39 elements Aluminium, Antimony, Arsenic, Barium, Beryllium, Bismuth, Boron, Cadmium, Calcium, Chromium, Cobalt, Copper, Germanium, Iodine, Iron, Lead, Lithium, Magnesium, Manganese, Mercury, Molybdenum, Nickel, Phosphorus, Platinum, Potassium, Rubidium, Selenium, Silver, Sodium, Strontium, Sulphur, Thallium, Thorium, Tin, Titanium, Uranium, Vanadium, Zinc, Zirconium	N0016	Hair	129.00
URINE HALIDE	Bromine, Fluoride, Iodine - First morning void or 24-hour urine collection	N0034	Urinary	225.00
URINE HALIDE PRE & POST	Pre & Post test requires an iodine loading dose of a minimum of 33.5mg elemental Iodine, as previously recommended by Doctor's Data - NOT included in test kit. Must be sourced separately. Same markers as above are tested.	N0034B	Urinary	339.00
URINE PORPHYRINS	Copro I-Copro III ratio, Coproporphyrin I, Coproporphyrin III, Heptacarboxyporphyrin, Hexacarboxyporphyrin, Pentacarboxyporphyrin, Precoproporphyrin Peak I, Precoproporphyrin Peak II, Precoproporphyrin Peak III, Precoproporphyrin Uro Ratio, Total Porphyrins, Total Precoproporphyrin Peak IIII, Uroporphyrins	N0022	Urinary	225.00
URINE TOXIC METALS	Random, 24 Hour and Timed Collection Available 20 Elements Aluminium, Antimony, Arsenic, Barium, Beryllium, Bismuth, Cadmium, Caesium, Gadolinium, Lead, Mercury, Nickel, Palladium, Platinum, Tellurium, Thallium, Thorium, Tin, Tungsten, Uranium	N0013	Urinary	154.00
URINE TOXIC METALS & ESSENTIAL ELEMENTS	Random, 24 Hour and Timed Collection Available 38 Elements Toxic Metals - Aluminium, Antimony, Arsenic, Barium, Beryllium, Bismuth, Cadmium, Caesium, Gadolinium, Lead, Mercury, Nickel, Palladium, Platinum, Tellurium, Thallium, Thorium, Tin, Tungsten, Uranium Essential Elements - Boron, Calcium, Chromium, Cobalt, Copper, Iron, Lithium, Magnesium, Manganese, Molybdenum, Phosphorus, Potassium, Selenium, Sodium, Strontium, Sulphur, Vanadium, Zinc	N0013C	Urinary	250.00

IMMUNE				
TEST	MARKERS	CODE	COLLECT	PRICE \$*
GLUTEN SENSITIVITY PANEL – BLOOD SPOT	Gluten (IgG), DGP (IgA, IgG), Gliadin (IgA, IgG)	10042	Bl-spot	129.00
GLUTEN SENSITIVITY PANEL – SERUM	Total IgA, Wheat IgE, tTG (IgA, IgG), DGP (IgA, IgG), Gliadin (IgA, IgG)	10044	Serum	225.00
VITAMIN D	25-Hydroxyvitamin D Total, 25-Hydroxyvitamin D2, 25-Hydroxyvitamin D3	N0023	Bl-spot	75.00

*PRICES EXCLUDE \$23 P&H FEE

HORMONAL HEALTH							
TEST	MARKERS				CODE	COLLECT	PRICE \$*
HUMAP + COMPREHENSIVE NEUROTRANSMITTERS	HUMAP Progesterones ② - Progesterone, 5a-Pregnanediol, 5b-Pregnanediol, Allopregnanolone, 21-Hydroxyprogesterone, 17-Hydroxyprogesterone, 5-pregnenetriol, Free Cortisol and Cortisone (15) - Cortisol Waking, Cortisol Dinnertime, Cortisol Bedtime, Cortisol/day, Cortisone Waking, Cortisone Waking, Cortisone Dinnertime, Cortisone Dinnertime, Cortisone/day, Creatinine Waking, Creatinine Waking, Creatinine Dinnertime, Creatinine Bedtime, Creatinine/day, Corticoid Metabolites and DHEA (10) - Corticosterone, Tetrahydrodehydrocorticosterone, Tetrahydrodehydrocorticosterone, 11-Deoxycortisol, 5-Tetrahydrocortisol, 5-Tetrahydrocortisol, Tetrahydrocortisone, Dehydroepiandrosterone, Androgens (11) - Androstenedione, EPI-Testosterone, Testosterone, Androsterone, 11-hydroxy-Androsterone, 5-Dihydrotestosterone, Etiocholanolone, 11-hydroxy-Etiocholanolone, 5-Androstenediol, Dehydroepiandrosterone, Dehydroepiandrosterone Sulfate, Oestrogens (12) - Estrone, 2-Hydroxyestrone, 4-Hydroxyestrone, 16a-Hydroxyestrone, 2-Methoxyestrone, 4-Methoxyestrone, Estradiol, 2-Hydroxyestradiol, 4-Hydroxyestradiol, 2-Methoxyestradiol, 4-Methoxyestradiol, Estriol, Oxidative Stress Metabolite - 8-hydroxy-2'-deoxyguanosine				GO350	Urine	479.00
	COMPREHENSIVE NEUROTRANSMITTERS Phenethylamine (PEA), Tyrosine, Tyramine, Dopamine, 3,4-Dihydroxyphenylacetic acid (DOPAC), 3-Methoxytyramine (3-MT), Norepinephrine, Normetanephrine, Epinephrine, Metanephrine, Tryptamine, Serotonin, 5-Hydroxyindoleacetic acid (5-HIAA), Glutamate, Gamma-aminobutyrate (GABA), Glycine, Histamine, Taurine, Creatinine						
HUMAP + BASIC NEUROTRANSMITTERS	ALL HUMAP ANALYTES				Go300	Urine	379.00
	BASIC NEUROTRANSMITTERS Serotonin, Dopamine, Norepinephrine, Epinephrine, Glutamate, Gamma-aminobutyrate (GABA), Glycine, Histamine, Phenethylamine (PEA), Creatinine						
COMPREHENSIVE PLUS PANEL	10 tests - Recommended for women only Estrone (E1), Estradiol (E2), Estriol (E3), Progesterone (Pg), Testosterone (T), DHEA (D), Cortisol (C) x4 (AM/Noon/Evening/PM)				Lab1	Saliva	169.00
WOMEN'S HEALTH & BREAST PANEL	10 tests - Includes customised women's health and breast-specific interpretation Estrone (E1), Estradiol (E2), Estriol (E3), Progesterone (Pg), Testosterone (T), DHEA (D), Cortisol (C) x4 (AM/Noon/Evening/PM)				Lab2	Saliva	169.00
COMPREHENSIVE HORMONE PANEL	8 tests - Estradiol (E2), Progesterone (Pg), Testosterone (T), DHEA (D), Cortisol (C) x4 (AM/Noon/Evening/PM)				Lab3	Saliva	135.00
SHORT COMPREHENSIVE PANEL	6 tests - Estradiol (E2), Progesterone (Pg), Testosterone (T), DHEA (D), Cortisol (C) x2 (AM/PM)				Lab4	Saliva	105.00
BASIC HORMONE PANEL	5 tests - Estradiol (E2), Progesterone (Pg), Testosterone (T), DHEA (D), Cortisol (C) (AM Only)				Lab5	Saliva	95.00
ADRENAL FUNCTION PANEL	5 tests - DHEA (D), Cortisol (C) x4 (AM/Noon/Evening/PM)				Lab6	Saliva	95.00
DIURNAL CORTISOL PANEL	4 tests - Cortisol (C) x4 (AM/Noon/Evening/PM)				Lab7	Saliva	75.00
MELATONIN PANEL	3 tests - Melatonin (M) x3 (AM/Evening/PM)				Lab8	Saliva	55.00
SELECT FROM THE FOLLOWING TO TEST ONE OR MORE HORMONE MARKERS							
ANY 3 HORMONES	Estrone (E1)	Testosterone (T)	Melatonin - PM	Cortisol - Evening	Lab9	Saliva	55.00
ANY 2 HORMONES	Estradiol (E2)	DHEA		Cortisol - PM	Lab10	Saliva	39.00
	Estriol (E3)	Melatonin - AM					
SINGLE HORMONE	Secretory IgA	Melatonin -	Cortisol - AM		Lab11	Saliva	19.00
	Progesterone (Pg)	Evening	Cortisol - Noon				

*PRICES EXCLUDE \$23 P&H FEE



Available Tests: KBMO

GASTROINTESTINAL				
TEST	MARKERS	CODE	COLLECT	PRICE \$*
FIT 176 – FOOD INFLAMMATION TEST & GUT BARRIER PANEL	DAIRY - Casein, Cow's Milk, Goat's Milk, Egg Yolk, Egg White, Sheep's Milk, GRAINS - Amaranth, Barley, Buckwheat, Gliadin, Millet, Oat, Sorghum, Spelt, Rice, Rye, Wheat (Gluten), Wheat (Whole), FRUITS - Acai Berry, Apple, Avocado, Banana, Blueberry, Cantaloupe, Cherry, Cranberry, Eggplant, Fig, Goji Berry, Grape (White), Grapefruit, Honeydew, Kiwi, Lemon, Lime, Mango, Monk Fruit, Olive (Green), Onion (White), Orange, Papaya, Peach, Pear, Pineapple, Plum, Pomegranate, Raspberry, Strawberry, Watermelon, ADDITIVES - Aspartame, Benzoic Acid, BHA, MSG, Polysorbate 80, Red #3, Red 340, Saccharin, Stevia, Yellow #6, VEGETABLES - Artichoke, Argula, Asparagus, Beets, Broccoli, Brussel Sprouts, Cabbage, Carob, Carrot, Cauliflower, Celery, Cilantro, Collard Greens, Corn, Cucumber, Kale, Lettuce, Parsley, Pea (Chick), Pea (Green), Potato (Sweet), Potato (White), Pumpkin, Spinach, Squash Mix, Summer Squash, Tomato, Zucchini, BEANS - Cocoa, Coffee, Green Bean, Kidney Bean, Lentils, Navy Bean, Pinto Bean, Soybean, SPICES - Basil, Cinnamon, Cloves, Cumin, Garlic, Ginger, Hops, Mustard, Oregano, Paprika, Pepper (Black), Pepper (Chilli), Peppermint, Rosemary, Turmeric, Vanilla, FISH - Anchovy, Catfish, Codfish, Flounder, Halibut, Mackerel, Sardine, Salmon, Snapper, Swordfish, Trout, Tuna, MEATS - Beef, Bacon, Chicken, Duck, Lamb, Pork, Turkey, Venison, NUTS - Almond, Brazil Nut, Cashew, Coconut, Cola Nut, English Walnut, Hazelnut, Macadamia Nut, Peanut, Pecan, Pine Nut, Pistachio, EXTRACTS & MISCELLANEOUS - Agave, Canola Oil, Coconut Oil, Hemp Protein (CBD), Honey, Maple Syrup, Mushroom, Spirulina, Sugarcane, Tapioca, Tea (Black), Vinegar, Wine (Red), MICROBES - Candida, Yeast (Baker's), Yeast (Brewer's), FOWL - Chicken, Duck, Turkey, SEEDS - Chia Seed, Cottonseed, Dill Seed, Flax Seed, Hemp Seed, Safflower Seed, Sesame, Sunflower Seed SHELLFISH - Clam, Crab, Lobster, Oyster, Scallops, Shrimp, Squid	FIT176	Bl-spot	594.00
	GUT BARRIER PANEL - CANDIDA MARKER - Indicates the presence and type of reactivity to Candida LPS MARKER - Biomarker for intestinal permeability and other GIT inflammatory conditions OCCLUDIN MARKER - Key biomarker for intestinal permeability ZONULIN MARKER - Key biomarker for intestinal permeability			
FIT 132 – FOOD INFLAMMATION TEST & GUT BARRIER PANEL <i>*Popular</i>	DAIRY - Casein, Cow's Milk, Goat's Milk, Egg Yolk, Egg White, GRAINS - Barley, Millet, Oat, Rice, Rye, Wheat (Gluten), Wheat (Whole), FRUITS - Apple, Avocado, Banana, Blueberry, Cantaloupe, Cherry, Cranberry, Grape (White), Grapefruit, Honeydew, Lemon, Lime, Olive (Green), Onion (White), Orange, Peach, Pear, Pineapple, Plum, Pomegranate, Raspberry, Strawberry, Watermelon, ADDITIVES - Aspartame, Benzoic Acid, BHA, MSG, Polysorbate 80, Red #3, Red 340, Saccharin, Yellow #6, VEGETABLES - Artichoke, Asparagus, Beets, Broccoli, Cabbage, Carob, Carrot, Cauliflower, Celery, Collard Greens, Corn, Cucumber Lettuce, Pea (Chick), Pea (Green), Potato (Sweet), Potato (White), Pumpkin, Spinach, Squash Mix, Tomato, Zucchini, BEANS - Cocoa, Coffee, Kidney Bean, Lentils, Navy Bean, Pinto Bean, Soybean, SPICES - Basil, Cinnamon, Garlic, Ginger, Hops, Mustard, Oregano, Paprika, Pepper (Black), Pepper (Chilli), Peppermint, Rosemary, Turmeric, Vanilla, FISH - Catfish, Codfish, Flounder, Halibut, Salmon, Snapper, Swordfish, Trout, Tuna, MEATS - Beef, Bacon, Chicken, Duck, Lamb, Pork, Turkey, NUTS - Almond, Cashew, Coconut, Cola Nut, English Walnut, Hazelnut, Peanut, Pecan, EXTRACTS & MISCELLANEOUS - Agave, Canola Oil, Mushroom, Spirulina, Sugarcane, Tea (Black), Wine (Red), MICROBES - Candida, Yeast (Baker's), Yeast (Brewer's), FOWL - Chicken, Duck, Turkey, SEEDS - Cottonseed, Dill Seed, Flax Seed, Safflower Seed, Sesame, Sunflower Seed, SHELLFISH - Clam, Crab, Lobster, Scallops, Shrimp	FIT132	Bl-spot	434.00
	GUT BARRIER PANEL CANDIDA MARKER - Indicates the presence and type of reactivity to Candida LPS MARKER - Biomarker for intestinal permeability and other GIT inflammatory conditions OCCLUDIN MARKER - Key biomarker for intestinal permeability ZONULIN MARKER - Key biomarker for intestinal permeability			
FIT 44 – FOOD INFLAMMATION TEST	Tests for 44 foods that are in the FIT176 but not the FIT132 - intended for patients who have already done the FIT132. Acai Berry, Amaranth, Anchovy, Apricot, Arugula, Black Bean, Brazil nut, Brussel Sprouts, Buckwheat, Chia Seed, Cilantro, Cloves, Coconut Oil, Cumin, Eggplant, Fig, Gliadin, Goji Berry, Green Bean, Hemp Protein (CBD), Hemp Seed, Honey, Kale, Kiwi, Macadamia Nut, Mackerel, Mango, Maple Syrup, Monk Fruit, Oyster, Papaya, Parsley, Pine Nut, Pistachio, Sardine, Sheep's Milk, Sorghum, Spelt, Squid, Stevia, Summer Squash, Tapioca, Venison, Vinegar	FIT44	Bl-spot	229.00
FIT 22 – FOOD INFLAMMATION TEST	Almonds, Banana, Beef, Brewer's Yeast, Broccoli, Candida, Casein, Chicken, Coffee, Corn, Cow's Milk, Egg White, Egg Yolk, Gluten, Peanut, Pineapple, Salmon, Shrimp, Tomato, Turmeric, White Potato, Whole Wheat	FIT22	Bl-spot	169.00



Available Tests: LIPID LABS

NUTRITIONAL				
TEST	MARKERS	CODE	COLLECT	PRICE \$*
THE HOLMAN OMEGA-3 TEST	Total Omega 3 Score, % Omega 3 in HUFA, % Omega 6 in HUFA, Omega 6/Omega 3 Ratio, AA/EPA Ratio, ALA, EPA, DPA, DHA, Total Omega 6 Score, LA, DGLA, AA	OMEGA3 TEST	Bl-spot	129.00

*PRICES EXCLUDE \$23 P&H FEE



Available Tests: MOSAIC diagnostics

METABOLISM, IMMUNITY AND TOXICITY				
TEST	MARKERS	CODE	COLLECT	PRICE \$*
ORGANIC ACIDS TEST (OAT) <i>*Popular</i>	Citramalic, 5-Hydroxymethyl-2-furoic, 3-Oxoglutaric, Furan-2,5-dicarboxylic, Furancarbonylglycine, Tartaric, Arabinose, Carboxycitric, Tricarballic, 2-Hydroxyphenylacetic, 4-Hydroxyphenylacetic, 4-Hydroxybenzoic, 4-Hydroxyhippuric, Hippuric, 3-Indoleacetic, Succinic, HPPHA (Clostridia marker), 4-Cresol (C. difficile), DHPPA (beneficial bacteria), Glyceric, Glycolic, Oxalic, Lactic, Pyruvic, 2-Hydroxybutyric, Fumaric, Malic, 2-Oxoglutaric, Aconitic, Citric, Homovanillic Acid (HVA), Vanillmandelic Acid (VMA), HVA/VMA Ratio, 5-Hydroxyindoleacetic (5-HIAA), Quinolinic, Kynurenic, Uracil, Thymine, 3-Hydroxybutyric, Acetoacetic, 4-Hydroxybutyric, Ethylmalonic, Methylsuccinic, Adipic, Suberic, Sebacic, Methylmalonic (Vitamin B12), Pyridoxic (Vitamin B6), Pantothenic (Vitamin B5), Glutaric (Vitamin B2-Riboflavin), Ascorbic (Vitamin C), 3-Hydroxy-3-methylglutaric (Vitamin Q10-CoQ10), N-Acetylcysteine (Glutathione precursor and chelating agent), Methylcitric (Vitamin H-Biotin), Pyroglutamic, Orotic, 2-Hydroxyhippuric, 2-Hydroxyisovaleric, 2-Oxoisovaleric, 3-Methyl-2-oxovaleric, 2-Hydroxyisocaproic, 2-Oxoisocaproic, 2-Oxo-4-methiolbutyric, Mandelic, Phenylactic, Phenylpyruvic, Homogentisic, 4-Hydroxyphenyllactic, N-Acetylaspartic, Malonic, 3-Methylglutaric, 3-Hydroxyglutaric, 3-Methylglutaconic, Phosphoric, Creatinine, DOPAC, HVA/DOPAC ratio	OAT1	Urine	359.00
OAT ADD ON: GLYPHOSATE	All OATS Markers OR GPL-Tox Markers plus Glyphosate	OAT2B	Urine	95.00
MICROBIAL ORGANIC ACIDS TEST (MOAT)	Yeast/Fungal Metabolites - Citramalic, 5-Hydroxymethyl-2-furoic, 3-Oxoglutaric, Furan-2,5-dicarboxylic, Furancarbonylglycine, Tartaric, Arabinose, Carboxycitric, Tricarballic, Bacterial Metabolites - 2-Hydroxyphenylacetic, 4-Hydroxyphenylacetic, 4-Hydroxybenzoic, 4-Hydroxyhippuric, HPPHA (Clostridia Marker), 4-Cresol (C. difficile), DHPPA (Beneficial Bacteria, Additional Indicators - Hippuric, 3-Indoleacetic, 3-Hydroxy-3-methylglutaric, 2-Hydroxyhippuric, Creatinine	OAT11	Urine	199.00
GLYPHOSATE	Glyphosate	OAT4	Urine	165.00
MYCOTOX PROFILE <i>*Popular</i>	Aflatoxin M1 (AFM1), Ochratoxin A (OTA), Gliotoxin (GTX), Sterigmatocystin (STG), Mycophenolic Acid (MPA), Roridin E, Verrucarin A, Enniatin B, Zearalenone (ZEA) B1, Chaetoglobosin A, Citrinin	OAT8	Urine	515.00
IGE MOULD ALLERGYTEST	Measurement of IgE reactivity levels for various moulds. Alternaria Tenuis, Aspergillus Fumigatus, Bipolaris Spicifera, Candida Albicans, Cladosporium Herbarum, Epicoccum Purpurascens, Fusarium Moniliforme, Fusarium Oxysporum, Helminthosporium Halodes, Mucor Racemosus, Penicillium Notatu, Phoma Betae, Stemphylium Botryosum	OAT13	Serum	399.00
IgG FOOD MAP <i>*Popular</i>		OAT9	Bl-Spot	359.00
IgG FOOD MAP <i>*Popular</i>	DAIRY – Beta-Lactoglobulin, Casein, Cheddar Cheese, Cow's Milk, Goat's Milk, Mozzarella, Cheese, Sheep's Yogurt, Whey, Yogurt MEAT & POULTRY – Beef, Chicken, Duck, Egg White, Egg Yolk, Goose, Lamb, Pork, Turkey LEGUMES - BEANS & PEAS – Adzuki Bean, Black Bean, Garbanzo Bean, Green Bean, Green Pea, Kidney Bean, Lentil, Lima Bean, Mung Bean, Navy Bean, Pinto Bean, Soybean, Tofu FRUIT - Acai Berry, Apple, Apricot, Banana, Blueberry, Cantaloupe, Cherry, Coconut, Cranberry, Date, Grape, Grapefruit, Guava, Jackfruit, Kiwi, Lemon, Lychee, Mango, Orange, Papaya, Passion Fruit, Peach, Pear, Pineapple, Plum, Pomegranate, Rasperry, Strawberry, Watermelon GRAINS - Amaranth, Barley, Buckwheat, Corn, Gliadin, Malt, Millet, Oat, Quinoa, Rice, Rye, Sorghum, Teff, Wheat Gluten, Whole Wheat FISH & SEAFOOD - Abalone, Anchovy, Bass, Bonito, Codfish, Crab, Halibut, Jack Mackerel, Lobster, Octopus, Oyster, Pacific Mackerel (Saba), Pacific Saury, Perch, Red Snapper, Salmon, Sardine, Scallop, Shrimp, Small Clam, Squid, Tilapia, Trout, Tuna NUTS & SEEDS - Almond, Brazil Nut, Cashew, Chestnut, Chia Seed, Flax Seed, Hazelnut, Hemp Seed, Macadamia Nut, Peanut, Pecan, Pine Nut, Pistachio, Pumpkin Seed, Seasme Seed, Sunflower Seed, Walnut VEGETABLES - Artichoke, Asparagus, Avocado, Bamboo Shoot, Bean Sprout, Beet, Bell Pepper, Bitter Gourd, Broccoli, Brussel Sprout, Burdock Root, Cabbage, Carrot, Cauliflower, Celery, Chili Pepper, Cucumber, Eggplant, Enoki Mushroom, Garlic, Kale, Leek, Lettuce, Lotus Root, Napa Cabbage, Olive (Green), Onion, Portabella Mushroom, Potato, Pumpkin, Radish, Seaweed Kombu Kelp, Seaweed Nori, Seaweed Wakame, Shitake Mushroom, Spinach, Sweet Potato, Tomato, Yam, Yellow Squash, Yuca, Zucchini HERBS & SPICES - Basil, Bay Leaf, Black Pepper, Cayenne Pepper, Cilantro, Cinnamon, Cloves, Cumin, Curry, Dill, Ginger, Hops, Mint, Miso, Mustard Seed, Oregano, Paprika, Rosemary, Sage, Tarragon, Thyme, Turmeric, Vanilla Bean MISCELLANEOUS - Bromelain, Cane Sugar, Cocoa Bean, Coffee, Green Tea, Honey, Meat glue, Oolong Tea	OAT10	Serum	399.00

*PRICES EXCLUDE \$23 P&H FEE



Available Tests: **DNALIFE**

*PRICES EXCLUDE \$23 P&H FEE

GENETICS				
TEST	MARKERS	CODE	COLLECT	PRICE \$*
1 PANEL		DNA01	Bl-spot	299.00
2 PANELS		DNA02	Bl-spot	399.00
3 PANELS		DNA03	Bl-spot	485.00
4 PANELS		DNA04	Bl-spot	569.00
5 PANELS	Multiple panels can be carried out using the same sample *excludes Medcheck and DNA Risk.	DNA05	Bl-spot	644.00
6 PANELS		DNA06	Bl-spot	719.00
7 PANELS	See below details for each panel:	DNA07	Bl-spot	794.00
8 PANELS		DNA08	Bl-spot	869.00
9 PANELS		DNA09	Bl-spot	944.00
10 PANELS		DNA10	Bl-spot	1019.00
*MEDCHECK ADD-ON	(IF ORDERED WITH OTHER PANELS)	DNA12	Bl-spot	219.00
DNA ACTIVE (DNA14) (Blood-Spot)	INJURY POTENTIAL - COL1A1 G>T, COL5A1 C>T, GDF5 C>T, RECOVERY - IL6 G>C, IL6R A>C, CRP G>A, TNFA G>A, SOD2 C>T, eNOS G>T, TRAINING PROGRAMME - AGT T>C, ACE I>D, BDKRB2 C>T, VEGF C>G, NRF2 A>G, PPARGC1A G>A, PPARG G>C, ADRB2 Arg16Gly A>G, ADRB2 Gln27Glu C>G, TRHR C>T, ACTN3 R>X, VDR T>C, PEAK TRAINING TIME - CLOCK3111 T>C, MUSCLE CRAMPING SUSCEPTIBILITY - AMPD1 G>A, CAFFEINE METABOLISM - CYP1A2 C>A, PRESSURE RESPONSE - COMT 472 G>A, SATURATED FATS - FABP2 Ala54Thr G>A, ADIPOQ -11391 G>A, PPARG Pro12Ala C>G, APOA2 265 T>C, TCF7L2 C>T, FTO T>A, APOA5 1131 T>C, PLIN 11482 G>A, MC4R V103I T>C, TNFA -308 G>A, CARBOHYDRATES - ADIPOQ -11391 G>A, ADRB2 Gln27Glu C>G, DRD2 C>T, TAS1R2 Ile191Val G>A, SLC2A2 Thr110Ile C>T, EXERCISE FOR WEIGHT MANAGEMENT - ADBR2 Arg16Gly C>G, ADRB2 Gln27Glu C>G, ADRB3 Trp64Arg T>C, FTO T>A, PPARG Pro12Ala C>G, MONO-UNSATURATED FATS - FABP2 Ala54Thr G>A, ADIPOQ -11391 G>A, POLY-UNSATURATED FATS - PPARG Pro12Ala C>G, FTO T>A, PROTEIN - FTO T>A,			229.00
DNA HEALTH (Blood-Spot) *Popular	LIPID METABOLISM - LPL 1595 C>G, CETP 279 G>A, APOC3 3175 C>G, APOE E2/E3/E4, PON1 192 Gln>Arg (A>G) DNA METHYLATION - MTHFR 677 C>T and MTHFR 1298 A>C, MTR 2756 A>G, MTRR 66 A>G, CBS 699 C>T, COMT Val158Met (472 G>A), DETOXIFICATION - CYP1A1 Msp1 T>C and CYP1A1 Ile462Val A>G, GSTP1 313 A>G, GSTM1 Insertion/ Deletion, GSTT1, NQO1 609 C>T, , INFLAMMATION - TNFA -308 G>A, IL-1A 4845 G>T or -889 C>T, IL-1B 3954 C>T & -511 A>G, & IL-1RN 2018 C>T, IL-6 -174 G>C, OXIDATIVE STRESS - eNOS 894 G>T, MnSOD/SOD2 -28 C>T, GPX1 Pro198Leu (C>T), CAT -262 C>T, BONE HEALTH, VDR Fok1 T>C, VDR Bsm1 G>A, VDR Taq1 C>T, COL1A1 1546 G>T, INSULIN SENSITIVITY - PPARG Pro12Ala C>G, TCF7L2 rs7903146 C>T, FTO T>A, GLUT2 coded by SLC2A2 Thr110Ile (C>T), IRON OVERLOAD - HFE C282Y & H63D, CAFFEINE SENSITIVITY - CYP1A2 A>C, PUFA METABOLISM - FADS1 rs174537 G>T, SALT SENSITIVITY - ACE, AGT T>C, BITTER TASTE TAS2R38 145 C>G, 785 C>T, 886 G>A, ALCOHOL METABOLISM - ALDH2 (rs671 G>A), LACTOSE INTOLERANCE - MCM6 (-13910 C>T), VITAMIN A - BCO1 (G>T, Ala379Val C>T), VITAMIN D - CYP2R1 A>G, GC T>G, GC 1296 G>T, VITAMIN B12 - FUT2 Gly258Ser G>A, VITAMIN C - GSTT1			
DNA DIET (Blood-Spot)	FABP2 Ala54Thr G>A, PPARG Pro12Ala C>G, ADRB2 Arg16Gly G>A, ADRB2 Gln27Glu C>G, ADRB3 Trp64Arg T>C, APOA2 -265 T>C, TCF7L2 rs7903146 C>T, FTO rs9939609 T>A, CLOCK 3111 T>C, APOA5 -1131 T>C, PLIN 11482 G>A, MC4R T>C, TNFA -308 G>A, DRD2 (Taq1A), ADIPOQ -11391 G>A, UCP1 -3826 A>G, UCP2 -866 G>A, UCP3 -55 C>T			
DNA PAIN (Blood-Spot)	OXIDATIVE STRESS - FAM173B (T>C), SOD2 (47 T>C (Val16Ala), INFLAMMATION - IL-1A(-889 C>T), IL-1RN (-87 G>A), IL-6 (-174 G>C), TNFA(-308 G>A), METHYLATION - MTHFR (677 C>T),MTHFR (1298 A>C), MTR (2756 A>G), CELL SIGNALLING - KCNS1 (A>G), NEUROCHEMICAL PATHWAY - NPY (-399 C>T), BDNF (Val66Met), SEROTONIN - HTR2A (-1438G>A), CATECHOLAMINE & DOPAMINE - ANKK1 (DRD2) (Taq1A/2A (C>T)), COMT (Val158Met), OPIOID PATHWAY - OPRM1 (118 G>A), ENDOCANNABINOID SYSTEM - FAAH (Pro129Thr)			
DNA OESTROGEN (Blood-Spot)	CYP1A1 Ile462Val A>G and CYP1A1 Msp1 6235 T>C, CYP17A 34 T>C, CYP1B1 1294 C>G, COMT 472 G>A, SUL1A1 638 G>A, Factor V 1691 G>A			
DNA SPORT (Blood-Spot)	COL1A1 Sp1 G>T, COL5A1 BstUI RFLP C>T, GDF5 5' UTR C>T, IL-6 -174 G>C, IL-6R Asp358Ala A>C, CRP 219 G>A, TNFA -308 G>A, SOD2 Val16Ala -28 C>T, eNOS Asp298Glu g84 G>T, AGT Met238Thr T>C, ACE Insertion/Deletion, BDKRB2 Rpt sequence exon 1 C>T, BDKRB2 Rpt sequence exon 1 C>T, VEGF -634 C>G, PPARG Intron7 G>C, ADRB2, TRHR T>G, CYP1A2 -163 C>A, ACTN3 577 R/X, VDR Taq1 T>C			
DNA MIND (Blood-Spot)	LIPID METABOLISM - APOE (E2/E3/E4), INFLAMMATION - CRP, IL1-A, IL1-B, IL1-RN, IL-6, TNFA, METHYLATION - MTHFR, MTR, WNT SIGNALLING - GSK3B, STRESS RESPONSE - FKBP5, OXTR, CELL SIGNALLING - AKT1, ANK3, CACNA1, CHRNA3, CHRNA5, DOPAMINERGIC - COMT, DRD1, DRD2, DRD3, DRD4, OPRM1, ENDOCANNABINOID - CNR1, FAAH, GABAergic - GABRA2, NEUROTROPHIC - BDNF, SEROTONERGIC - 1A HTR1A, SLC6A4			
DNA SKIN (Blood-Spot)	FIRMNESS & ELASTICITY - MMP1, COL1A1, SUN SENSITIVITY & PIGMENTATION - MC1R, ASIP, ASIP, SUN DAMAGE, PROTECTION & REPAIR - XRCC1, hOGG1, TERT, PROTECTION FROM OXIDATIVE STRESS - SOD2, GPX1, CAT, DETOXIFICATION & SKIN SENSITIVITY - GSTP1, EPHX1, NQO1			
DNA RESILIENCE (Blood-Spot)	NEUROPEPTIDE Y - -399 C>T, Oxytocin - G>A, BRAIN DERIVED NEUROTROPHIC FACTOR - Val66Met, STRESS AXIS - FKBP5 (C>T, A>C), CRHR (C>T, G>T), NOREPINEPHRINE - DBH (C>T), DOPAMINE - DRD2 (Taq1A), DRD4 (-521 T>C), COMT (Val158Met), SEROTONIN - TPH2 (-844 G>T), HTTLPR (A>C), HTR1A (-1019 C>G), HTR2A (-1438 G>A)			
DNA SMILE (Blood-Spot)	INNATE IMMUNITY - , CD14 (-260 T>C), DEFB (3'UTR c'5G>A), (-44 C>G), TLR4 (896 A>G), (1196 C>T), INFLAMMATION AND ACQUIRED IMMUNITY - IL-1A (-889 C>T), (4845 G>T), IL1B (3954 C>T), (-511 T>C), IL1RN (2018 T>C), IL6 (-174 C>G), IL17A (-197 G>A), MMP3 (Lys45Glu (A>G), TNFA (G>A), SWEET TOOTH - SLC2A2 (Thr110Ile (T>C), TAS1R2 (Ile191Val (G>A)			
DNA GROW/BABY (Blood-Spot)	LIPID METABOLISM - APOE (E2/E3/E4), INFLAMMATION - IL-6 (G>C), (G>A), (A>G), (G>A), (C>T) , DETOXIFICATION - PHASE 1 - AhR (Arg554Lys), CYP1A1 (Msp1 T>C), (Ile462Val A>G), CYP1A2 (A>C), DETOXIFICATION - PHASE 2 - GSTA1 (C>T), GSTP1 (313 A>G), GSTM1 (Present/ Absent), GSTT1 (Present/ Absent), Methylation - CBS (G>A), (G>T), CHDH (Leu78Arg), COMT (472 G>A), (C>G), (A>G), (C>T), MTHFR (677 C>T), (1298 A>C), MTHFD1 (1958 G>A), MTRR (66 A>G), PEMT (C>T), TCN2 (G>C), CELL SIGNALLING - CHRNA-7 (G>A), (G>A), MONOAMINE OXIDASE METABOLISM - MAO-A (C>T), (G>C), (G>T), (C>T), NEUROTROPHIC PATHWAY - BDNF (Val66Met), PROGESTERONE METABOLISM - PROGINS (C>T), (331 G>A), MELATONIN METABOLISM - MTNR1B (C>G), (C>T), INSULIN SENSITIVITY SECRETION AND METABOLISM - ENNP1 (C>T), GCK (-30 G>A), IGF2BP2 (G>T), SLC30A8 (G>A), VITAMIN D REQUIREMENTS - VDR (Fok1 T>C), (C>T), (A>G)			
MEDCHECK* (DNA11) (Blood-Spot)	ABCG2 421C>A; ADRA2A C-1291G; ANKK1/DRD2 DRD2:Taq1A; BDNF 434C>T; COMT Val158Met; CYP1A2 '1F, '1K; CYP2B6 '6, '9, '11, '18; CYP2C19 '2, '3, '4, '4B, '6, '7, '8, '9, '10, '17; CYP2C9 '2, '3, '4, '5, '6, '8, '11, '27; CYP2D6 '2, '3, '4, '4M, '6, '7, '8, '9, '10, '12, '14A, '14B, '17, '29, '35, '41; CYP3A4 '3, '12, '17, '22; CYP3A5 '3, '3C, '6, '7; Factor II 20210G>A; Factor V Leiden 1691G>A; MTHFR1298A>C, 677C>T; OPRM1 A118G; SLC01B1 521T>C; UGT2B15 '2; VKORC1 -1639G>A			535.00
DNA RISK (DNA13) (Blood-Spot)	Includes SNPs that indicate an increased risk for Alopecia areata, Ankylosing spondylitis, Coeliac disease, Graves' disease, Hashimoto thyroiditis, Idiopathic membranous nephropathy, IgA nephropathy, Lyme borreliosis, Multiple sclerosis, Rheumatoid arthritis, Systemic lupus erythematosus, Vitiligo			389.00



Available Tests: **MOSAIC diagnostics**

HORMONAL HEALTH				
TEST	MARKERS	CODE	COLLECT	PRICE \$*
DUTCH - COMPLETE <i>*Popular</i>	Oestrogen and Metabolites (10) - including E1, E2, E3, 2-OH-E1, 4-OH-E1, 4-OH-E2, 16-OH-E1, 2-methoxy-E1, 2-OH-E2, Total Oestrogen), Androgens and Metabolites @ - including DHEA-S, Androsterone, Etiocholanolone, Testosterone, 5a-DHT, 5a-Androstanediol, 5b-Androstanediol, Epi-Testosterone, Progesterones @ - a-P2 & b-P2, Cortisol Markers @ - 24 hr Free Cortisol, Cortisone Markers @ - 24 hr Free Cortisone, Cortisol Metabolites @ - b-Tetrahydrocortisol, a-Tetrahydrocortisol, b-Tetrahydrocortisone, Metabolised Cortisol, Melatonin, 8-OHdG, Neurotransmitter Metabolites @ - HVA, VMA, Quinolinate); Nutritional Organic Acids @ - β-Hydroxyisovalerate, Indican, MMA, Xanthurenate, Kynurenate, Pyroglutamate), Creatinine @	N0035	Dry-Urine	399.00
DUTCH - PLUS	Oestrogen and Metabolites (9, including E1, E2, E3, 2-OH-E1, 4-OH-E1, 16-OH-E1, 2-methoxy-E1, 2-OH-E2, 4-OH-E2), Total Oestrogen, Androgens and Metabolites (8, including DHEA-S, Androsterone, Etiocholanolone, Testosterone, 5a-DHT, 5a-Androstanediol, 5b-Androstanediol, Epi-Testosterone), Progesterone (2, a-P2 & b-P2), Melatonin (6-OHMS), 8-OHdG, Neurotransmitter Metabolites (3, HVA, VMA, Quinolinate); Nutritional Organic Acids (6, b-Hydroxyisovalerate, Indican, MMA, Xanthurenate, Kynurenate, Pyroglutamate), Cortisol Metabolites (3, b-Tetrahydrocortisol, a-Tetrahydrocortisol, b-Tetrahydrocortisone), Metabolised Cortisol, Creatinine @, Cortisol Awakening Response - Cortisol Markers @, Total Cortisol, Cortisone Markers @, Total Cortisone, Creatinine @	N0060	Dry-Urine, Saliva	499.00
DUTCH - CAR	Cortisol Awakening Response (CAR) - Cortisol Markers @, Total Cortisol, Cortisone Markers @, Total Cortisone	N0070	Saliva	239.00
DUTCH - SEX HORMONE METABOLITES	Oestrogens & Metabolites (10, including E1, E2, E3, 2-OH-E1, 4-OH-E1, 16-OH-E1, 2-Methoxy-E1, 2-OH-E2, 4-OH-E2, Total Oestrogen), Androgens & Metabolites (8, including Testosterone, DHT and DHEA-S), Progesterone Metabolites (2, a-P2 & b-P2)	N004SH	Dry-Urine	299.00
DUTCH - ADRENAL	Cortisol (x4), Cortisone (x4), Cortisol Metabolites @, DHEAS, Creatinine @	N004AD	Dry-Urine	299.00
DUTCH - CYCLE MAPPING	Oestrogens (E1 & E2) and Progesterones (Pg 1, Pg 2, a-P2 & b-P), Creatinine @ Sampled up to 25x over entire month/cycle - averaged to 9 intervals	N005CM	Dry-Urine	499.00
CYCLE MAPPING - ADD-ON: COMPLETE	Oestrogen and Metabolites (11), Androgens and Metabolites @, Progesterones @, Cortisol Markers @, Cortisone Markers @, Cortisol Metabolites @, Melatonin, 8-OHdG, Neurotransmitter Metabolites @; Nutritional Organic Acids @, Creatinine @	N005C	Dry-Urine	200.00
CYCLE MAPPING - ADD-ON: SEX HORMONES	Oestrogens & Metabolites (11), Androgens @, Progesterone Metabolites @, DHEAS	N005SH	Dry-Urine	100.00
CYCLE MAPPING - ADD-ON: ADRENAL	Cortisol (x4), Cortisone (x4), Cortisol Metabolites @, DHEAS, Creatinine @	N005A	Dry-Urine	100.00
DUTCH CYCLE MAPPING PLUS	Oestrogen and Metabolites (9, including E1, E2, E3, 2-OH-E1, 4-OH-E1, 16-OH-E1, 2-methoxy-E1, 2-OH-E2, 4-OH-E2), Total Oestrogen, Androgens and Metabolites (8, including DHEA-S, Androsterone, Etiocholanolone, Testosterone, 5a-DHT, 5a-Androstanediol, 5b-Androstanediol, Epi-Testosterone), Progesterone (2, a-P2 & b-P2), Melatonin (6-OHMS), 8-OHdG, Neurotransmitter Metabolites (3, HVA, VMA, Quinolinate); Nutritional Organic Acids (6, b-Hydroxyisovalerate, Indican, MMA, Xanthurenate, Kynurenate, Pyroglutamate), Cortisol Metabolites (3, b-Tetrahydrocortisol, a-Tetrahydrocortisol, b-Tetrahydrocortisone), Metabolised Cortisol, Creatinine @, Cortisol Awakening Response - Cortisol Markers @, Total Cortisol, Cortisone Markers @, Total Cortisone, Creatinine @	N0080	Dry-Urine, Saliva	865.00



Available Tests: **TRUDIAGNOSTICS**

NUTRITIONAL				
TEST	MARKERS	CODE	COLLECT	PRICE \$*
TRUAGE COMPLETE COLLECTION	DNA methylation patterns to determine biological age	TRUDTEST	Bl-spot	629.00
TRUAGE PACE	Analysis of cellular health to measure current pace of aging	TRUDPACETEST	Bl-spot	343.00

*PRICES EXCLUDE \$23 P&H FEE



Available Tests: **PRECISION POINT DIAGNOSTICS**

IMMUNITY				
TEST	MARKERS	CODE	COLLECT	PRICE \$*
PRECISION ALLERGY 88: IgG+C3d+IgE+IgG4	MEATS, DAIRY – Beef, Casein, Cow's Milk, Goat's Milk, Pork POULTRY – Chicken, Egg Albumin, Egg Yolk, Turkey LEGUMES, BEANS – Green Pea, Kidney/Pinto, Navy Bean, Peanut, Soybean FUNGI – Aspergillus Mix, Brewer's Yeast, Candida, Mushroom FISH – Codfish, Flounder, Halibut, Salmon, Tuna SHELLFISH – Clam, Crab, Lobster, Scallops, Shrimp HERBS, SPICES, SEASONINGS – Basil, Black Pepper, Cinnamon, Dill Seed, Garlic, Mustard, Oregano, Peppermint, Vanilla GRAINS, GRASSES – Barley, Corn, Gluten, Oat, Rice, Rye, Whole Wheat SEEDS, NUTS – Almond, Cacao, Coffee, Cottonseed, English Walnut, Pecan, Sesame, Sunflower Seed FRUITS – Apple, Avocado, Banana, Blueberry, Cherry, Coconut, Cucumber, Grapefruit, Grapes, Green Olive, Green Pepper, Honeydew Melon, Lemon, Lime, Orange, Peach, Pear, Pineapple, Plum, Rockmelon, Squash Mix, Strawberry, Tomato, Watermelon, VEGETABLES – Asparagus, Broccoli, Cabbage, Carrot, Celery, Horseradish, Lettuce, Onion, Spinach, Sweet Potato, Tea, White Potato	DUN001	Serum	515.00
PRECISION ALLERGY 88: IgG+C3d+IgE+IgG4	MEATS, DAIRY – Beef, Casein, Cow's Milk, Goat's Milk, Pork POULTRY – Chicken, Egg Albumin, Egg Yolk, Turkey LEGUMES, BEANS – Green Pea, Kidney/Pinto, Navy Bean, Peanut, Soybean FUNGI – Aspergillus Mix, Brewer's Yeast, Candida, Mushroom FISH – Codfish, Flounder, Halibut, Salmon, Tuna SHELLFISH – Clam, Crab, Lobster, Scallops, Shrimp HERBS, SPICES, SEASONINGS – Basil, Black Pepper, Cinnamon, Dill Seed, Garlic, Mustard, Oregano, Peppermint, Vanilla GRAINS, GRASSES – Barley, Corn, Gluten, Oat, Rice, Rye, Whole Wheat SEEDS, NUTS – Almond, Cacao, Coffee, Cottonseed, English Walnut, Pecan, Sesame, Sunflower Seed FRUITS – Apple, Avocado, Banana, Blueberry, Cherry, Coconut, Cucumber, Grapefruit, Grapes, Green Olive, Green Pepper, Honeydew Melon, Lemon, Lime, Orange, Peach, Pear, Pineapple, Plum, Rockmelon, Squash Mix, Strawberry, Tomato, Watermelon, VEGETABLES – Asparagus, Broccoli, Cabbage, Carrot, Celery, Horseradish, Lettuce, Onion, Spinach, Sweet Potato, Tea, White Potato	DUN0020	Bloodspot	515.00
COMPLETE THYROID PROFILE	TSH, Total T4, Free T4, Total T3, Free T3, Reverse T3, TPO Abs., TG Abs.	DUN007	Serum	179.00



Available Tests: **SIBO TEST**

GASTROINTESTINAL				
TEST	MARKERS	CODE	COLLECT	PRICE \$*
SIBO BASIC TEST (Lactulose)	Hydrogen (H2) and Methane (CH4)	SIBO1	Breath	195.00
SIBO ADVANCED TEST (Lactulose and Glucose) <i>*Popular</i>	Hydrogen (H2) and Methane (CH4)	SIBO2	Breath	339.00
SIBO COMPREHENSIVE (Glucose, Lactulose, Fructose)	Hydrogen (H2) and Methane (CH4)	SIBO4	Breath	469.00
METHANE SPOT TEST	Methane (CH4)	SIBO5	Breath	85.00
FRUCTOSE BASIC (Fructose)	Hydrogen (H2) and Methane (CH4)	SIBO3	Breath	195.00
FRUCTOSE ADVANCED (Fructose)	Hydrogen (H2) and Methane (CH4)	SIBO6	Breath	195.00



Available Tests: **IMMUNOSCIENCES**

IMMUNITY				
TEST	MARKERS	CODE	COLLECT	PRICE \$*
AUTOIMMUNE PROFILE	IgG to ANA, ENA, DNA, RF, C1Q, Actin, Mitochondria	2011	Serum	449.00
IMMUNOSEROLOGY OF LYME PANEL A	Patented assay of IgG & IgM toward multiple tickborne antigens	2017	Serum	919.00
VIRAL SCREEN	IgG & IgM to EBV, CMV, HSV 1+2	2020	Serum	389.00
VIRAL PANEL	IgG & IgM to EBV, EBV-EA, EBV-NA, CMV, HSV 1+2, HHV-6, VZV IgG	20222	Serum	745.00

*PRICES EXCLUDE \$23 P&H FEE

Testing Resources



Test Sample Reports and Instructions Instructions & Resources

Simply visit the TESTING section of our website to access a wide range of PDF resources, available on each test information page. These resources include Sample Test Reports, Test Interpretation Guides, Patient Collection Instructions, and more.

Visit [RNLabs.com.au](https://rnlabs.com.au) to view



Personalised Test Result Interpretations

Book a phone appointment with one of our experts from our Technical Support Team to personally go through your / your patient's test results, to assist you in your understanding of the test report and how to interpret the results.

Visit [RNLabs.com.au](https://rnlabs.com.au) > [Dashboard](#) to book an appointment.



Videos

Simply visit the TESTING section of our website to access additional content

Visit [RNLabs.com.au](https://rnlabs.com.au) to view



Webinar Recordings

Hear from National and International experts in the field of functional testing. Simply register for your chosen webinar recordings to watch any time and gain a certificate of attendance for CPE points.

Visit [EDU.RNLabs.com.au](https://edu.rnlabs.com.au) to browse all webinar recordings

Patient Resources



Patients are supported with information and resources about how to complete their functional test

-  PDF test instructions
-  Helpful Videos
-  About the Laboratory
-  FAQs
-  About the Test Patient Summary
-  How to access further support

IT'S ALL INCLUDED IN ORDER CONFIRMATION EMAIL TO PATIENT!

Our Team

Our success lies with great people with the highest levels of integrity and honesty with a focus on innovation. We are passionate about natural healthcare and dedicated to excellence across all areas.

Area Managers & Technical Support



MICHELLE HISLOP
North QLD



SARAH WEERAPPAH
ACT, South East and East Sydney



LAUREN MATICH
North Sydney & Central Coast



JESS MORLAND
QLD



MEGAN PEARCE
Technical Support



MELINDA MUSTON
Technical Support



NICOLA DIMASI
Technical Support



JADI NASH
Technical Support

The RN Labs Team



AMAL KARL
Executive Officer



JYOTSANA KARL
Financial Controller



MITCHELL STOKES
Commercial Manager



COLIN VANPRASEUTH
IT & Management Accountant



ALLISSA COLLIER
Business Development & Strategy Manager



GERRIT POTGIETER
Operations Executive



EMMA LEADBETTER
Marketing Manager



JANNAT BHARGAL
Marketing Coordinator



LISANDRO JUDAYA
Web and Digital Design Specialist



KEELEY PERKINS
Marketing Coordinator



TIANA TAMA
Customer Service



SHARLANE HARRIS
Customer Service



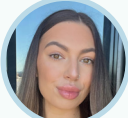
KAYLEE HOLDER
Customer Service



SHARNEE O'NEILL
Customer Service



KAYLA ROBERTSON
Customer Service



TAHNEE FRANKS
Customer Service



REGAN HAYWARD
Customer Service



CARLIE DANN
Office Assistant



DANIELA ARTEAGA
Office Assistant



SOPHIE CLANCY
Testing Warehouse



GEORGIA BROWN
Warehouse Operations



CALLUM TE KAHU
Warehouse Operations

RN Labs Terms & Conditions

CLAIMS AND RETURNS

If there are any problems with your order RN Labs must be notified within 7 days of receiving the goods. The goods must be returned to head office within 14 days from the date of the invoice to be eligible for a credit/refund. A credit will be given for the following:

If the goods we deliver are not what you ordered, damaged (including damage to the outer seal) or defective or the invoice does not represent goods received.

Any incorrect product ordered may be returned if unopened and the outer seal is in place. You are responsible for the delivery/shipping fees for any product returned, due to incorrect ordering.

DELIVERY OF GOODS

Orders over \$200 are sent freight-free. Orders under \$200 incur a \$14.50 (inc. GST) postal charge.

Estimated delivery times is as follows:

- **Brisbane/Gold Coast: 1-2 business days**
- **Sydney & Melbourne: 2-3 business days**
- **Other areas in QLD, NSW, and VIC: 2-4 business days**
- **SA, NT: 2-4 business days**
- **WA: 1-4 business days**

If you do not receive goods you have ordered from RN Labs within 14 days, we shall have no liability to you unless you notify us of the problem within 14 days of the date on which you ordered the goods. Expiry dates must be checked when receiving the goods, as products will not be credited if returned after 30 days.

ADVERSE REACTIONS

All correspondence for adverse reactions should be either emailed to support@RNLabs.com.au or call RN Labs tech support on 1800 110 158. The tech support team will email or fax a list of questions to assess if this is an adverse reaction. Tech support will notify if the product is to be returned to head office, once the product is received a credit may be issued.

PRODUCT COMPLAINTS

For any product complaints please contact customer services on 1800 110 158 Any opened product returned due to dissatisfaction with the taste will not be eligible for a credit unless a fault has been found with the product.

Any opened product returned due to the product being unsuitable for the use intended will not be refunded.

Overstocking of RN Labs products will not be credited unless returned to RN Labs within 14 days from the date of the invoice.

OUT OF STOCK ITEMS

All products out of stock are automatically placed on our backorder system and will be forwarded to you freight free as soon as we receive the goods. Please notify us if you want to cancel your backorder.

BILLING

Payment is due on the 20th day of the following month of invoice date, which can be paid by direct deposit, cheque, Visa or Mastercard.

PRACTITIONER-ONLY SUPPLY POLICY

RN Labs has an obligation to adhere to national regulatory requirements for the distribution of specialised healthcare products.

The following conditions must be met in order to obtain and maintain a ‘Practising Health Practitioner’ account and have access to ‘practitioner-only’ products and services, as well as any materials pertaining to them (such as technical manuals, product information, access to training seminars etc.).

- Products and testing services must be prescribed to patients by a fully qualified and practising health practitioner in the context of a private consultation.
- To be recognised as a Qualified Healthcare Practitioner, completion of ‘tertiary equivalent’ education in an ‘ingestible’ clinical modality, that includes training in clinical nutrition, from a recognised educational institution must be evidenced.
- To comply with the definition of a Practising Health Practitioner, evidence of current membership with an appropriate Australian health professional association must be provided. This must take the form of a CURRENT association membership certificate or TGA exemption certificate.
- Appropriate associations include those that govern registered health professionals and/or natural health professionals with clinical qualifications in the field of nutrition (For a list of Approved Australian Bodies see Schedule 1 of the Therapeutic Good Regulations 1990 at tga.health.gov.au)
- Under no circumstances should RN Labs practitioner-only product range be visibly stored or displayed in a retail setting (inclusive of online sales).
- RN Labs reserves the right to remove products and refuse future sale when stored or sold inappropriately.



Product Price List / Ordering Form

Account Name or Customer Code: _____

Ph: _____ Contact Name: _____

RN Labs Products					Last Update Nov 2023	
QTY	PRODUCT (* Vegan + Vegetarian)		SIZE	CODE	W/S \$ excl. GST	RRP \$ incl. GST
	Active B6'	Metabolically active Vitamin B6 (Pyridoxal-5-Phosphate) form	60s	504324	22.90	37.80
	Adaptex'	Synergistic blend of botanical adaptogens for supporting a healthy stress response	60s	PC2035	22.45	37.05
	AdrenaForte'	Synergistic botanical formulation that supports healthy Cortisol levels and activity	60s	PC2036	25.00	41.25
	Andro Fortify'	Synergistic blend of high purity botanicals for supporting healthy hormone levels	60s	PC2058	23.90	39.45
	Berbersorb'	Highly bioavailable form of Berberine for maintenance of healthy blood sugar levels	60s	PC2255	35.95	58.80
	Bergastat' ^(NEW)	Blend of liposomal Bergamot and Globe Artichoke to support healthy cholesterol levels	60s	PC2439	40.00	66.00
	BioActive B-Complex'	Metabolically active, non-methyl B-Complex	60s	PC2257	24.90	41.05
	Cal:Mag 1:1'	Balanced formulation of highly bioavailable Calcium and Magnesium	60s	505146	15.35	25.35
	Core Nutrients with Collagen	Low allergen mixture of hydrolysed Collagen and essential vitamins + minerals	448g	PC2358	50.80	83.85
	Curcutex'	Soy-Free Proprietary Meriva® Phytosome Curcumin	60s	PC2039	29.90	49.35
	Digest Enhance	Synergistic formulation to support digestion and reduce bacterial overgrowth	120s	PC1959	21.50	35.50
	Estro Fortify'	Synergistic botanical formulation that supports healthy oestrogen activity	60s	PC1986	18.10	29.90
	Fe-Restore'	Highly absorbable Iron bisglycinate form	30s	PC1873	11.65	19.20
	Folinic Acid'	Metabolically active, non-methyl form of Folate (Folinic)	120s	PC1166	20.80	34.30
	GI Defence'	Synergistic mixture of herbs and nutrients to support Digestive Tract functioning	210g	PC1710	29.90	49.35
	Inflamasoothe Trio'	Synergistic blend of herbs and nutrients for pain, inflammation & oxidation management	60s	PC2310	42.40	69.95
	Iodine & Tyrosine'	Synergistic Iodine & Tyrosine for thyroid and cognitive health	60s	AUM 219	20.50	33.85
	L-5MTHF'	Methylated form of Folate (5-MTHF)	120s	PC1167	25.55	42.15
	Lipotropex'	Potent blend of ingredients to support Hepatic function and Detoxification ability	300g	PC1782	28.55	47.10
	Magnesium Citrate'	Highly absorbed citrate chelate form of Magnesium	90s	PC1675.90	16.30	26.85
			180s	PC1675.180	31.40	51.80
	Magnesium Glycinate'	Highly absorbable form of Magnesium with a strong affinity for the nervous system	90s	PC2173.90	16.30	26.85
			180s	PC2173.180	31.40	51.80
	Medi Restore - Vanilla'	Low allergen protein & nutrient Meal Formula	616g	PC2147	57.20	94.40
	Methyl Fortify'	Synergistic blend of methylated cofactors (5-MTHF, Methyl-B12 and Choline)	60s	504071	25.35	41.80
	Micro Clear'	Potent combination of botanicals to provide targeted anti-microbial support	60s	PC1970	20.70	34.15
	Micronised PEA'	High absorbed form of Palmitoylethanolamide used for pain management	120s	PC2256	36.35	59.95
	Mito-Charge Powder'	High Ribose Blend of mitochondrial energy cofactors	210g	PC2355	35.95	59.30
	Mixed Mag Forte'	Highly absorbable forms of Magnesium in a lemon flavoured powder	180g	PC1984	36.65	60.45
	Niacinamide B3'	Non-Flushing active Vitamin B3	120s	PC1169	23.20	38.30
	Pantothenic B5'	Pure Vitamin B5 (for skin, adrenals & energy production)	120s	PC1236	25.10	41.40
	Progest Fortify'	Synergistic botanical formulation that supports healthy hormone balance and PMS	60s	PC1985	17.50	28.90
	Quercesorb'	Highly absorbable and bioavailable form of Quercetin	60s	PC1868	28.00	46.25
	Selenium'	Highly absorbable Selenomethionine form	60s	PC2292	12.90	21.30
	Sublingual Hydroxy-B12'	Highly absorbable Hydroxy-B12 lozenges	120 loz	503978	15.35	25.30
	Thyro Fortify'	Synergistic nutrient mix to support Thyroid gland function & Thyroid hormone synthesis	60s	PC2368	23.90	39.45
	TraceMins Complex'	Synergistic blend of ALL primary Trace Elements	90s	503975	14.90	24.55
	Tri-Factor'	Synergistic blend of key enzyme cofactors (Zinc, B6 and Magnesium)	60s	504296	21.30	35.15
	Zinc Glycinate'	Highly absorbable Bisglycinate form	120s	PC2291	20.50	33.85



Product Price List / Ordering Form

Account Name or Customer Code: _____

Ph: _____ Contact Name: _____

RN Labs Compounds						
QTY	PRODUCT (* Vegan)		SIZE	CODE	W/S \$ excl. GST	RRP \$ incl. GST
	5-HTP Powder`	For Extemporaneous Prescribing. 0.15ml scoop included.	25g	PC1201	22.70	37.40
	Acetyl L-Carnitine Powder`	For Extemporaneous Prescribing. 1ml scoop included.	50g	504887	12.50	20.60
	Arabinogalactans Powder`	For Extemporaneous Prescribing. No scoop provided, teaspoon use advised.	100g	504893	18.40	30.40
	Ascorbic Acid Powder`	For Extemporaneous Prescribing. 1ml scoop included.	100g	504888	13.40	22.10
	Benfotiamine Powder` ^(NEW)	For Extemporaneous Prescribing. 0.15ml scoop included.	25g	PC2489	19.90	32.85
	Calcium-D-Glucarate Powder`	For Extemporaneous Prescribing. 1ml scoop included.	50g	PC2482	15.90	26.20
	CDP-Choline Powder`	For Extemporaneous Prescribing. 1ml scoop included.	25g	PC2507	35.30	58.25
	Citrulline Powder`	For Extemporaneous Prescribing. 1ml scoop included.	v100g	504896	18.10	29.90
	DIM Powder`	For Extemporaneous Prescribing. 0.15ml scoop included.	50g	504360	26.60	43.90
	DL-Phenylalanine Powder`	For Extemporaneous Prescribing. 1ml scoop included.	50g	504892	11.90	19.60
	D-Mannose Powder`	For Extemporaneous Prescribing. 1ml scoop included.	50g	504366	20.50	33.85
	GABA Powder`	For Extemporaneous Prescribing. 1ml scoop included.	50g	504362	13.10	21.60
	GABA Powder`	For Extemporaneous Prescribing. 1ml scoop included.	100g	PC2157	22.90	38.70
	Glutamine Powder `	For Extemporaneous Prescribing. No scoop provided, teaspoon use advised.	200g	504889	24.70	40.80
	Glycine Powder`	For Extemporaneous Prescribing. 1ml scoop included.	100g	504890	9.90	16.35
	Inositol Powder`	For Extemporaneous Prescribing. No scoop provided, teaspoon use advised.	100g	504363	22.40	37.00
	L-Lysine Powder`	For Extemporaneous Prescribing. 1ml scoop included.	100g	504913	13.60	22.40
	L-Theanine Powder`	For Extemporaneous Prescribing. 0.15ml scoop included.	50g	504365	15.90	26.20
	Magnesium L-Threonate Powder`	For Extemporaneous Prescribing. No scoop provided, teaspoon use advised.	50g	PC1098	39.90	65.80
	N-Acetyl Cysteine (NAC) Powder`	For Extemporaneous Prescribing. 1ml scoop included.	100g	PC1933.100	17.90	29.50
	Taurine Powder`	For Extemporaneous Prescribing. 1ml scoop included.	50g	504891	8.90	14.70
	Tyrosine Powder`	For Extemporaneous Prescribing. 1ml scoop included.	50g	504808	14.20	23.40
	Zinc Picolinate Powder`	For Extemporaneous Prescribing. 0.15ml scoop included.	25g	PC2180	18.10	29.90

RN Labs Compounding Materials						
QTY	PRODUCT		SIZE	CODE	W/S \$ excl. GST	RRP \$ incl. GST
	Compounding Starter Pack	Precision Digital Scales (0.001g), Metric Spoon Set, 2 x Powder Funnels (44mm, 22mm)		CSP	78.75	86.63
	Compounding Scoop - 0.15 mL	Plastic scoops to facilitate dose directions for your patients.	0.15mL	SCP1	0.45	0.50
	Compounding Scoop - 1 mL		1mL	SCP2	0.45	0.50
	Metric Spoon Set	5x Stainless steel narrow measuring spoons to assist with dispensing	0.63-15ml	SCP3	13.59	17.95
	Empty Bottle with Cap	Empty dispensing containers with snap-lock lid	90mL	B90ML	0.45	0.50
	Empty Bottle with Cap		200mL	P200ML	0.54	0.60
	Empty Pot with Cap		300mL	P300ML	0.85	0.95
	Empty Pot with Cap		600mL	P600ML	0.95	1.05
	Empty Pot with Cap		1200mL	P1200ML	1.68	1.85
	Powder Funnel for Large Tubs	Stainless steel funnel with wide mouth for transfer of ingredients	44mm Spout	SCP5	8.95	9.85
	Powder Funnel for Small Bottles	Stainless steel funnel with wide mouth for transfer of ingredients	22mm Spout	SCP6	10.80	11.88
	Precision Digital Scales	High precision scales accurate to 0.001g - 50 g max	50 g	SCP4	45.41	49.95
	Bulk Lab Scales	Bulk lab scales accurate to 0.01g - 2 kg max	2 kg	SCP7	86.36	95.00
	Blank Label Pack	4 Sheets of 14 Labels per sheet to assist label preparation	4 × 14	COMLABELS	4.54	5.00



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RN Labs Compounds						
QTY	PRODUCT (* Vegan)		SIZE	CODE	W/S \$ excl. GST	RRP \$ incl. GST
	5-HTP Powder`	For Extemporaneous Prescribing. 0.15ml scoop included.	25g	PC1201	22.70	37.40
	Acetyl L-Carnitine Powder`	For Extemporaneous Prescribing. 1ml scoop included.	50g	504887	12.50	20.60
	Arabinogalactans Powder`	For Extemporaneous Prescribing. No scoop provided, teaspoon use advised.	100g	504893	18.40	30.40
	Ascorbic Acid Powder`	For Extemporaneous Prescribing. 1ml scoop included.	100g	504888	13.40	22.10
	Benfotiamine Powder` ^(NEW)	For Extemporaneous Prescribing. 0.15ml scoop included.	25g	PC2489	19.90	32.85
	Calcium-D-Glucarate Powder`	For Extemporaneous Prescribing. 1ml scoop included.	50g	PC2482	15.90	26.20
	CDP-Choline Powder`	For Extemporaneous Prescribing. 1ml scoop included.	25g	PC2507	35.30	58.25
	Citrulline Powder`	For Extemporaneous Prescribing. 1ml scoop included.	v100g	504896	18.10	29.90
	DIM Powder`	For Extemporaneous Prescribing. 0.15ml scoop included.	50g	504360	26.60	43.90
	DL-Phenylalanine Powder`	For Extemporaneous Prescribing. 1ml scoop included.	50g	504892	11.90	19.60
	D-Mannose Powder`	For Extemporaneous Prescribing. 1ml scoop included.	50g	504366	20.50	33.85
	GABA Powder`	For Extemporaneous Prescribing. 1ml scoop included.	50g	504362	13.10	21.60
	GABA Powder`	For Extemporaneous Prescribing. 1ml scoop included.	100g	PC2157	22.90	38.70
	Glutamine Powder `	For Extemporaneous Prescribing. No scoop provided, teaspoon use advised.	200g	504889	24.70	40.80
	Glycine Powder`	For Extemporaneous Prescribing. 1ml scoop included.	100g	504890	9.90	16.35
	Inositol Powder`	For Extemporaneous Prescribing. No scoop provided, teaspoon use advised.	100g	504363	22.40	37.00
	L-Lysine Powder`	For Extemporaneous Prescribing. 1ml scoop included.	100g	504913	13.60	22.40
	L-Theanine Powder`	For Extemporaneous Prescribing. 0.15ml scoop included.	50g	504365	15.90	26.20
	Magnesium L-Threonate Powder`	For Extemporaneous Prescribing. No scoop provided, teaspoon use advised.	50g	PC1098	39.90	65.80
	N-Acetyl Cysteine (NAC) Powder`	For Extemporaneous Prescribing. 1ml scoop included.	100g	PC1933.100	17.90	29.50
	Taurine Powder`	For Extemporaneous Prescribing. 1ml scoop included.	50g	504891	8.90	14.70
	Tyrosine Powder`	For Extemporaneous Prescribing. 1ml scoop included.	50g	504808	14.20	23.40
	Zinc Picolinate Powder`	For Extemporaneous Prescribing. 0.15ml scoop included.	25g	PC2180	18.10	29.90

RN Labs Compounding Materials						
QTY	PRODUCT		SIZE	CODE	W/S \$ excl. GST	RRP \$ incl. GST
	Compounding Starter Pack	Precision Digital Scales (0.001g), Metric Spoon Set, 2 x Powder Funnels (44mm, 22mm)		CSP	78.75	86.63
	Compounding Scoop - 0.15 mL	Plastic scoops to facilitate dose directions for your patients.	0.15mL	SCP1	0.45	0.50
	Compounding Scoop - 1 mL		1mL	SCP2	0.45	0.50
	Metric Spoon Set	5x Stainless steel narrow measuring spoons to assist with dispensing	0.63-15ml	SCP3	13.59	17.95
	Empty Bottle with Cap	Empty dispensing containers with snap-lock lid	90mL	B90ML	0.45	0.50
	Empty Bottle with Cap		200mL	P200ML	0.54	0.60
	Empty Pot with Cap		300mL	P300ML	0.85	0.95
	Empty Pot with Cap		600mL	P600ML	0.95	1.05
	Empty Pot with Cap		1200mL	P1200ML	1.68	1.85
	Powder Funnel for Large Tubs	Stainless steel funnel with wide mouth for transfer of ingredients	44mm Spout	SCP5	8.95	9.85
	Powder Funnel for Small Bottles	Stainless steel funnel with wide mouth for transfer of ingredients	22mm Spout	SCP6	10.80	11.88
	Precision Digital Scales	High precision scales accurate to 0.001g - 50 g max	50 g	SCP4	45.41	49.95
	Bulk Lab Scales	Bulk lab scales accurate to 0.01g - 2 kg max	2 kg	SCP7	86.36	95.00
	Blank Label Pack	4 Sheets of 14 Labels per sheet to assist label preparation	4 × 14	COMLABELS	4.54	5.00



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Nordic Naturals						
QTY	PRODUCT			SIZE	CODE	W/S \$ excl. GST RRP \$ incl. GST
	Arctic Cod Liver Oil	Lemon	Made from 100% wild Arctic cod (Skrei), containing only naturally-occurring vitamins A & D, essential fats and nutrients—no other fish oils or synthetic additives are ever used.	237ml	RUS-58785	30.35 50.10
	Arctic Cod Liver Oil	Orange		237ml	RUS-54785	30.35 50.10
	Arctic Cod Liver Oil	Orange		473ml	RUS-54787	54.25 89.50
	Arctic Cod Liver Oil	Strawberry		237ml	RUS-56783	30.35 50.10
	Arctic Cod Liver Oil	Unflavoured		237ml	RUS-53785	30.35 50.10
	Arctic Cod Liver Oil ^(PRO)	Lemon	Practitioner-only labels.	90s	AUS-27784	26.90 44.35
	Arctic Cod Liver Oil ^(PRO)		Made from 100% wild Arctic cod (Skrei).	180s	AUS-27884	50.30 83.00
	Arctic-D Cod Liver Oil	Lemon	Liquid	Arctic cod liver oil with 1000 IU of natural Vitamin D	237ml	RUS-58783 31.55 52.05
	Baby's DHA	Unflavoured	Liquid	Arctic cod liver oil in measured dropper bottle	60ml	AUS-20092 18.30 30.15
	Children's DHA	Strawberry	Liquid	Arctic cod liver oil liquid in natural strawberry flavour, dosed for children.	119ml	RUS-56780 19.45 32.05
	Children's DHA				237ml	RUS-02723 30.90 50.95
	Complete Omega	Lemon	Liquid	Blend of EPA+DHA from fish oil with GLA from borage oil	237ml	RUS-02773 34.55 56.65
	Complete Omega				473ml	RUS-02774 62.90 103.80
	Omega-3	Lemon	Soft Gels	Maintenance formula of EPA+DHA	60s	AUS-21760 20.60 33.95
	Omega-3 Liquid	Lemon	Liquid	Maintenance formula, providing the recommended daily amount of EPA + DHA.	237ml	RUS-02763 29.70 49.05
	Omega-3 Liquid				473ml	RUS-02764 52.60 86.80
	Omega-3D Liquid	Lemon	Liquid	Omega-3 with 1000 IU natural Vitamin D	237ml	RUS-02765 30.90 50.95
	ProOmega ^(PRO)			Practitioner-only labels.	60s	AUS-22120 32.05 52.85
	ProOmega ^(PRO)	Lemon	Soft Gels	Providing exceptionally high levels of EPA & DHA. Ideal for people wanting high intensity, therapeutic support in a smaller serving.	120s	AUS-23120 57.25 94.45
	ProOmega ^(PRO)				180s	AUS-24120 80.10 132.20
	Ultimate Omega	Lemon	Liquid	Providing exceptionally high levels of EPA & DHA. Ideal for people wanting high intensity, therapeutic support in a smaller serving.	119ml	RUS-01793 48.10 79.35
	Ultimate Omega				237ml	RUS-02793 82.45 136.00

SINGLE SACHET SAMPLES: Stock is variable and cannot be placed on backorder. 2 samples may be supplied per bottle ordered

	Children®DHA	Strawberry	Soft Gels	4x soft gels	-	-
	Omega-3	Lemon	Soft Gels	2x soft gels	-	-
	Prenatal DHA	Unflavoured	Soft Gels	2x soft gels	-	-
	Ultimate Omega	Lemon	Soft Gels	2x soft gels	-	-

AYURDA					
QTY	PRODUCT (* Vegan)			SIZE	CODE W/S \$ excl. GST RRP \$ incl. GST
	Agnitone* ^(NEW)	Relieves symptoms of indigestion		60s	A-AGN 28.10 49.50
	Bon-Ton* ^(NEW)	Relieves mild rheumatic aches and pains		60s	A-BON 28.10 49.50
	Dermo Guard* ^(NEW)	Supports skin health		60s	A-DER 28.10 49.50
	Fem-Power* ^(NEW)	Supports female reproductive system health and hormones		60s	A-FEM 28.10 49.50
	Gluco-Ton* ^(NEW)	Assists glucose metabolism with Chromium		60s	A-GLU 28.10 49.50
	Immune Guard* ^(NEW)	Supports immune system health and immune system function with Zinc		60s	A-IMM 28.10 49.50
	LivGood* ^(NEW)	Supports liver health and function		60s	A-LIV 28.10 49.50
	M-Power* ^(NEW)	Supports Male reproductive health and healthy libido		60s	A-MPO 28.10 49.50
	Rejuva-Ton* ^(NEW)	Rejuvenative tonic with Ashwagandha		60s	A-REJ 28.10 49.50



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RN Labs Compounds					
QTY	PRODUCT (* Vegan)		SIZE	CODE	W/S \$ excl. GST RRP \$ incl. GST
	5-HTP Powder*	For Extemporaneous Prescribing. 0.15ml scoop included.	25g	PC1201	22.70 37.40
	Acetyl L-Carnitine Powder*	For Extemporaneous Prescribing. 1ml scoop included.	50g	504887	12.50 20.60
	Arabinogalactans Powder*	For Extemporaneous Prescribing. No scoop provided, teaspoon use advised.	100g	504893	18.40 30.40
	Ascorbic Acid Powder*	For Extemporaneous Prescribing. 1ml scoop included.	100g	504888	13.40 22.10
	Benfotiamine Powder* ^(NEW)	For Extemporaneous Prescribing. 0.15ml scoop included.	25g	PC2489	19.90 32.85
	Calcium-D-Glucarate Powder*	For Extemporaneous Prescribing. 1ml scoop included.	50g	PC2482	15.90 26.20
	CDP-Choline Powder*	For Extemporaneous Prescribing. 1ml scoop included.	25g	PC2507	35.30 58.25
	Citrulline Powder*	For Extemporaneous Prescribing. 1ml scoop included.	v100g	504896	18.10 29.90
	DIM Powder*	For Extemporaneous Prescribing. 0.15ml scoop included.	50g	504360	26.60 43.90
	DL-Phenylalanine Powder*	For Extemporaneous Prescribing. 1ml scoop included.	50g	504892	11.90 19.60
	D-Mannose Powder*	For Extemporaneous Prescribing. 1ml scoop included.	50g	504366	20.50 33.85
	GABA Powder*	For Extemporaneous Prescribing. 1ml scoop included.	50g	504362	13.10 21.60
	GABA Powder*	For Extemporaneous Prescribing. 1ml scoop included.	100g	PC2157	22.90 38.70
	Glutamine Powder *	For Extemporaneous Prescribing. No scoop provided, teaspoon use advised.	200g	504889	24.70 40.80
	Glycine Powder*	For Extemporaneous Prescribing. 1ml scoop included.	100g	504890	9.90 16.35
	Inositol Powder*	For Extemporaneous Prescribing. No scoop provided, teaspoon use advised.	100g	504363	22.40 37.00
	L-Lysine Powder*	For Extemporaneous Prescribing. 1ml scoop included.	100g	504913	13.60 22.40
	L-Theanine Powder*	For Extemporaneous Prescribing. 0.15ml scoop included.	50g	504365	15.90 26.20
	Magnesium L-Threonate Powder*	For Extemporaneous Prescribing. No scoop provided, teaspoon use advised.	50g	PC1098	39.90 65.80
	N-Acetyl Cysteine (NAC) Powder*	For Extemporaneous Prescribing. 1ml scoop included.	100g	PC1933.100	17.90 29.50
	Taurine Powder*	For Extemporaneous Prescribing. 1ml scoop included.	50g	504891	8.90 14.70
	Tyrosine Powder*	For Extemporaneous Prescribing. 1ml scoop included.	50g	504808	14.20 23.40
	Zinc Picolinate Powder*	For Extemporaneous Prescribing. 0.15ml scoop included.	25g	PC2180	18.10 29.90

RN Labs Compounding Materials					
QTY	PRODUCT		SIZE	CODE	W/S \$ excl. GST RRP \$ incl. GST
	Compounding Starter Pack	Precision Digital Scales (0.001g), Metric Spoon Set, 2 x Powder Funnels (44mm, 22mm)		CSP	78.75 86.63
	Compounding Scoop - 0.15 mL	Plastic scoops to facilitate dose directions for your patients.	0.15mL	SCP1	0.45 0.50
	Compounding Scoop - 1 mL		1mL	SCP2	0.45 0.50
	Metric Spoon Set	5x Stainless steel narrow measuring spoons to assist with dispensing	0.63-15ml	SCP3	13.59 17.95
	Empty Bottle with Cap	Empty dispensing containers with snap-lock lid	90mL	B90ML	0.45 0.50
	Empty Bottle with Cap		200mL	P200ML	0.54 0.60
	Empty Pot with Cap		300mL	P300ML	0.85 0.95
	Empty Pot with Cap		600mL	P600ML	0.95 1.05
	Empty Pot with Cap		1200mL	P1200ML	1.68 1.85
	Powder Funnel for Large Tubs	Stainless steel funnel with wide mouth for transfer of ingredients	44mm Spout	SCP5	8.95 9.85
	Powder Funnel for Small Bottles	Stainless steel funnel with wide mouth for transfer of ingredients	22mm Spout	SCP6	10.80 11.88
	Precision Digital Scales	High precision scales accurate to 0.001g - 50 g max	50 g	SCP4	45.41 49.95
	Bulk Lab Scales	Bulk lab scales accurate to 0.01g - 2 kg max	2 kg	SCP7	86.36 95.00
	Blank Label Pack	4 Sheets of 14 Labels per sheet to assist label preparation	4 × 14	COMLABELS	4.54 5.00



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THERAPURE						
QTY	PRODUCT (* Vegan)		SIZE	CODE	W/S \$ excl. GST	RRP \$ incl. GST
	my hair* ^(NEW)	Comprehensive mix of herbs and nutrients to strengthen hair, skin + nails	120s	PC2414	26.90	49.40
	my immune cold + flu* ^(NEW)	Potent mix of herbs and nutrients to relieve cold + flu symptoms/support recovery	60s	PC2294	19.90	36.60
	my immune support* ^(NEW)	Immune supportive herbs, mushrooms + nutrients to strengthen immunity	120s	PC2295	24.90	45.80
	my liposomal D + K	Synergistic Vitamin D and K blend to support bone, immune and heart health	50ml	PC2293	24.95	45.85
	my liposomal glutathione*	Highly bioavailable form of Glutathione for antioxidant support	50ml	PC2350	30.30	49.95
	my pure magnesium*	Magnesium glycinate form for cognitive, vascular + musculoskeletal support	90s	PC2173.90TH	19.95	36.65
	my skin*	Bio-active blend of nutrients and herbs to support all levels of skin function	120s	PC1927	36.90	67.80
	pure collagen peptides + c	Hydrolysed Collagen and Vitamin C formulation to support collagen and skin formation and function	112g	PC2038.112	14.90	27.40
			480g	PC2038.480	36.30	66.80

NUZEST						
QTY	PRODUCT (* Vegan)	FLAVOUR	SIZE	CODE	W/S \$ excl. GST	RRP \$ incl. GST
	Clean Lean Protein*	Just Natural	500g	CLP500-JN	34.48	56.50
	Clean Lean Protein*	Rich Chocolate	500g	CLP500-RC	34.48	56.50
	Clean Lean Protein*	Smooth Vanilla	500g	CLP500-SV	34.48	56.50
	Clean Lean Protein*	Wild Strawberry	500g	CLP500-WS	34.48	56.50
	Clean Lean Protein*	Just Natural	1 kg	CLP1KG-JN	60.60	99.95
	Clean Lean Protein*	Rich Chocolate	1 kg	CLP1KG-RC	60.60	99.95
	Clean Lean Protein*	Smooth Vanilla	1 kg	CLP1KG-SV	60.60	99.95
	Clean Lean Protein*	Wild Strawberry	1 kg	CLP1KG-WS	60.60	99.95
	Good Green Vitality*	Pineapple/Vanilla	120g	GGV120	27.27	45.00
	Good Green Vitality*		300g	GGV300	63.63	105.00
	Good Green Vitality*		750g	GGV750	127.27	210.00
	Kids Good Stuff*	Vanilla Caramel	225g	KGS225VC	27.27	45.00
	Kids Good Stuff*	Rich Chocolate	225g	KGS225RC	27.27	45.00
	Kids Good Stuff*	Wild Strawberry	225g	KGS225WS	27.27	45.00

ENTEROSGEL						
QTY	PRODUCT (* Vegan)		SIZE	CODE	W/S \$ excl. GST	RRP \$ incl. GST
	Enterosgel*	Intestinal adsorbent gel for binding of harmful compounds in the intestinal tract	90g	ENTERO90	19.10	29.95
	Enterosgel*		225g	ENTERO225	31.80	49.95

ENZYMEDICA						
QTY	PRODUCT (* Vegan)		SIZE	CODE	W/S \$ excl. GST	RRP \$ incl. GST
	Digest Premium*	Pure blend of plant-based enzymes to assist Healthy Digestion	60s	55499	24.70	40.75
	Intolergest*	Pure blend of plant-based enzymes to assist digestion of Lactose, Dairy & Gluten	60s	55498	21.95	36.20

ORDERS OVER \$200 ARE FREIGHT FREE

A freight charge of \$14.50 (inc. GST) will apply to all product orders under the value of \$200.

For orders placed before 12pm QLD time, orders are generally dispatched on the same day.

Please be aware that our delivery partners are currently experiencing delays due to a combination of staff shortages/sickness and extreme weather in various parts of the country.

As such, please add 2-3 business days on top of our usual delivery estimates. Thank you for your understanding.

ESTIMATE OF DELIVERY TIMES:

Brisbane / Gold Coast: 1—2 business days

Sydney / Melbourne: 2—3 business days

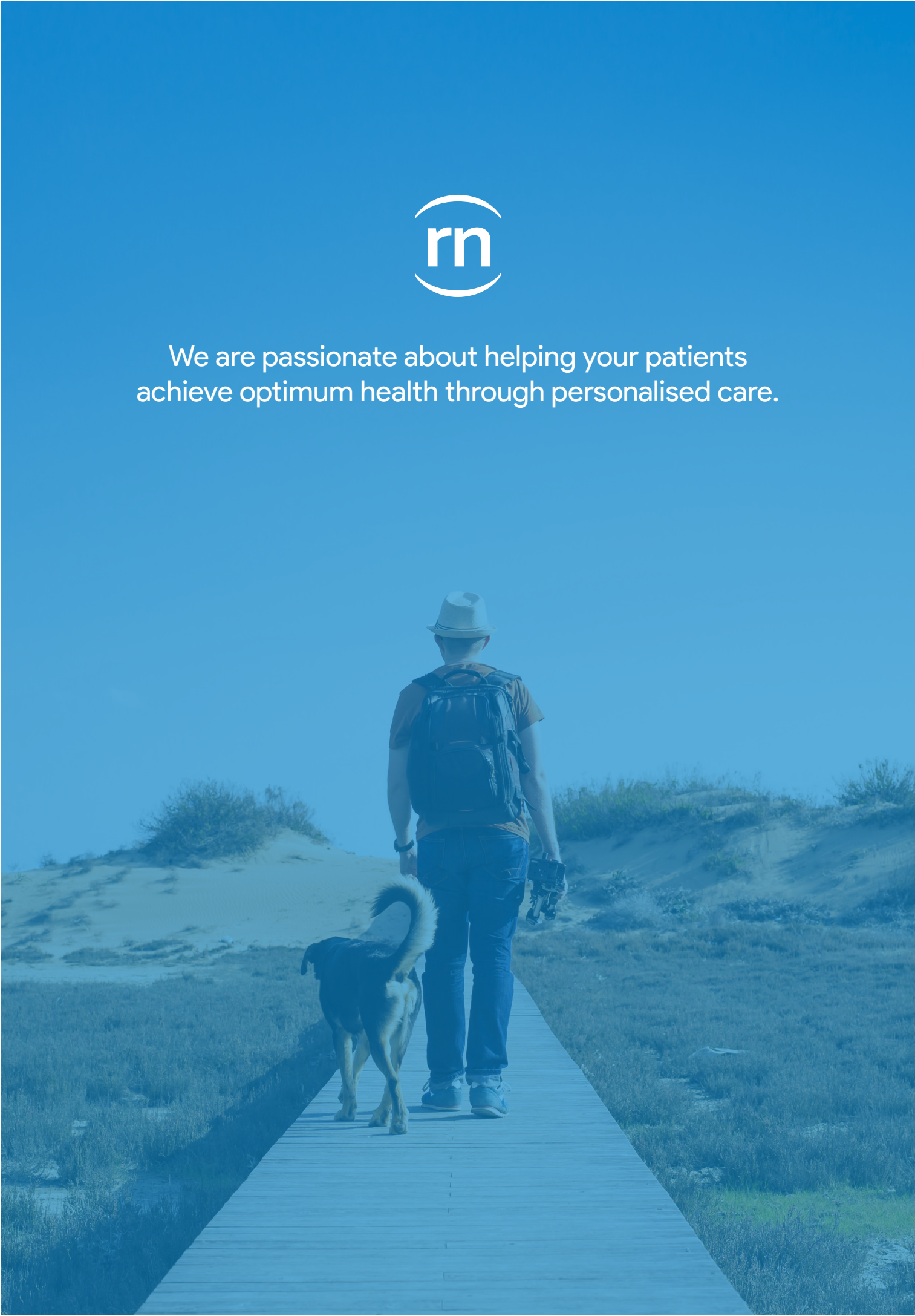
Other areas in QLD, NSW, and VIC: 3—4 business days

SA / NT: 3—5 business days

WA: 2—5 business days



We are passionate about helping your patients achieve optimum health through personalised care.





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